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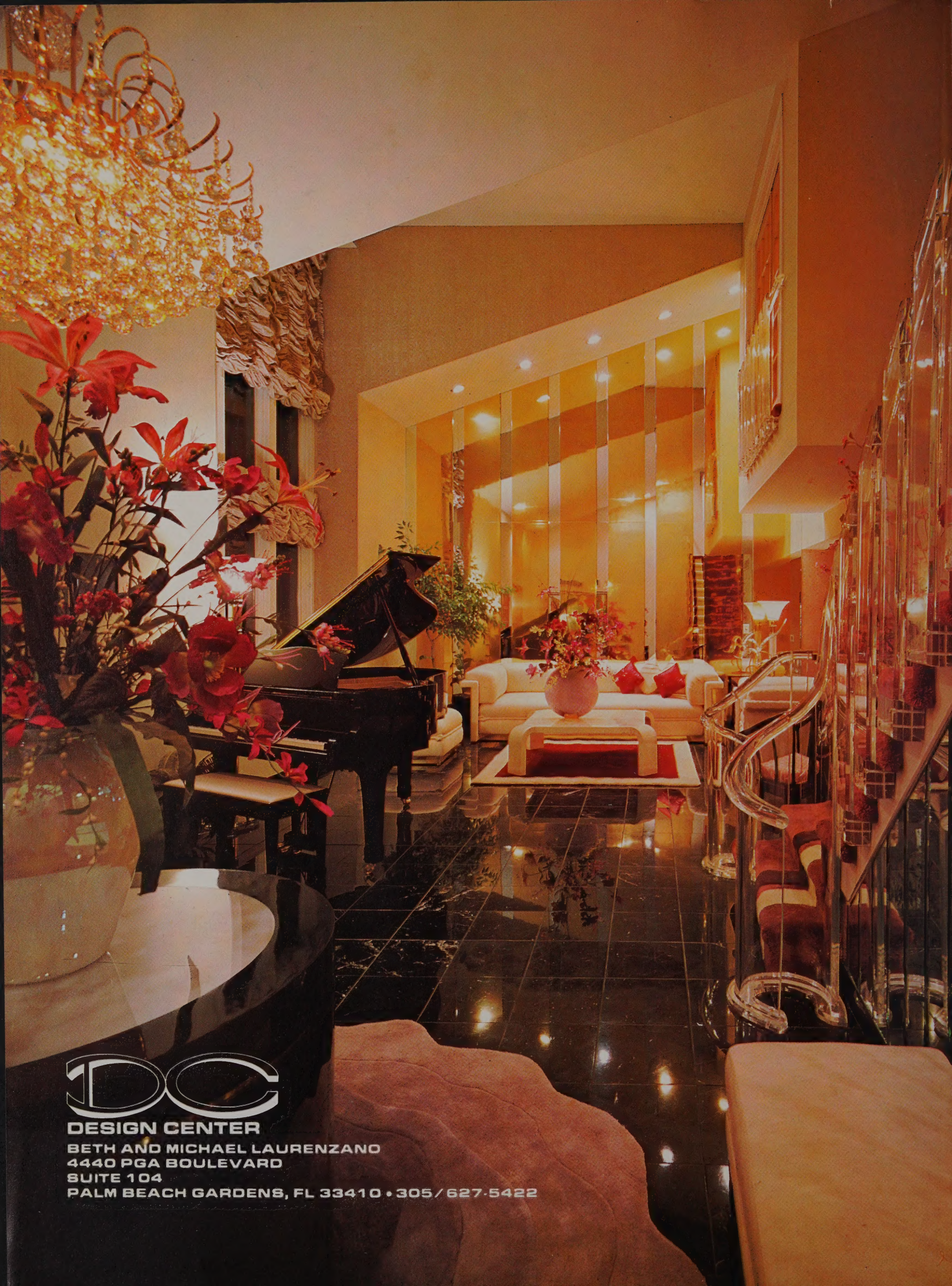
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Skyline Foldout: West Palm Beach — Gold Coast Gateway

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PALM BEACH LIFE

NOVEMBER 1983 **VOL. 76, NO. 11**



ON OUR COVER: Carolina Herrera's signature jacket, with flattering Elizabethan sleeves, tops tuxedo trousers. More fashions by Carolina Herrera and George Stavroupolos, photographed at the penthouse apartment of interior designer David Laurance, are featured on page 66. Cover photo by Akira Suwa.

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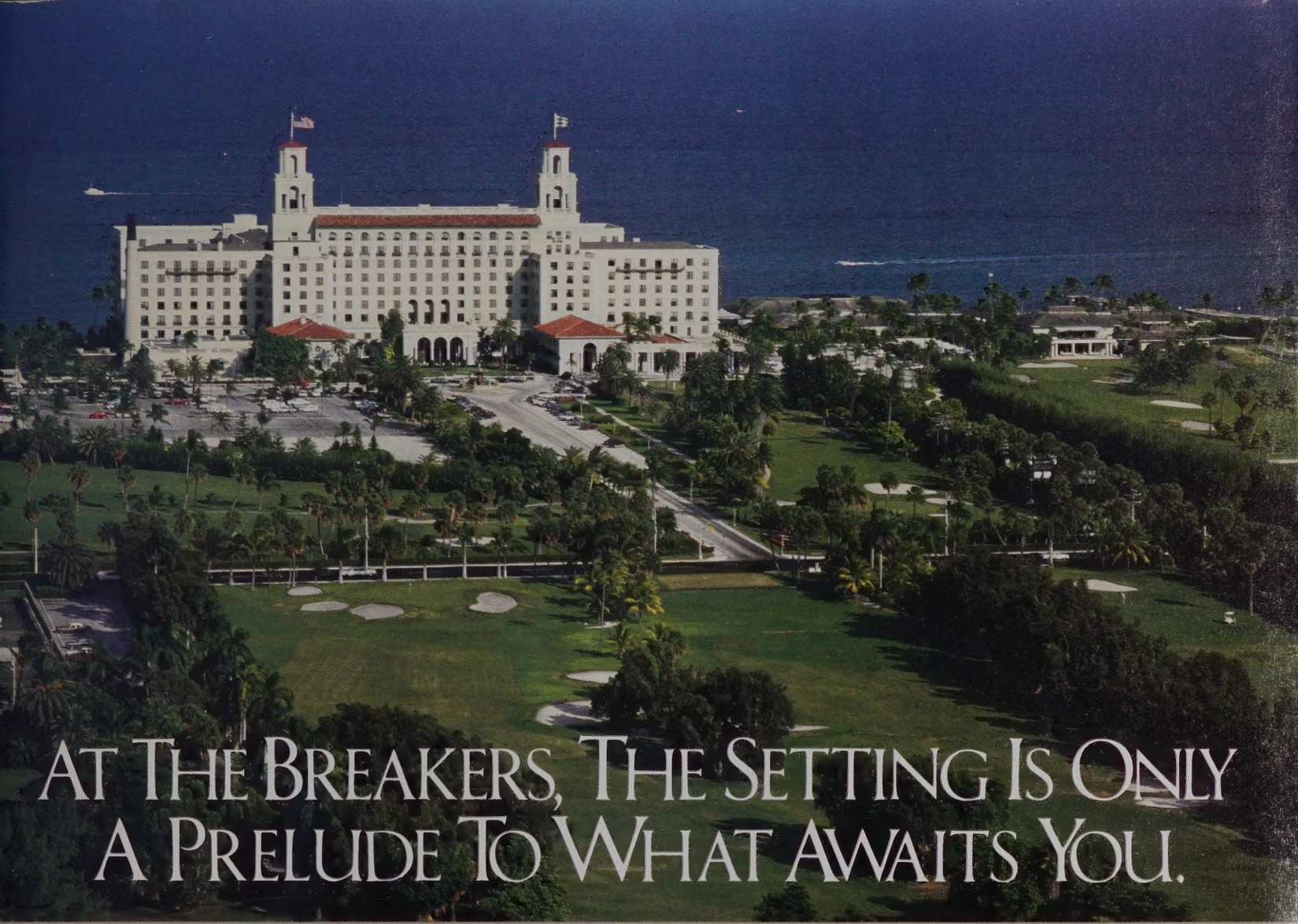
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AGNES ASH

PB DATELINE

In this issue of *Palm Beach Life* there is an illustration by Tim Fortune depicting the Skyline of Tomorrow.

There was a time when West Palm Beachers claimed they had a "better view" than those who lived in Palm Beach.

Now the West Palm Beach skyline is the more exciting view. When it reaches its potential as a financial and cultural center, it may even possess the more prestigious address.

Every city, no matter how fast the growth, always retains elements of its original purpose and character.

I was in Key West to attend the dedication of a monument marking the "Southernmost Spot in the United States" and to see how the renovation of Flagler's old hotel the "Casa Marina" had turned out.

While the Casa Marina, now a Marriott Hotel, is not as stately as The Breakers, there is no doubt Henry Flagler directed its creation. The site, on the ocean, is spectacular. The original building has wide covered loggias for lounging comfortably out of doors. The high ceilings have carved wood decorations. All the public rooms and private suites are on a grand scale. Wasted space, the ultimate luxury today, is everywhere.

A few blocks from the Casa Marina is the "Southernmost point in the U.S.A.," a somewhat disputed geographical point because landfills have pushed other promontories closer to Cuba.

The dedication was authentically "Conch." Every politician and civic organization in town turned out including recognizable Key West names — Wardlow, Pinder, Mira.

Mayor Wardlow started by saying, "If everything is all set we will begin the program." A man in a blue service-station uniform spoke up.

"No, everything is not all set. The American flag on that porch over there is upside down." His protest was noted but nobody did anything about it including the protestor.

Preteen girls from a dancing school trooped out. Taped music blared but stopped before the routine was 10 kicks old. The mayor announced "someone has messed up the tape." The dancers marched off to join disgruntled parents. A new group marched on to perform a Rockette number to the tune of "New York, New York." Their parents glowed.

The new monument is in the shape of a channel marker, resembling a cone-shaped bomb shelter. The designer, Billy Pinder, director of monuments, said it weighed several tons and could never be stolen. The wooden sign it replaces disappeared every weekend, carted off by souvenir hunters.

To dramatize the moment of ribbon cutting, Julian Key blew a long alto note on his conch shell. A hundred years ago, the same note must have called Key Westers to salvage operations when a ship was wrecked on the reef.

The ceremony ended joyously when a calypso band began to play. Soon the chairs were gone, the T.V. cameraman packed up but Emelia Fernandez of The Key West Sandwich Shop kept dancing until her lunchtime job at a Duval Street bar.

It was true conch celebration. □



For Jacqueline de Ribes, elegance is a matter of grace, ease, naturalness. And in her Fall '83 collection, this quiet beauty has never been more irresistibly presented. In the luxury of fabrics, the jeweled intensity of colors, the perfection of detail and, always, the creativity of a line that flatters, her designs excel. Here, her white silk crepe de Chine tasselled tunic worn with its jet black velvet skirt of viscose and silk. In American Designer Collections.

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CHARLES CALHOUN

THE WINE MYSTIQUE

OF WINE AND REGION . . .

When visiting France 20 years ago, the great critic Edmund Wilson had something interesting to say about the capital of the Champagne region: "There are two things in Rheims, the cathedral and the champagne, and they seem to have something in common." The huge Gothic cathedral, where for centuries the kings of France were anointed and crowned, had "a certain geniality and effervescence" — not unlike the famous sparkling wine. Wilson was charmed by the smiling angels, the playful gargoyles, the benign row of royal faces high on the facade.



Coming across this remark in a volume of his letters the other day, I got to thinking about other such associations of wine and place. It makes an amusing game, as long as it's not played too seriously, for things are never quite what they seem.

Wilson found some affinity of spirit between the masons and clerics who had built the amiable Gothic church and the vintners who made the bubbling wine. The only problem is that most of the cathedral dates from the 13th and 14th centuries, while champagne as we know it today wasn't invented until the late 1600s. Still wines had been made in the area around Rheims since Roman times, but many of them were red — as a few still are, such as the rarely encountered wines of the wonderfully named village of Bouzy. Presumably, the climate was milder in earlier times in that part of northern Europe and white wines do require less sunshine for their grapes to ripen.

Today's champagne was a brilliant invention, attributed in legend at least to the monk Dom Perignon, who turned to advantage the way some wines continue to ferment and turn bubbly after they are bottled. One hopes Dom Perignon was a worldly cleric, considering the sort of tables on which the deluxe champagne bearing his name appears today!

In associating the qualities of wines with the places in which they originate, there's no need to be quite so pedantic. Such links are part of our fascination with wine — a drink that always seems to have been more than just another beverage. Whether you have visited a particular wine country or know it only from books, a mere glimpse at a traditional label or the whiff of a familiar aroma can set the mind traveling in time and space.

Sometimes the links are obvious; Alsatian wines, for exam-


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ple — with their German names (riesling, sylvaner, gewurztraminer) and their French style (bone-dry and much more suited for the table than their softer, more florid German counterparts) — immediately evoke a land which seems half German (in the look of its countryside and half-timbered houses) and half French (in its language and cuisine).

Other associations are more elusive, or perhaps more strictly personal, depending on one's travels. It is difficult, for example, to generalize in a cultural or geographic sense about the many wines of Italy, for they are made in every part of that varied country (from the Alpine valleys to the sun-baked, volcanic Sicilian shores).

There are Italian wines of great subtlety — notably the red ones from Tuscany and the Piedmont — but on the whole they are simple wines, meant to be enjoyed with a minimum of fuss or self-consciousness. Perhaps that is their most telling association: To be served with the simple, unfussy, extraordinarily tasty cooking of the traditional Italian countryside.

Americans tend to think of sherry as a quintessential British wine, with some unfortunate overtones of prissy, slightly fading gentility, but no one who has tasted it on the spot could fail to identify it afterwards with one corner of the south of Spain. There is something in the tang, the spare elegance, the strong, piercing taste of a good dry sherry which summons up those low hills of white chalk, those sun-bleached houses, those lean and dignified people. Similarly, there is something in the vigor, the strength of flavor, the almost "wild" quality of great port which calls to my mind the drama of the deep valley of the Douro river as it flows from the mountains of northern Portugal towards Oporto and the sea.

(Continued on page 64)




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IN GOOD SHAPE

FEED CHILDREN FOR LIFE

"If you love me, don't feed me junk."

The message was emblazoned across the front of a T-shirt for children. Since there is an inherent criticism implied, the shirts weren't exactly selling like hotcakes — but what a pertinent reminder for parents, grandparents, aunts, uncles and visiting friends!

What good advice for well-meaning barbers, bank tellers and, unfortunately, even doctor's office assistants who imprudently reward youngsters with non-nutritional lollipops and candy bars.

Whether we choose to believe it or not, what we feed our children affects their health, growth, learning ability, emotions and behavior. The American diet is high in salt, sugar and fat. Our children are introduced at an early age to a great variety of fast foods (high in fat, salt and sugar) and processed foods (high in sugar, salt, stabilizers and nutritionally impotent food dyes).

This year the American Heart Association pointed out how dietary habits learned in childhood persist into adult life. In a new educational statement for physicians and other health professionals, it urged that "even the age of two, is not too early to start teaching children healthy eating habits."

Some five percent of American children aged 5 to 18 have blood cholesterol levels that exceed 200 to 220 milligrams per 100 milliliters. That rate is extremely high for a child. The average American youngster has a level of 150 to 200 — still a bit high. In those countries where heart disease is rare, cholesterol levels in children range from 100 to 150.

In the USA, one child in every hundred, aged 5 to 18, has permanent high blood pressure. Nearly one in five has blood pressure that fluctuates in and out of the dangerously high range. While hereditary factors must be taken into consideration, they are not the major criteria. Salt intake influences blood pressure and salt consumption habits are laid down in childhood.

Many parents aren't even aware of the accumulated amounts of salt their children ingest. They routinely hand babies salted bread sticks, pretzels, salted crackers and even provide whole packages of novelty items just to keep youngsters occupied.

Every fast food chain in the country has a heavy hand on the salt shaker — as anyone can attest to who has observed french fries emerging from the deep-fat fryer. Following instructions, the (usually) teenage operator wields the salt shaker with the abandon of a crazed maracas player — quite unconsciously



REBECCA WARRICK BARBIER

reinforcing in a new generation, habits acquired in their own.

As with sugar consumption habits, the kids are not all to blame. Many adults are unquestioningly willing victims of advertising hype. Pictures of smiling mothers and clamoring children accompanied by soothing voice-overs that assure a "sound, nutritious cereal fortified with . . . " or a beverage "with vitamin C added," lull many parents into abdicating their responsibility to *read the label.*

Have you ever read the label on a package of Jello — that childhood staple that parents serve up as such a treat, that doctors recommend for ailing children and adults alike, and that hospitals serve patients? The very first ingredient (and therefore most prevalent) is sugar.

Government figures estimate that every member of your family, including children, consumes 114 pounds of sugar a year. No way, you say? You don't even buy that much sugar annually. Oh yes

(Continued on page 18)



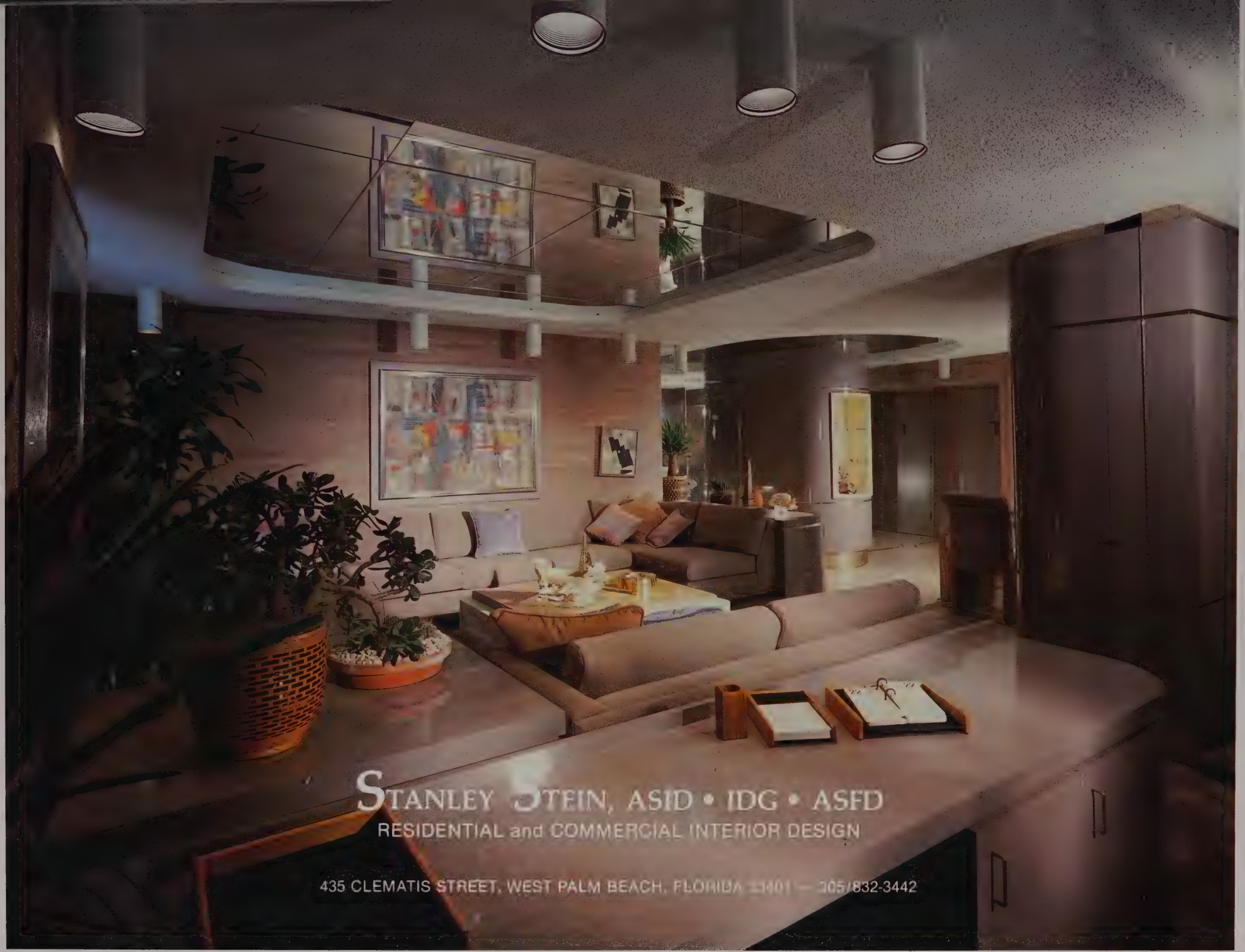
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(Continued from page 14)

you do. Unfortunately, 70 percent of the sugar consumed is hidden in the products we buy. Nearly every box, bottle, can or bagged item you purchase contains added refined sugar.

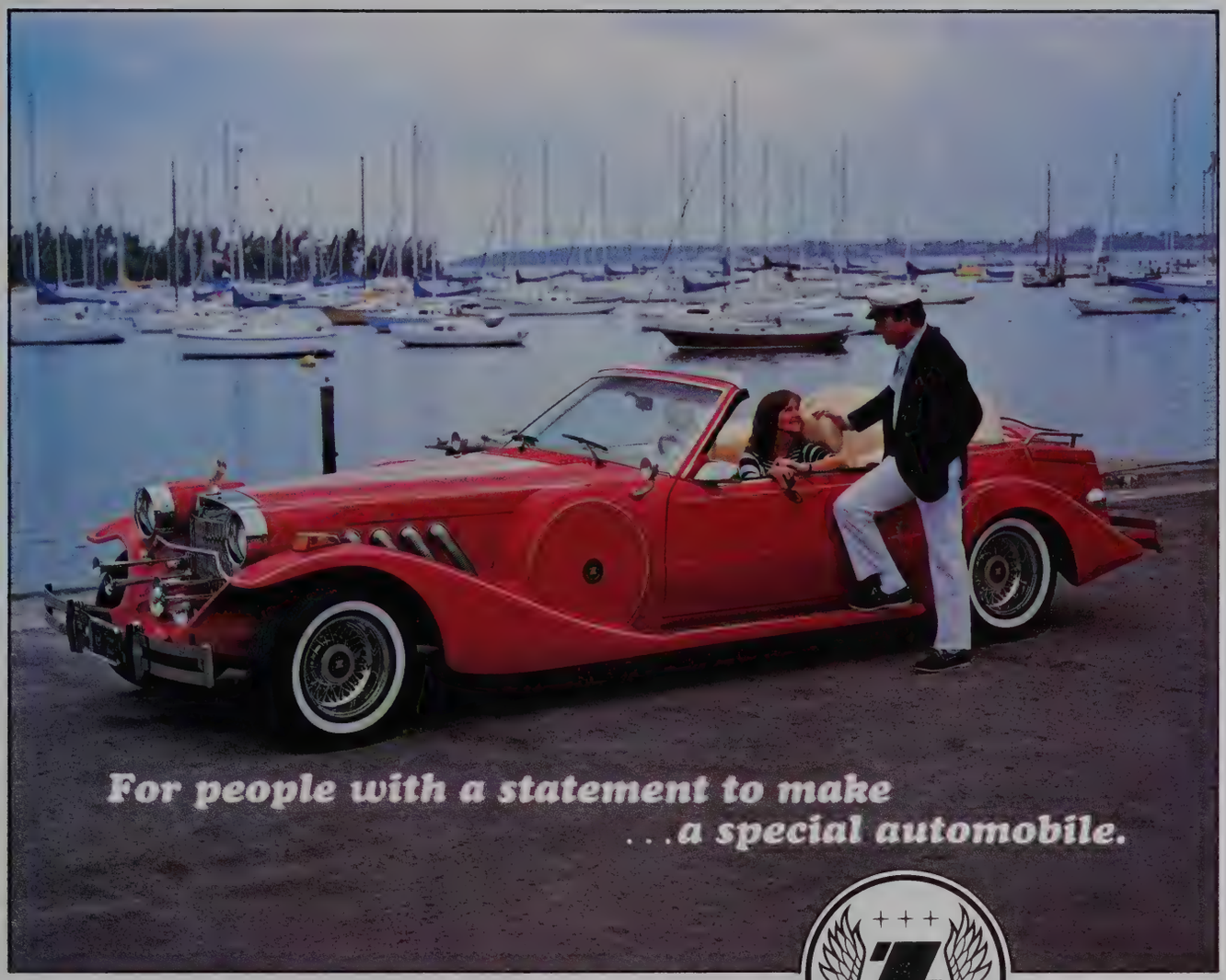
So do most sodas, sauces, crackers, breads, cakes, ice creams, sherbets, salad dressings, drinks and cereals. Since many cakes, ice creams and even some cereals are chosen as much for their sweetness as for their texture, sugar is at least an anticipated addition. When it turns up in products not normally considered sweet, one can be forgiven for wondering whether health or profitability was the manufacturer's motive. But it isn't until the amount of added sugar is documented that we get a picture of the extraordinary quantity each family member consumes.

Parenting expert Vicki Lansky's book *The Taming of the C.A.N.D.Y.* Monster* shows just how easily even the best-intentioned parents can be misled. (*C.A.N.D.Y. is an acronym for Continuously Advertised Nutritionally Deficient Yummies.) In a revealing chart, she documents the number of teaspoons of sugar hidden in some commonly served kids' "treats." You"ll learn that Tang hides four teaspoons per glass and good old Orange Hi-C adds five teaspoons of sugar per eight-ounce glass.

Sugar is advertised as 100 percent pure. That's no lie. It is 100 percent pure calories. There are no vitamins, trace elements or minerals in sugar. There is no protein. It makes no contribution to the building or repairing of bodies — old or young. Sugar is used by the body as energy or it is stored as fat. Medical research now links our excessive sugar intake to diabetes, obesity, hypoglycemia, heart disease and even mental health problems.

When sugar is ingested it produces a corresponding rise in blood-sugar levels. This causes the body to release the hormone insulin to bring the level back to normal. While the effect of this sugar-induced demand of insulin means trouble for diabetics, it also has unwanted side effects for healthy individuals — especially when sugary foods are a major part of the diet.

Insulin can raise the blood levels of the fatty substances, triglycerides, which are implicated in heart disease. Because it encourages the storage of calories as fat, it may lead to a quick return of hunger pangs, inducing a person to eat again and thus creating problems with weight control. Insulin changes circulating levels of amino acids in the



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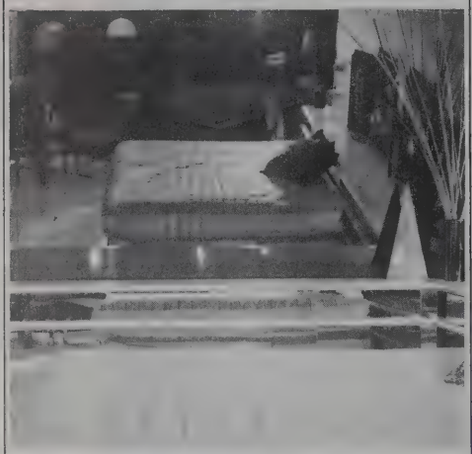
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blood which, in turn, alters brain chemicals that affect behavior.

In setting up the new dietary guidelines for children, the American Heart Association suggests that a healthy diet should emphasize a variety of fresh fruits and vegetables, complex carbohydrates (such as cereals, grains, potatoes, pasta, beans and whole-grain breads) and high quality protein such as chicken, fish and lean cuts of meat. It also recommends the exploration of more vegetable, rather than animal sources of protein.

The new guidelines apply to children age 2 and older. It does not suggest that children avoid eating eggs or drinking milk. It points out, however, that low-fat milk provides valuable protein, but not as much fat as regular milk. While no limit applies to the consumption of egg whites, which also contain high-quality protein, egg yolks contain concentrated amounts of cholesterol and should be limited, though not eliminated.

Some suggested meals include a breakfast of whole-grain cereal with low-fat milk and sliced bananas or raisins, rather than the usually high-refined, pre-sweetened cereals most kids consume — often with half and half, usually with whole milk. A sprinkling of regular wheat germ on top of the cereal adds extra B vitamins and added crunch. A luncheon sandwich on whole-wheat bread of sliced turkey with lettuce and tomato is a better choice than a hamburger with french fries. A stir-fry dinner of poultry and fresh vegetables served with brown rice is less damaging to blood vessels than steak, fried potatoes and creamed vegetables.

This is not to say that your youngsters must never again set foot under the Golden Arches or frolic with a Burger King. It does not even mean doom for the ball-game hotdog, french fries, pretzels, potato chips and cookies. Most nutritionists agree they can be included in a healthful diet at any age. The key is not to make them daily fare. Once a week, maybe, but three or four times a week, no. By featuring in your family's diet recommended foods most of the time, children learn to consider the nonos as merely occasional treats rather than a way of life.

Caloric intake, the AHA guidelines advise, should be divided approximately as follows: 15 percent from protein; 55

(Continued on page 107)

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ALDEN WHITMAN

FIRST EDITIONS

Every so often that fabulous movie, *The Maltese Falcon,* crops up on evening television, and I always make an effort to see Humphrey Bogart play the role of hard-boiled detective Sam Spade, who resists the blandishments of the beauteous Mary Astor while solving the case of the celebrated bird effigy. One reason for my fondness of the movie is that it is based on a novel of the same name written by Dashiell Hammett, one of the country's most fascinating and enigmatic writers, who achieved lasting fame for a mere handful of novels. In fact, after writing *The Thin Man* in the early '30s, Hammett never completed another novel, though he lived until 1961.

There have been a couple of Hammett biographies written in the last several years, but none so thorough or so enticing as Diane Johnson's *Dashiell Hammett: A Life* (Random House, $17.95). It traces the writer's experiences as a Pinkerton agent in the West just after World War I and shows how his hard-boiled detective fiction was shaped by his life. In addition, Johnson had the cooperation of Lillian Hellman, Hammett's longtime companion, in fashioning her portrait of a vulnerable personality.

The Hammett who emerges is not totally likable — he often drank more than was good for him and he abused his friends — but he does elicit our understanding, especially for the determination with which he battled to create Sam Spade and the Continental Op, his other notable detective character. It's a splendid biography, the foremost of my choices for this month.

Not nearly as titillating but glamorous nonetheless is the life of Mme. de Sevigne in the age of Louis XIV. A marquise, she inhabited the glistening world of Versailles in the 17th century and wrote about it in 1,500 letters to her daughter, Francoise. These letters, full of wit and sharp observations, were not published until 1725 (a quarter century after the marquise's death), but they immediately raised her into the pantheon of distinguished French writers. Her fascinating life is now ably recounted by Frances Mossiker in *Madame de Sevigne: A Life and Letters* (Knopf, $22.95).



JERRY BAUER

Author Diane Johnson has written an enticing biography of the enigmatic Dashiell Hammett.

Mossiker, who is an old hand in matters of the French, provides us with a sympathetic and insightful biography, one that succeeds in bringing its subject to life and helping us to understand the exalted society of 300 years ago.

Have you ever harbored the desire to live forever, if only to find out what tomorrow might be like? It's a good question, and one that Harold Robbins, that beguiling storyteller, has seized as the basis for his new novel, *Descent From Xanadu* (Simon & Schuster, $15.95).

His powerful yarn centers on Judd Crane, a man of boundless wealth who is determined to remain young forever, hang the cost. As it stands, Crane has everything you might dream about — a private 747, a complicated web of business interests and political influence. But what he doesn't have is a means of suspending the biological laws of aging. The novel teams Crane with a beautiful doctor in an obsessive quest for a fountain of youth.

Knowing Robbins, you will not be disappointed in his fast-paced account of the search, filled, as you might sus-



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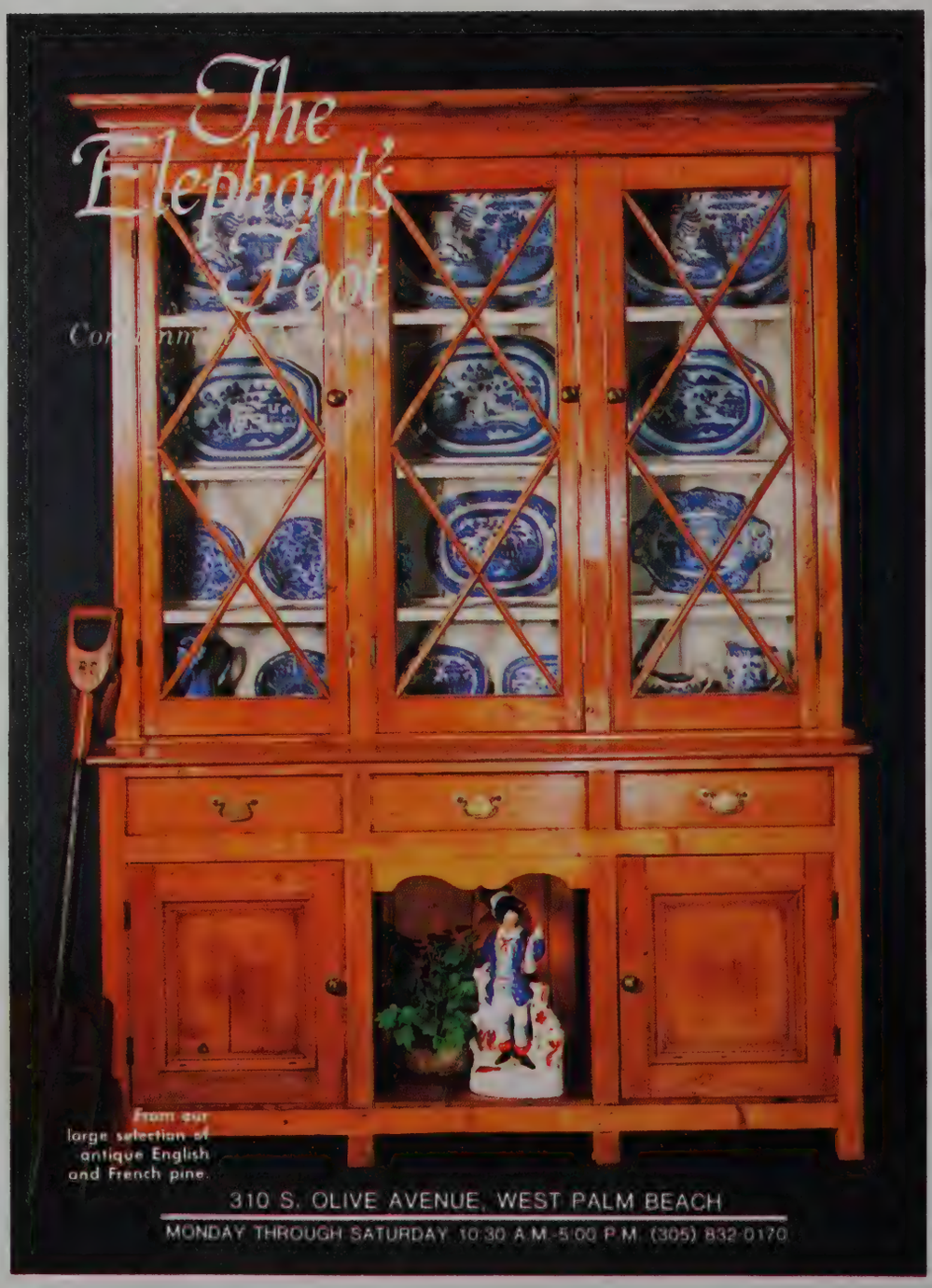
pect, with luxury, sexual passion and intrigue. The novel is a marvelous pipedream with fancy stretched to the straining point. Only Robbins can get away with it.

If you have oodles of money, one of the most acceptable ways to flaunt it is to create a private museum to house your art collection — and at least 38 Americans have done just that. Remarkable as reflections of their patrons' tastes, the museums contain some of the world's most important works of art. They range from Isabella Gardner's Fenway Court in Boston to Norton Simon's museum in Pasadena, California. Most are now open to the public, although some have minor restrictions. The story of these museums and their founders is incisively related by Mahonri Sharp Young in *The Golden Eye* (Scala Books/Harper & Row, $29.95).

A vigorous and appealing writer, Young is the former director of the Columbus Gallery of Fine Arts and the current American correspondent for *Apollo* magazine. His text (which is amply illustrated with color photographs) pays attention, among many others, to Marjorie Merriweather Post's private museum in Washington. By the way, when it comes to Christmas *The Golden Eye* will make someone (yourself perhaps?) a most welcome present.

Everyone of us has his (or her) opacities, enigmas, dark corners, mysteries. In the well-known individual there is an endless game of teasing out the oblique facets of personality — and such is the case with Ernest Hemingway. He has been looked at from a variety of angles, and his macho is by now firmly established. But how did he seem to the many women in his life? This gnawing question is the reason for Bernice Kert's pathfinding inquiry titled *The Hemingway Women: Those Who Loved Him — Wives and Others* (Norton, $20).

There was a mother, four wives and a scattering of others. With them all his relationships were ambiguous. Each one was intelligent and attractive, and each tried to meet the writer's needs. But oddly, none engaged his deepest emotions for very long. It seems likely from evidence in this book that Hemingway never learned to deal with women as equals; he could not get above his own ego. Kert's book is an engrossing study of a tangled life, much worth your time.



Having seen the movie *War Games* and been shaken by its premise — that accidental thermonuclear war is entirely possible — I was prepared for Luke Rhinehart's disturbingly realistic novel, *Long Voyage Back* (Delacorte, $15.95). Quite simply, it is the story of a group of friends aboard the trimaran, *Vagabond,* when a nuclear attack destroys half the major American urban centers and creates 80 million fatal casualties.

Neil Loken, the vessel's skipper, convinced the passengers that their only sensible recourse is to head south from Chesapeake Bay to the open sea in search of some region where they might pick up the threads of life. The story of their desperate voyage, which concludes, by the way, at the tip of South America, is a grim recital of the barbarities that can engulf even the most civilized of persons under conditions of hysteria and stress.

Rhinehart is a gripping writer who has converted his tale of adventure into a suspenseful drama. Its urgency emerges from the possibility that one day this fiction could be fact, given the fact that man now has the capacity to obliterate himself and his civilization in the twinkling of a mushroom cloud.

There are many kinds of intensity in fiction. Rhinehart's novel is an example of one of them, but another variety is exhibited by Tabitha King, a New England writer whose haunting new novel, *Caretakers* (Macmillan, $13.95), deals with the complexities of human relationships that arise when one person attempts to care for another.

(Continued on page 34)


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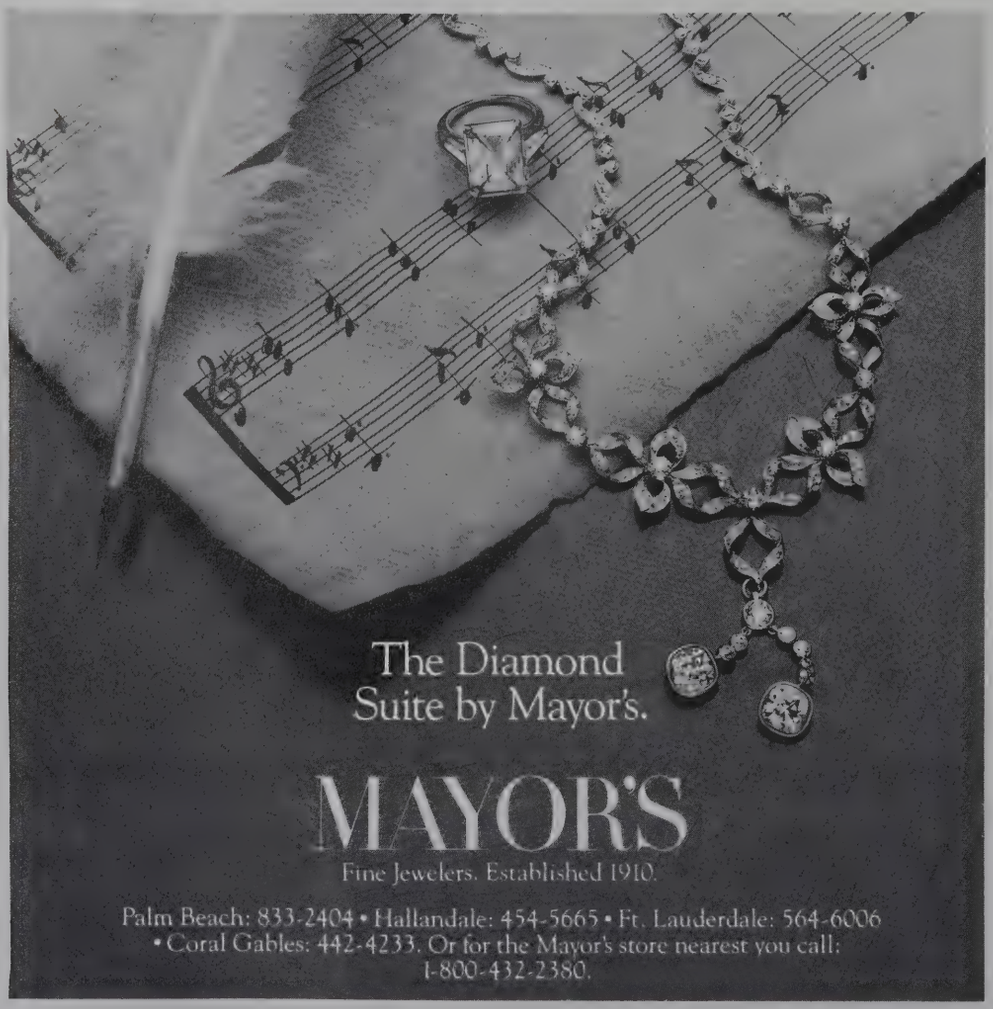
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FIRST EDITIONS

(Continued from page 28)

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Now for a thoroughly pleasant novel — the first for Reeve Lindbergh Brown, the daughter of Anne Morrow Lindbergh and the noted aviator. It's called *Moving to the Country* (Doubleday, $14.95) and concerns Tom and Nancy King and their two young daughters who, moving to northern Vermont after a decade of urban life, discover that rural life is not the bucolic paradise they had imagined.

Tensions in the country are inescapable. Settling into an old farmhouse, the couple finds they must not take themselves or rural ways for granted. Stress increases when Tom's job as a schoolteacher is threatened and Nancy has a miscarriage, but the young people do manage to survive their stormy times and come to terms with themselves and their neighbors.

Obviously autobiographical in inspiration, the novel is low-key, honest and sensitive in its portrayal of the problems of putting down roots in an alien milieu. Brown is a writer to watch.

It's quite a leap from the quiet of Vermont to the hurly-burly of Houston, but if you'll make the trip, you'll be engaged in one of the year's best mystery

(Continued on page 100)

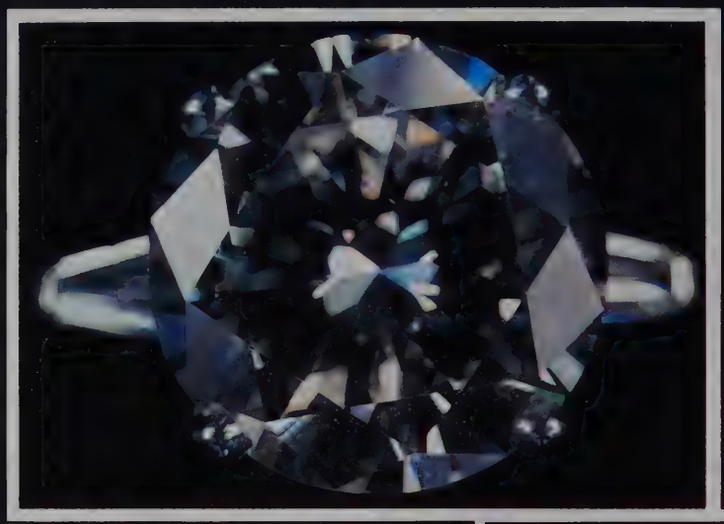
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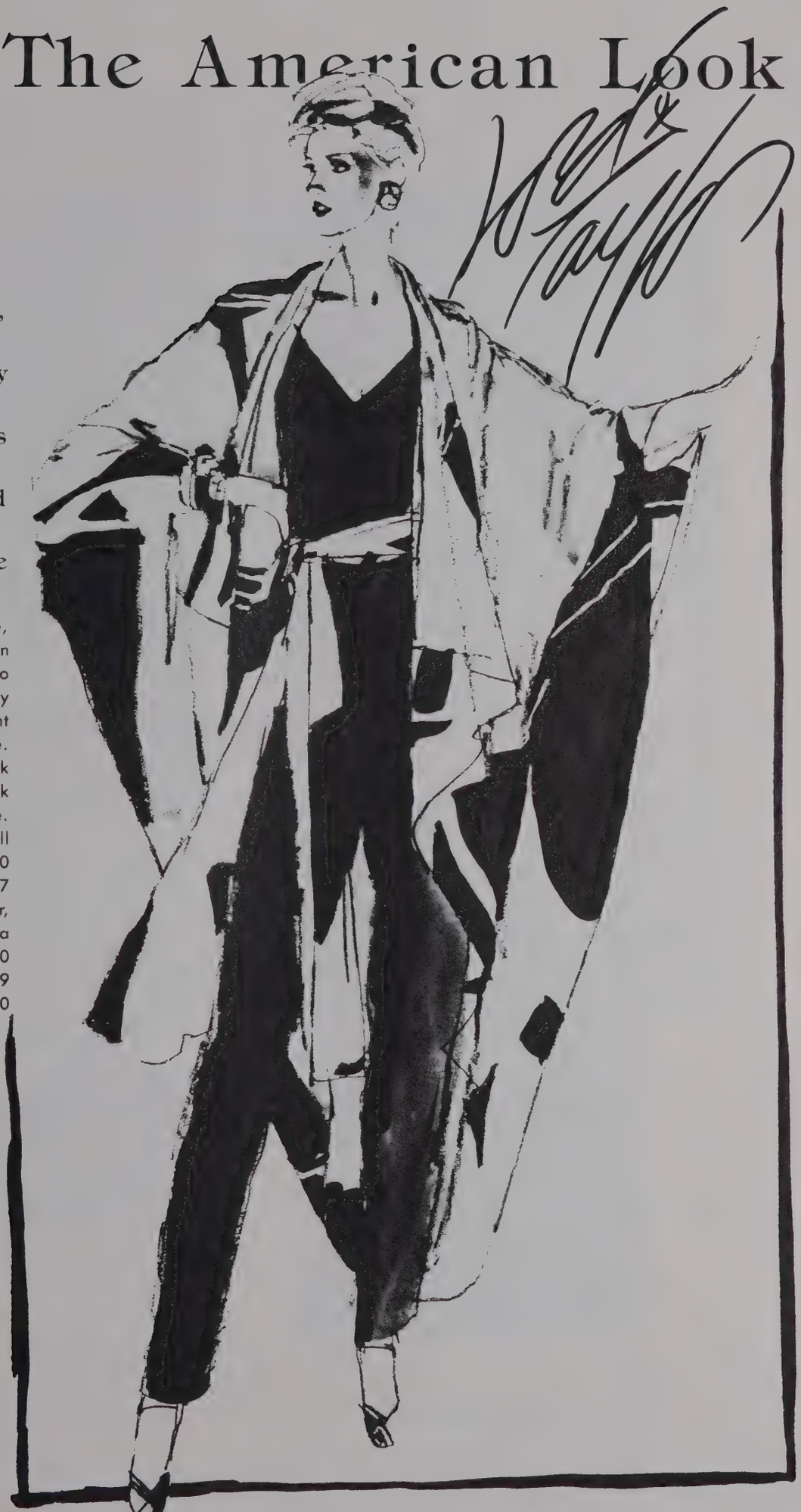
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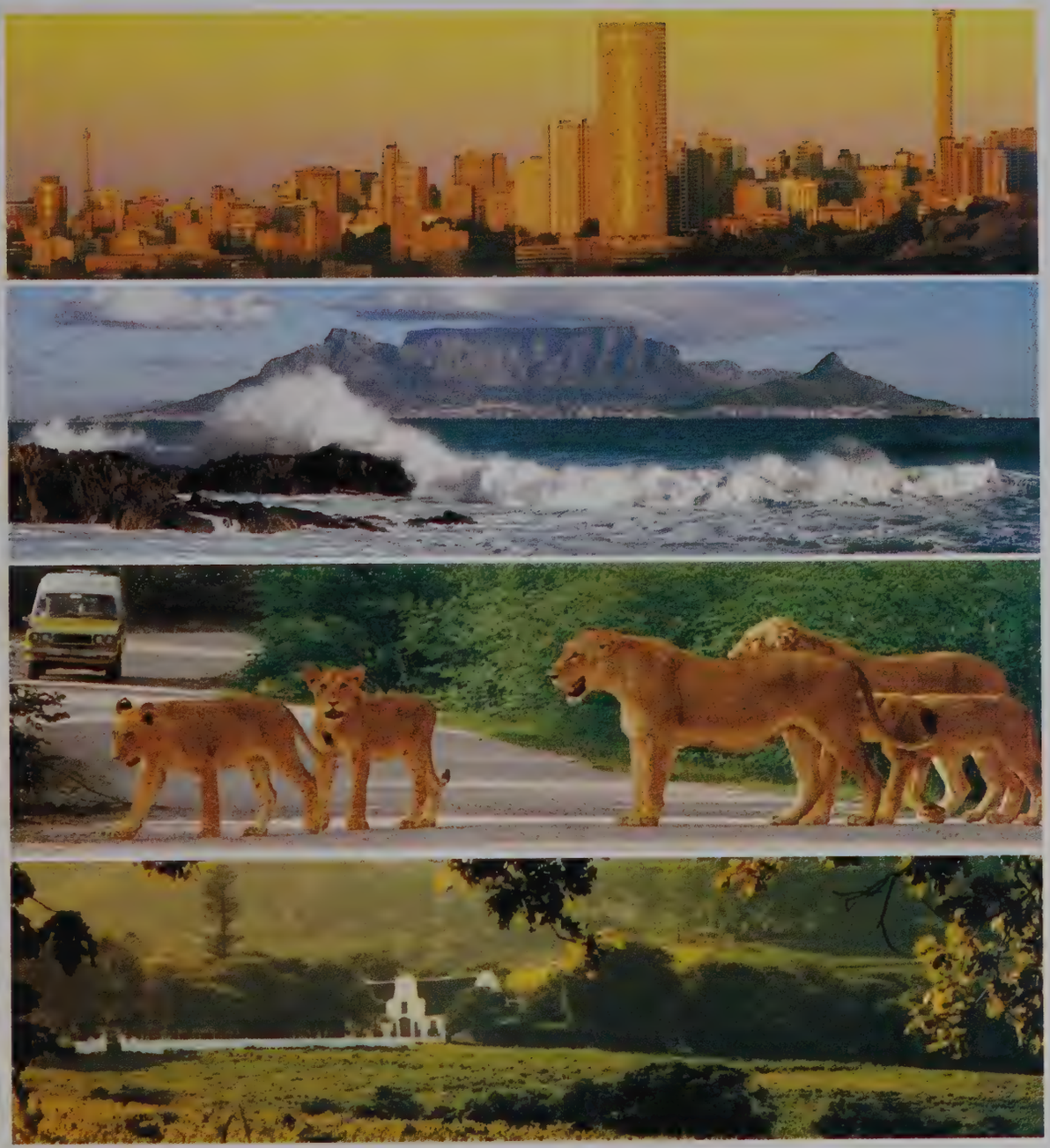


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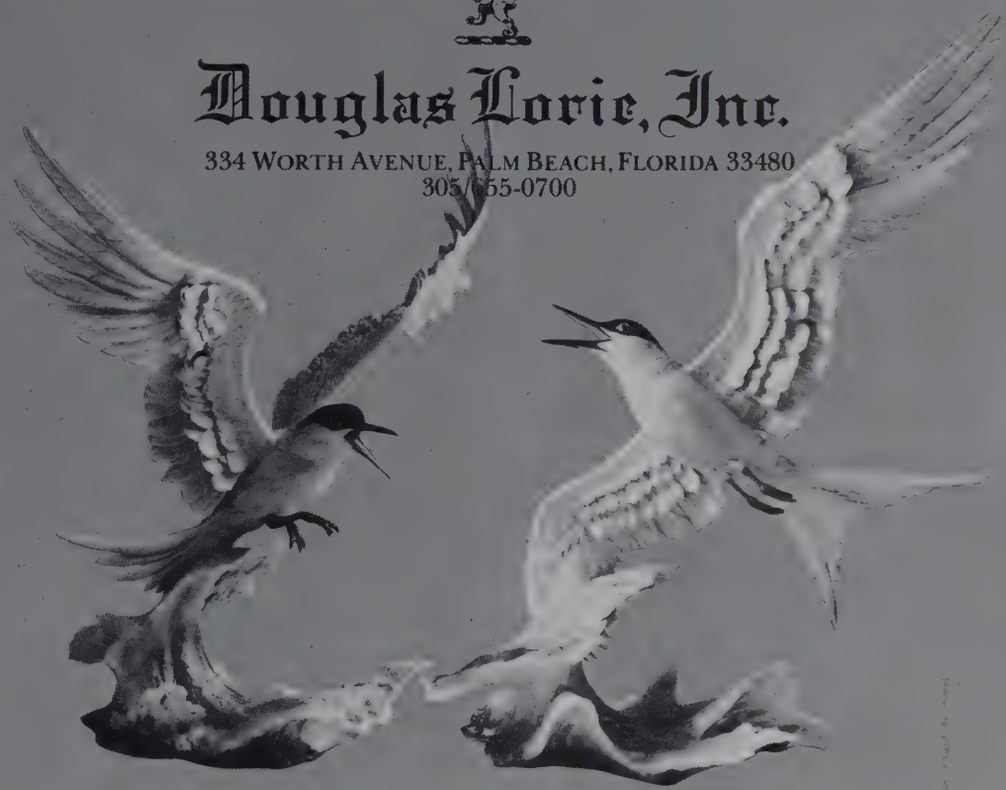
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DAYS & NIGHTS

Following is a list of area events for the month of November. Due to advance deadlines, some schedules may change after publication.

THEATER

Actor's Workshop and Repertory Company: *The Diviners.* A drama about the relationship between a young boy and a preacher from a tiny southern Indiana town during the 1930s. Nov. 5, 6, 11, 12, 13 and Dec. 9, 10, 11, 16, 17, 18 at 8 p.m.; Sunday matinees at 2:30 p.m.; *Johnny Got His Gun.* A drama about a severely handicapped war veteran. Nov. 18-20 and 25-27 at 8 p.m., Sunday matinee at 2:30 p.m. 308 S. Dixie Hwy., West Palm Beach. 655-2122.

The Barn Theater: *Laura.* A mystery about a handsome young detective's investigation of Laura's "murder." Nov. 18 through Dec. 9. Wednesday through Sunday at 8:30 p.m., Sunday matinee at 2 p.m. 2400 S.E. Ocean Blvd., Stuart. 287-4884.

Caldwell Playhouse: *The Hasty Heart.* A love story set in a hospital in Burma during World War II. Nov. 15 through Dec. 18. Tuesday through Saturday at 8 p.m., Sundays at 2 p.m. 286 N. Federal Hwy. (inside the Boca Raton Mall), Boca Raton. 368-7509.

Coconut Grove Playhouse: *Light Up the Sky.* Moss Hart's comedy on the world of theater. Now through Nov. 20; *A Funny Thing Happened on the Way to the Forum.* Slaves, aristocrats, concubines and young lovers romp through Rome in this Stephen Sondheim musical. Nov. 29 through Dec. 25. Tuesday through Saturday and the first Sunday at 8:15 p.m., Wednesday, Saturday and Sunday matinees at 2 p.m. 3500 Main Hwy., Coconut Grove. 442-4000.

Community Theater of West Palm Beach: *The Seven Year Itch.* A comedy about a husband (whose wife is away for the summer) and his beautiful next-door neighbor. Nov. 10-13 and 17-20 at 8:15 p.m., Sunday matinees at 2:15 p.m. The Woman's Club of West Palm Beach, 105 S. Flagler Drive, West Palm Beach. 622-8713.

Florida Atlantic University Theater: *Huck and Jim on the Mississippi.* A new Joshua Logan musical based on the writings of Mark Twain. Nov. 12-20 at 8 p.m., matinees Nov. 13 and 20 at 2:30 p.m. Glades Road, Boca Raton. 393-3808.

Lake Worth Playhouse: *Lost on the Fourth of July.* A world-premiere comedy by Rick Harlowe. Nov. 26-30 and Dec. 1-3 at 8 p.m. Nov. 27 and Dec. 4 at 2:30 p.m. 713 Lake Ave., Lake Worth. 586-6410.

Little Palm Theater for Children: *Mister Um Dilly.* An original play by David Wood about a young boy who doesn't relate well to his peers or family and invents a confidant (Mr. Um Dilly) to help overcome his problem. Now through Nov. 19; *The Nutcracker.* A dramatic presentation of the classic story. Nov. 26 through Dec. 31 on alternate Saturdays. Curtain at 9:15 a.m. Royal Palm Theater Center, 303 Golfview Drive, Boca Raton. 997-7109.

Musicana Supper Club: *Listen to the Music.* A 1970s musical review. Dinner at 6 p.m. with showtimes varying. 1166 Marine Drive, West Palm Beach. 683-1711.

Palm Beach Players: *Good News.* A college football story set to music. Nov. 25 at 8 p.m. and Nov. 26 at 2 and 8 p.m. Poinciana Playhouse, 70 Royal Poinciana Plaza, Palm Beach. 659-3310.

Parker Playhouse: *Brighton Beach Memoirs.* An autobiographical comedy by Neil Simon. Nov. 22 through Dec. 13 at 8:15 p.m. Matinee days vary with performances beginning at 2 p.m. 707 N.E. 8th St., Fort Lauderdale. 764-0700.

Poinciana Children's Theater: *Sara Crewe, the Orphan Princess.* A musical with a happy ending. Nov. 3 at 9:30 a.m. 70 Royal Poinciana Plaza, Palm Beach. 659-3310.

Burt Reynolds Dinner Theater: *On Borrowed Time.* Richard Basehart stars as a grandfather who borrows time from Death. Now through Nov. 13; *Bye Bye Birdie.* A musical comedy concerning a rock-and-roll singer who is about to be inducted into the army. Charles Nelson Reilly stars as Mr. MacAfee, the father of a frenzied teenager. Nov. 15 through Jan. 8. Curtain at 8:30 p.m., Wednesday and Saturday matinees and Sunday champagne brunch, curtain at 1:30 p.m. 1001 Indiantown Road, Jupiter. 746-5566.

Royal Palm Dinner Theater: *Pal Joey.* A musical concerning a down-and-out nightclub comic who falls in love with a beautiful singer-dancer. Now through Dec. 18, curtain at 8 p.m., Sunday curtain at 6 p.m., Wednesday and Saturday matinees, curtain at 1:45 p.m. 303 Golfview Drive, Boca Raton. 426-2211.

Senior Group Theater: *The Night of January the 16th.* A suspenseful mystery taking place in a courthouse in present-day New York. Nov. 4-6 at 8 p.m., Saturday and Sunday matinees at 2 p.m. Palm Beach Junior College Auditorium, Central Campus, 4200 Congress Ave., Lake Worth. 686-8383.

The Stage Company: *Patience.* A Gilbert and Sullivan musical starring Missy McArdle and Gary Briggle. Now through Nov. 5; *Sly Fox.* A bawdy comedy (based on Johnson's *Volpone*) concerning a rapacious miser in conflict with greedy opportunists. Nov. 9 through Dec. 3. Curtain at 8 p.m. Tuesdays through Saturdays; matinees at 2 p.m. Thursdays, Saturdays and Sundays. 201 Clematis St., West Palm Beach. 655-1240.

Village Players: *Afraid of the Dark.* A mystery farce about newlyweds who visit an aunt's home only to find the house filled with crazy characters. Nov. 18-20 at 8 p.m. North Palm Beach Community Center, Prosperity Farms Road, North Palm Beach. 845-6088.



Charles Nelson Reilly, Burt Reynolds Dinner Theater

SPECIAL EVENTS

Alvin Ailey Dance Company. A special presentation of modern dance interpretation by a troupe from New York City. Nov. 9-11 at 8 p.m. and Nov. 12 and 13 at 2 p.m. and 8 p.m. Miami Beach Theater of the Performing Arts, 1700 Washington Ave., Miami Beach. 532-3491, 673-7311.

Annual Gem and Mineral Show. An annual exhibit of jewelry and gems with live demonstrations. Nov. 26 and 27, all day. West Palm Beach Auditorium, Palm Beach Lakes Boulevard, West Palm Beach. 683-6012.

Arts and Crafts Festival. A juried art show sponsored by the Lighthouse Gallery. Nov. 20, all day. Gallery Square, Tequesta Drive, Tequesta. 746-3101.

Ballet Gran Folkloric De Mexico. Dancers from Mexico are presented by the Civic Music Association. Nov. 7 at 8:15 p.m. Dade County Auditorium, 2901 W. Flagler St., Miami. 545-3395.

Beaux Arts Promenade in the Park. A three-day artist's exhibit. Nov. 11-13: Friday, 5 to 11 p.m., Saturday, noon to 11 p.m. and Sunday, noon to 7 p.m. War Memorial Auditorium, 1430 N. Federal Hwy., Fort Lauderdale. 761-2830.

Designer Vignette Showcase. The Riverside Theater will exhibit model rooms by prominent local decorators. Nov. 17-27 from 1 to 7 p.m. 400 Beachland Blvd., Vero Beach. 231-6990.

(Continued on page 50)

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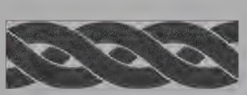
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Issued 7/83

(Continued from page 46)

Excerpts of Fashion. The photographic exhibition by Arthur R. Becker is a personal interpretation of fashion forms and purposes with emphasis on details and lines of high-fashion design. Nov. 1-30, Monday through Friday from 8 a.m. to 5 p.m. and Saturdays from 8:30 a.m. to noon. Art Institute of Fort Lauderdale, 3000 E. Las Olas Blvd., Fort Lauderdale. 463-3000.

New Science Museum and Planetarium Grand Opening. "The South Florida Aquarium" and four other major exhibits will be featured. "The Natural History of South Florida" will become one of the museum's permanent exhibits. Nov. 25-27, all day. 4801 Dreher Trail N., Dreher Park, West Palm Beach. 832-1988.

Yasuo Kuniyoshi: Painter/Photographer. An exhibit of photographs, lithographs and drawings by one of America's major 20th-century artists will concentrate on the period 1934 to 1945. The photographs shown have not previously been exhibited and reveal the interrelationship between his use of the camera and his paintings. Now through Dec. 4, Tuesday through Saturday from 10 a.m. to 5 p.m. and Sundays from 1 p.m to 5 p.m. Norton Gallery of Art, 1451 S. Olive Ave., West Palm Beach. 832-5194.

Mini-Hanson. An exhibit of new works by Duane Hanson. Nov. 10-27, Tuesday through Saturday from 10 a.m. to 4:30 p.m. and Sunday from noon to 5 p.m. Fort Lauderdale Museum of Art, 426 E. Las Olas Blvd., Fort Lauderdale. 463-2169.

The Orient. An exhibit gathered from various collections in the Flagler Museum include Chinese and Japanese embroideries, paintings, furniture and ceramics popular during turn-of-the-century America. Two hand-painted Japanese kimonos will be seen among Royal Chinese embroidered robes, jade and coral figurines, snuff bottles and gilt dinnerware. Now through Nov. 27. Tuesdays through Saturdays from 10 a.m. to 5 p.m and Sundays from noon to 5 p.m. Henry Morrison Flagler Museum, One Whitehall Way, Palm Beach. 655-2833.

Pinocchio. A classical dance presentation by the International Ballet School. Nov. 5 at 8 p.m. Dade County Auditorium, 2901 W. Flagler St., Miami. 545-3395.

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Playground Physics. A modern exhibit on physics features a series of experiments guided by computers. Nov. 25 through Jan. 5, Tuesdays through Saturdays from 10 a.m. to 5 p.m. and Fridays from 6:30 to 10 p.m. 4801 Dreher Trail N., Dreher Park, West Palm Beach. 832-1988.

Prints and Printmaking. A lithography exhibit featuring artists who make prints from etchings. Various prints on display demonstrate the techniques of printmaking. Nov. 25 through Jan. 5, Tuesdays through Saturdays from 10 a.m. to 5 p.m and Fridays from 6:30 to 10 p.m. 4801 Dreher Trail N., Dreher Park, West Palm Beach. 832-1988.

Ringling Crafts Festival. Over 160 exhibitors juried from more than 500 entries will vie for $7000 in prize money. Crafts to be exhibited and offered for sale include objects made of fiber, clay, leather, wood, metal and glass. Nov. 19 and 20, all day. Ringling Museum, Sarasota. (813) 355-5101, ext. 224.

South Florida Automobile Show. The latest in automobiles and accessories, along with a nostalgic look at the history of automobiles, are featured. Nov. 5-13, weekdays 5 p.m. to 10 p.m., weekends, noon to 11 p.m. Miami Beach Convention Center, North and South Halls, 1901 Convention Center Drive, Miami Beach. 673-7311.

The Computer and You Exhibition. A look at the business, recreational and educational applications of computers. Nov. 4-6, Tuesday through Saturday, 10 a.m. to 5 p.m. and Friday, 6:30 to 10 p.m. Science Museum and Planetarium, 4801 Dreher Trail North, Dreher Park, West Palm Beach. 832-1988.

International Boat Show. Everything from rowboats to yachts are featured. Nov. 3-7, all day. Bahia Mar, Fort Lauderdale. 764-7642.

West Coast Realism. Forty paintings are featured by California and Pacific Northwest artists. Nov. 10-27, Tuesday through Saturday from 10 a.m. to 4:30 p.m. and Sunday from noon to 5 p.m. Fort Lauderdale Museum of Art, 426 E. Las Olas Blvd., Fort Lauderdale. 463-2169.

West Palm Beach Home Show. Exhibits are featured by builders, decorators/designers, importers/exporters, dealers and manufacturers. Nov. 3-6. Thursday, 5 to 10 p.m.; Friday and Saturday, noon to 9 p.m.; Sunday, noon to 6 p.m. West Palm Beach Auditorium, Palm Beach Lakes Boulevard, West Palm Beach. 683-6012.

MUSIC

Gregory Allen, pianist. In concert with the Florida Chamber Orchestra. Nov. 17-19 at 8:15 p.m. Broward Community College, Ralph R. Bailey Concert Hall, 3501 S.W. Davie Road, Fort Lauderdale. 563-9606, 475-6884.

American String Quartet. In concert as part of the Florida Chamber Music Series. Nov. 29 at 8 p.m. Florida Atlantic University Theater, Glades Road, Boca Raton. 393-3020.

Barber of Seville. Rossini's comic masterpiece is performed in English as part of the Gold Coast Opera Series. Nov. 4 at 8 p.m. War Memorial Auditorium, 1430 N. Federal Hwy., Fort Lauderdale. 761-2830.

Boca Raton Pops Series. Under the direction of Mark Azzolina, the "Pops" offer a wide range of musical styles. Guest baritone John Raitt is featured in concert Nov. 15 at 8:30 p.m. and Broadway songstress Paula Wayne is featured Nov. 29 at 8:30 p.m. Florida Atlantic University Theater, Glades Road, Boca Raton. 393-3020.

Boca Raton Symphony Orchestra. In concert with guest violinist Elmar Oliveira. Nov. 11 at 8:15 p.m. Florida Atlantic University Auditorium, Glades Road, Boca Raton. 393-3020.

James Buswell, violinist. In concert as part of the Civic Music Series. Nov. 28 at 8:15 p.m. Dade County Auditorium, 2901 W. Flagler St., Miami. 545-3395.

Ray Charles, vocalist. In concert Nov. 3 at 7 and 9 p.m. Riverside Theater, 400 Beachland Blvd., Vero Beach. 231-6990.

Cynthia Clawson, vocalist. Contemporary gospel music is performed Nov. 18 at 8 p.m. Coral Ridge Presbyterian Church, 5555 N. Federal Hwy., Fort Lauderdale. 771-8840.

Florida Atlantic University Jazz Band. In concert Nov. 21 at 8 p.m. Florida Atlantic University Theater, Glades Road, Boca Raton. 393-3020.

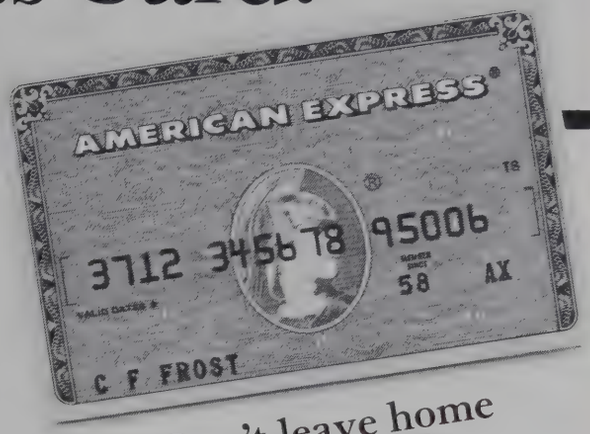
Florida Chamber Orchestra. In concert with guest artist Gregory Allen, pianist. Nov. 19 at 8:15 p.m. Florida Atlantic University Auditorium, Glades Road, Boca Raton. 393-3020.

Florida Gulf Coast Symphony. Pianist Garrick Ohlsson is guest artist and Irwin Hoffman is conductor. In concert as part of the Regional Arts Foundation Music "At Eight" Series. Nov. 22 at 8 p.m. West Palm Beach

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The Florida Heritage Festival. A three-day event featuring Mickey Gilley Nov. 9-13 and Mickey Gilley in concert Nov. 12. South Florida Fairgrounds, 9067 Southern Blvd., West Palm Beach. 832-6397.

Fort Lauderdale Symphony Orchestra. In concert with Emerson Buckley as conductor and Joseph Kalichstein as guest pianist. Nov. 22 and 23 at 8:30 p.m. War Memorial Auditorium, 1430 N. Federal Hwy., Fort Lauderdale. 761-2830.

Gus Giordano Jazz Dance Chicago. A special dance recital choreographed by Gus Giordano. Nov. 5 at 8 p.m. Florida Atlantic University Theater, Glades Road, Boca Raton. 393-3020.

Greater Palm Beach Symphony. Nov. 13 at 8 p.m. (first concert of the series). Poinciana Playhouse, 70 Royal Poinciana Plaza, Palm Beach. 659-3310.

Judas Maccabaeus. Handel's dramatic oratorio is presented by the Florida Atlantic Festival Chorus. Nov. 20 at 2:30 p.m. Florida Atlantic University Theater, Glades Road, Boca Raton. 393-3020.

Johnny Mathis. The contemporary vocalist appears in concert Nov. 18 and 20 at 8 p.m. and Nov. 19 at 7 and 10:30 p.m. Sunrise Musical Theater, 5555 N.W. 95th Ave., Sunrise. 741-8600.

Miami Beach Symphony Orchestra. In concert with conductor Alfredo Munar and guest artist Sedmara Zakarian Rutstein. Nov. 20 at 8 p.m. Miami Beach Theater of the Performing Arts, 1700 Washington Ave., Miami Beach. 532-4421.

New Arts Trio. In a concert presented by Friends of Chamber Music. Nov. 16 at 8:30 p.m. Dade County Auditorium, 2901 W. Flagler St., Miami. 545-3395.

Soprana Jessye Norman. In concert as part of Temple Beth Shalom's Great Artist Series. Nov. 26 at 8 p.m. Miami Beach Theater of the Performing Arts, 1700 Washington Ave., Miami Beach. 673-7311.

Jessye Norman, soprano. In concert as the first presentation of the Regional Arts Foundation Music "At Eight" Series. Nov. 10 at 8 p.m. West Palm Beach Auditorium, Palm Beach Lakes Boulevard, West Palm Beach. 683-6012.

Jose Luis Rodriguez, vocalist. A Spanish singer in concert Nov. 3-6 at 8 p.m. Miami Beach Theater of the Performing Arts, 1700 Washington Ave., Miami Beach. 673-7311.

Sacred Classics and Great Hymns. Presented by the Chancel Choir and Orchestra under the direction of Roger G. McMurrin. Nov. 4 at 8 p.m. Coral Ridge Presbyterian Church, 5555 N. Federal Hwy., Fort Lauderdale. 771-8840.

School Children. The Regional Arts Foundation presents the Florida Gulf Coast Symphony with Irwin Hoffman and Ronald McDonald conducting. Nov. 23 at 11 a.m. West Palm Beach Auditorium, Palm Beach Lakes Boulevard, West Palm Beach. 683-6012.

St. Francis Hospital Concert. A variety show. Nov. 19 at 8 p.m. Miami Beach Theater of the Performing Arts, 1700 Washington Ave., Miami Beach. 673-7311.

Sweet Adelines. The feminine counterpart of the Barbershoppers (featuring four-part harmony) appear in concert Nov. 19 at 8:10 p.m. Poinciana Playhouse, 70 Royal Poinciana Plaza, Palm Beach. 659-3310.

Thomas R. Thomas. The organist appears in concert Nov. 6 and 20 at 3 p.m. Louis XIV Music Room, Henry Morrison Flagler Museum, One Whitehall Way, Palm Beach. 655-2830.

Tuesdays with Music. The Norton Gallery of Art continues its tradition of offering a varied music series. Pianist Barry Douglas is featured in concert Nov. 15 at 8 p.m.; The Ridge String Quartet will be featured in concert Nov. 29 at 8 p.m 1451 S. Olive Ave., West Palm Beach. 832-5194.

Turandot. The concert version of Puccini's opera is presented by stars from various leading opera houses including the Metropolitan Opera as part of the Great Artist Series. Nov. 16 and 18 at 8 p.m. Miami Beach Theater of the Performing Arts, 1700 Washington Ave., Miami Beach. 673-7311.

University Symphonic Winds. Nov. 30 at 8 p.m. Florida Atlantic University Theater, Glades Road, Boca Raton. 393-3020.

Warsaw Philharmonic. In concert as part of the Prestige Series from the JND Concert Foundation, featuring conductor Kazimierz Cord and guest pianist Stephen DeGroote. Nov. 21 at 8 p.m Dade County Auditorium, 2901 W. Flagler St., Miami. 545-3395.

Don Williams. A contemporary vocalist appears in concert Nov. 13 at 8 p.m Sunrise Musical Theater, 5555 N.W. 95th Ave., Sunrise. 741-8600.

Stevie Wonder. The popular contemporary vocalist appears in concert Nov. 3 at 8 p.m., Nov. 4 and 5 at 8 and 11 p.m. and Nov. 6 at 7 and 10:30 p.m. Sunrise Musical Theater, 5555 N.W. 95th Ave., Sunrise. 741-8600.

LECTURES

Alzheimer's Disease: More than Senility. A lecture program presented by the South County Mental Health Clinic. Nov. 10 at 2 p.m. Palm Beach County Library System, 7777 W. Atlantic Ave., Delray Beach. 498-3110.

Boca Raton: Past to Present. A slide lecture presented by the Boca Raton Historical Society. Nov. 7 at 2 p.m. Palm Beach County Library System, 8221 W. Glades Road, Boca Raton. 482-4554.

Broadway Musical Theater. A lecture with musical excerpts from the 1890s to the present, presented by Harry Huret of the Institute of New Dimensions. Nov. 3 at 1:30 p.m. Palm Beach County Public Library, 3650 Summit Blvd., West Palm Beach. 686-0895.

Contemporary Realism in American Art. A Fort Lauderdale Museum of Art Lecture featuring Ivan Carp, president of the O.K. Harris Gallery in New York. Nov. 17 at 8 p.m. Carone Gallery, 600 S.E. 2nd Court, Fort Lauderdale. 463-2169.

Ecology Field Trip Series. The topics cover plant and animal inhabitants of some of Florida's natural communities. (The first class is at Pine Jog.) Nov. 1, 8, 15 and 22 at 9 a.m. Pine Jog Environmental Sciences Center, 6301 Summit Blvd., West Palm Beach. 686-6600.

Edward Albee Lectures. The prize winning playwright will lecture on his works and life. This lecture, sponsored by Nova University, is part of the "Famous Author Lecture Series." Nov. 17 at 8 p.m Stouffer's Annex Capri, Fort Lauderdale. 475-7406.

Florida Heritage: The Folklife of Work and Leisure." A lecture program and exhibit sponsored by the Florida Folklife Program of Florida Department of State. Nov. 25 through Dec. 10. Monday through Thursday, 10 a.m. to 8 p.m.; Friday and Saturday 10 a.m. to 5 p.m. Palm Beach County Public Library, 3650 Summit Blvd., West Palm Beach. 686-0895.

Growing Citrus in Your Landscape. A horticultural seminar sponsored by the Palm Beach County Cooperative Extension Service features Gene Joyner. Nov. 3 at 7:30 p.m. Mounts Agricultural Center, 531 N. Military Trail, West Palm Beach. 686-0895.



Johnny Mathis, Sunrise Musical Theater

The Lighter Side of Mizner. Author Robert Tolf (co-author with William Olendorf of *Addison Mizner, Architect to the Affluent*) will lecture Nov. 26 at 5 p.m. Boca Raton Hotel and Club, East Camino Real, Boca Raton. 487-5145, 395-6766.

Parent/Child Study Group Series. A lecture program entitled "Brain Research and How It Relates to Child Development," presented by Barbara Mester-Vitali. Nov. 15 at 6:30 p.m Palm Beach County Library System, 7777 W. Atlantic Ave., Delray Beach. 498-3110.

Poetry Reading. A lecture program presented by Dr. Norman Nathan, professor of English at Florida Atlantic University. Nov. 14 at 2 p.m. Palm Beach County Library System, 8221 W. Glades Road, Boca Raton. 482-4554.

Sculpture. A course directed by Luis Montoya covers direct carving in stone and wood with an introduction to form and expression. Nov. 1 through April 30, Mondays and Wednesday from 12:30 to 3:30 p.m. and Tuesdays from 9 a.m. to noon. Norton Gallery of Art, 1451 S. Olive Ave., West Palm Beach. 832-5194.

SPORTS

Calder Race Course. Thoroughbred racing now through Nov. 10. Post time 1 p.m. with 10 races daily. 210th Street and Northeast 27th Avenue, Miami. 625-1311.

Dania Jai-Alai. Thirteen games of Jai-Alai nightly (except Tuesday and Sunday) at 7:15 p.m. Now through Nov. 26. 301 E. Dania Blvd., Dania. 927-2841, 426-4330, 844-1633.

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For more information on how we may be of service to you, contact James Barr, Vice President, Northern Trust Bank/Palm Beach, 300 Royal Poinciana Plaza, Palm Beach, Florida 33480. Telephone 655-9770.

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Northern Trust Bank

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George Morris and Gunnar-Ostergaard Clinic. A hunter, jumper and dressage clinic open to the public. Nov. 11-13, all day. Palm Beach Polo and Country Club (at the Showbarn), 13198 Forest Hill Blvd., at Wellington, West Palm Beach. 793-1113.

Hunter and Jumpers Show. The sixth and final show of a competition for points leading to the January Awards Show. Open entry. Nov. 5 and 6 starting at 8:30 a.m. South Florida Fairgrounds Horse Complex, 9067 Southern Blvd., West Palm Beach. 793-0338.

Miami Dolphins Professional NFL Football. Dolphins vs. Baltimore Colts, Nov. 20 at 1 p.m.; Dolphins vs. Cincinnati Bengals, Nov. 28 at 9 p.m. Orange Bowl, 1501 N.W. 3rd St., Miami. 643-4700.

Palm Beach Jai-Alai Fronton. Post time 7:30 p.m., Mondays through Saturdays, matinees Mondays, Wednesdays and Saturdays at noon. Now through March 12. 1415 W. 45th St., West Palm Beach. 844-2444.

Palm Beach Kennel Club. Greyhound racing nightly except Sunday. Post time 8 p.m. Mondays, Wednesdays and Saturdays, matinees at 1 p.m. Congress Avenue at Belvedere Road, West Palm Beach. 683-2222.

Pompano Park Harness Raceway. Quarterhorse racing nightly except Sunday at 7:30 p.m. Racetrack Road, Pompano Beach. 972-2000, 734-1228.

Sunshine Paso Fino Horse Show. The South American breed of horses will be shown. Nov. 12 and 13 beginning at 8:30 a.m. South Florida Fairgrounds, Horse Complex, 9067 Southern Blvd., West Palm Beach. 793-0338, 793-0333.

Sunshine State Quarterhorse Show. Over 60 entries represent the United States and Canada with several foreign nations also represented, featuring cutting, halter, and reining classes in addition to barrel racing. Nov. 25-27 starting at 8:30 a.m. South Florida Fairgrounds, West Palm Beach. 793-0338, 793-0333.

Texas King Ranch Quarterhorse Sale. Texas' largest ranch will be holding an auction of registered quarterhorses. Nov. 26 and 27, all day. Palm Beach Polo and Country Club, 13198 Forest Hill Blvd., at Wellington, West Palm Beach. 793-1113.

U.S.T.A. Tennis Championship. National clay court matches will be held everyday for ranked players over 35 years old. Nov. 1-6, all day. Palm Beach Polo and Country Club, 13198 Forest Hill Blvd., at Wellington, West Palm Beach. 793-1113.

ATTRACTIONS

Elliott Museum. The museum houses a collection of antique automobiles and cycles and features contemporary art exhibitions. One wing holds replicas of 14 Early American shops, including a general store. Hours are 1 to 5 p.m daily. Located on Ocean Boulevard (A1A), five miles east of Stuart on Hutchinson Island. 225-1961.



Jessye Norman,
West Palm Beach Auditorium

Henry Morrison Flagler Museum. This historical mansion was built in 1901 by Henry Morrison Flagler, founding partner of Standard Oil and pioneer developer of Florida's entire east coast. The museum is restored to its original appearance as a residence. Open Tuesday through Saturday, 10 a.m. to 5 p.m.; Sunday, noon to 5 p.m. One Whitehall Way, Palm Beach. 655-2833.

House of Refuge. Commissioned in 1875 by the U.S. Life-Saving Service to aid shipwrecked sailors, the Gilbert's Bar House of Refuge is completely restored. The boat house contains nautical memorabilia and the main house is decorated in the late Victorian style. Open daily except Mondays and holidays, 1 to 5 p.m Hutchinson Island, Stuart. 225-1961.

Jonathan Dickinson State Park. Guided nature cruises leave from the park marina daily except Monday, at 1 p.m. Picnic and camping facilities available. Off U.S. Highway 1, Hobe Sound. 547-2771.

Morikami Park. Japanese museum and gardens. Open Tuesday through Sunday, 10 a.m. to 5 p.m. 4000 Morikami Park Road, Delray Beach. 499-0631.

Norton Gallery of Art. One of the outstanding small art museums in the country, the Norton has a distinguished permanent collection. Major areas include: Impressionist and post-impressionist masterpieces, American art from 1900 to the present, a fine Chinese collection and important pieces of sculpture. Tuesdays through Saturdays, 10 a.m. to 5 p.m; Sundays, 1 p.m to 5 p.m. 1451 S. Olive Ave., West Palm Beach. 832-5194.

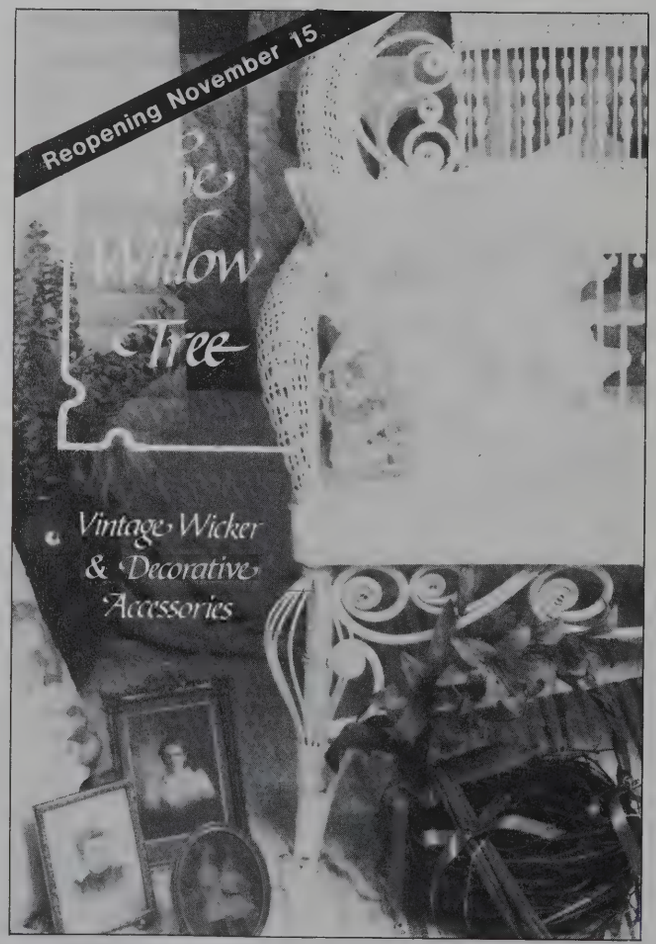
The Discovery Center. A science and history museum that invites you to participate in hands-on exhibits, workshops, special events and more. Tuesday through Friday, 2 p.m. to 5 p.m.; Saturday, 10 a.m. to 5 p.m. and Sunday, 1 p.m. to 5 p.m. 231 S.W. 2nd Ave., Fort Lauderdale. 462-4114.

Lannan Foundation. A private collection of contemporary art featuring painting, sculpture, glass and ceramic works reflecting developments in art over the last 35 years. Major international artists as well as emerging artists are represented. Tuesday, Thursday and Saturday from 2 p.m. to 4:30 p.m.; guided tours at 2 p.m. 601 Lake Ave., Lake Worth. 582-0006.

Science Museum and Planetarium. Sciences from astronomy to oceanography are explored through a variety of exhibits, classes and planetarium presentations. Open Tuesdays through Saturdays, 10 a.m .to 5 p.m. and Friday, 6:30 to 10 p.m. 4801 Dreher Trail N., Dreher Park, West Palm Beach. 832-1988.

Singing Pines Museum. The oldest, unaltered wooden structure in the Boca Raton area, Singing Pines serves as a constant reminder to the community of its beginnings. Built in 1911 by William Myrick. Tuesdays through Fridays, 10 a.m. to 4 p.m.; Saturdays, 10 a.m. to 1 p.m. On the Northwest 4th Diagonal, Boca Raton. 368-6875.

Society of the Four Arts. Beautiful gardens and exotic plants as well as several small demonstration gardens maintained by the Garden Club of Palm Beach are found at the Society of the Four Arts. The library is open 10 a.m to 5 p.m., Monday through Friday. Four Arts Plaza, Palm Beach. 655-2766, 655-7226. □



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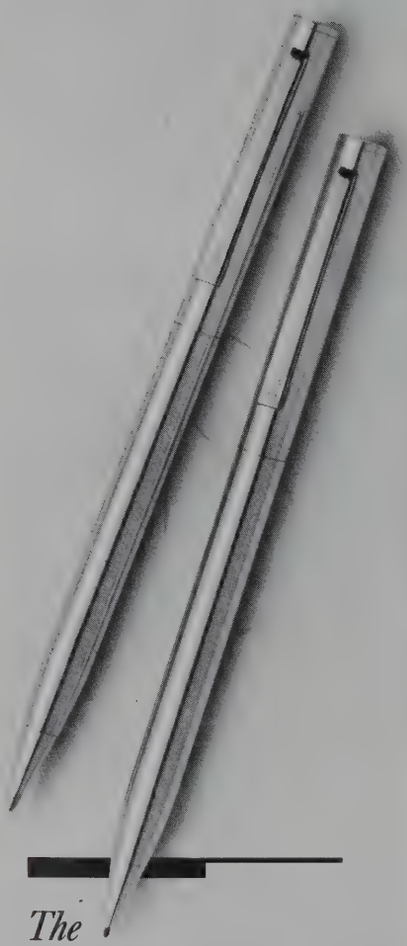
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GROWING MY WAY

ANNUALS: ALL-TIME FAVORITES

Not all who sell their snow plows and move to Florida are wild about our tropical flowering plants. Many look for reminders of changing seasons and the variety of flowers that come with them — flowers such as annuals.

Annuals are plants that grow, blossom and produce seed in one season and then die. In Northern climates (and to some degree in north Florida), annuals are planted in early summer, brightening yards from June through September. In south Florida, flowering annuals light up the subtropical landscape from October through June.

Each year, a few new residents, accustomed to Northern seasons, miss their chance to enjoy the beauty of annuals. Mentally tuned to summer planting, they wait until May or June to plant their annuals (a time when most annuals in south Florida begin to curl up and die).

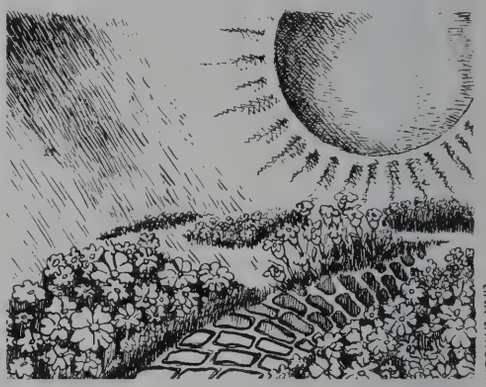
There is no assurance, even when planted in the proper season, that annuals will flourish. Growing annuals in the subtropics demands that attention be paid to the differences in soil and temperature.

Drainage is of primary importance to healthy plants and colorful, abundant blooms. Annuals will not survive in poorly drained soil. Northern plantings, because of heavier, less porous soil, require soil amendments that open compacted soil and encourage greater porosity.

South Florida soil, however, particularly along the coastal strips, is sievelike in its porosity. Both water and nutrients move through the soil as if it were screen wire. To slow this rapid passage, beds and planters should be filled with rich soil and generous amounts of peat moss.

If any one error affects annuals adversely, is it watering. Given the porosity of south Florida's sandy soil, however, it is hard to overwater (especially if you also provide for proper drainage). With few exceptions, annuals have shallow root systems in comparison to perennials, bulb plants and tropical flowering shrubs. For this reason, insufficient watering shows up quickly: Plants wilt and in a surprisingly short time, die.

Watering that borders on flooding should of course be avoided; when moving rapidly below the root level, little water is absorbed and most is wasted. Copious amounts of water also wash out nutrients. Ideally, water should be applied to the plants slowly and over a time period that allows moisture to penetrate the soil to a depth of about six inches.



LINA LAWSON

In order to maintain moisture for longer periods and reduce weed infestations, it is good practice to mulch beds. Cypress or pine-bark mulches are excellent choices since, aside from their moisture-holding qualities, they are extremely attractive.

Another factor to consider is soil. Northern soil, for the most part, is far more nutritious than subtropical silica-like sand. A bit of fertilizer added to annual beds at planting time, or in mid-season, is sufficient. This is not so in south Florida. If the plants are to be healthy and flower fully, periodic feedings are needed. For established plantings, this is done by side dressing rows or placing fertilizer around individual plants. (In general, make light feedings and be sure that the fertilizer is hosed off leaves and washed into soil immediately after.)

Because annuals are grown primarily for flowers rather than foliage, fertilizer with a low nitrogen content should be used; it is nitrogen that produces abundant growth of stems and foliage at the expense of flower production. In view of this, I would recommend a 2-8-10 or 2-8-

(Continued on page 106)

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If you have an independent spirit that resists the regimented rituals of cruise directors, bingo games, sightseeing buses and programmed activities in general, you are a traveler after her own heart.

So are those who sail with you, for *Sea Goddess I* is built for people who are international in their outlooks, young in their spirits if not in their years and decidedly active rather than placidly sedentary.

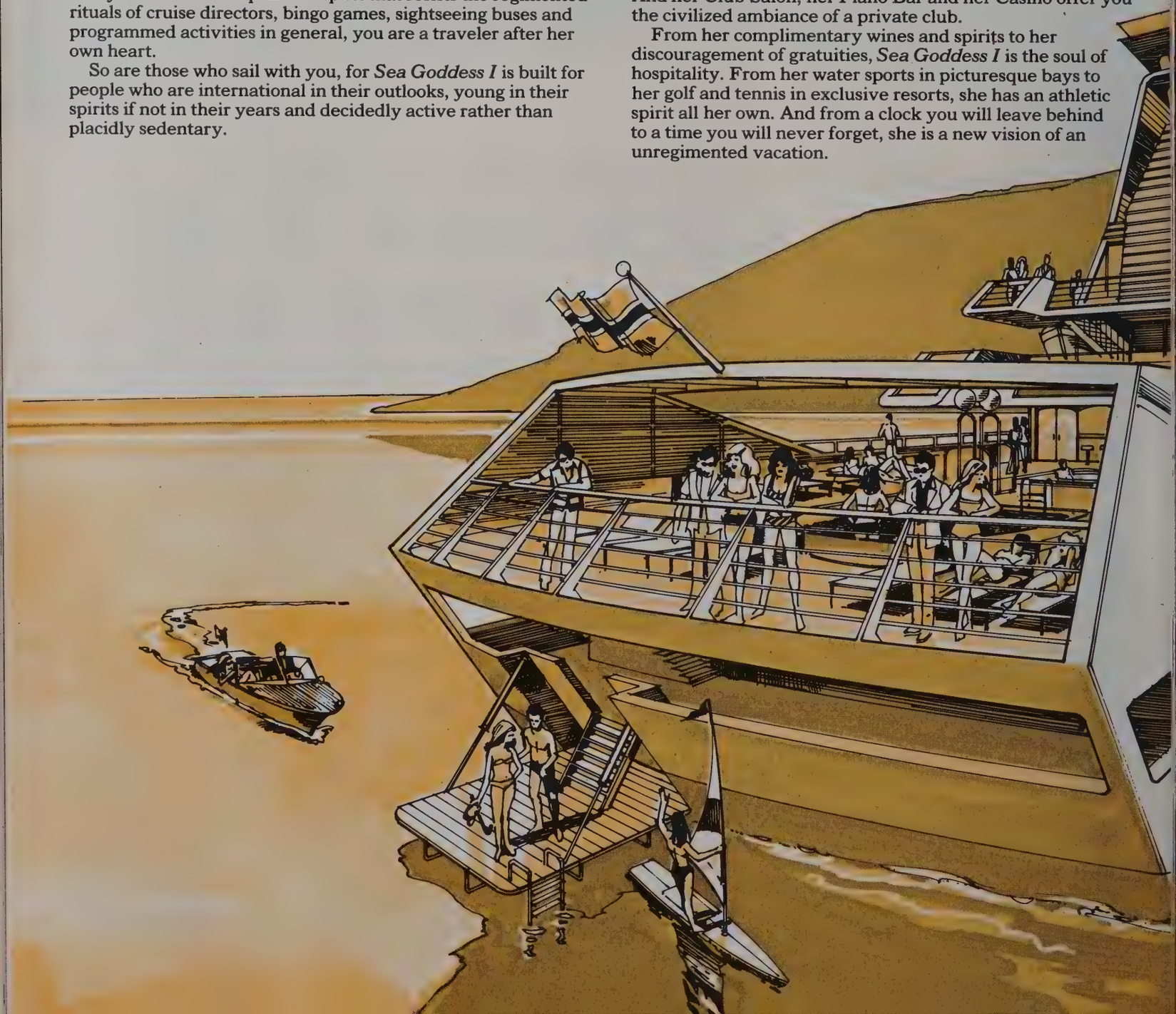
She is a cruise ship of only 60 staterooms and each of them is a spacious suite looking out on the sea.

Her Dining Salon is the essence of unhurried elegance. Her cuisine is international in the nouvelle tradition. And her European staff is impeccable in the grand manner.

Her outdoor Café welcomes you with a waterfall. Her ingenious platform astern folds down to the sea for snorkeling, waterskiing and windsurfing. And her amenities on deck include a heated whirlpool at poolside.

Her unique Greenhouse beckons you for cocktails. Her Main Salon invites you to dance on a floor of white marble. And her Club Salon, her Piano Bar and her Casino offer you the civilized ambiance of a private club.

From her complimentary wines and spirits to her discouragement of gratuities, *Sea Goddess I* is the soul of hospitality. From her water sports in picturesque bays to her golf and tennis in exclusive resorts, she has an athletic spirit all her own. And from a clock you will leave behind to a time you will never forget, she is a new vision of an unregimented vacation.



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Sea Goddess I offers you six one-week Mediterranean itineraries and two one-week Caribbean itineraries. And if two or more itineraries appeal to you, you can combine them in a longer cruise without seeing the same port twice.

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Her six Mediterranean itineraries include yacht marinas from Puerto Banus to Pensicola, stylish resorts from St. Tropez to Costa Smeralda, romantic islands from Capri to Corfu, picturesque towns from Cassis to Siracusa, and ancient cities from Rhodes to Heraklion.

In the Caribbean, you can sail with the cooling tradewinds to the British Virgin Islands and on to the Grenadines, or to four days of golf and tennis on a cruise that includes all three U.S. Virgin Islands and takes you as far west as the Dominican Republic.

Her two Caribbean itineraries include yachtsmen's favorites from Marigot Bay to English Harbor, ideal anchorages from Gorda Sound to Simson's Bay, exclusive golf and tennis resorts from Casa de Campo to Christiansted, scenic national parks from St. John to Buck Island, and tiny islands from Mustique to Îles des Saintes.

Sea Goddess I begins her Inaugural Mediterranean Cruises April 7, 1984. Her Premier Transatlantic Crossing sails October 6, 1984. Her Inaugural Caribbean Cruises begin October 20, 1984. And *Sea Goddess II* Inaugural Cruises begin in the Spring of 1985.

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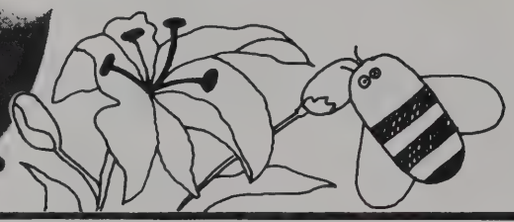
Sea Goddess I and *Sea Goddess II* are registered in Norway.
Sea Goddess Cruises Limited, 5805 Blue Lagoon Drive, Miami, Florida 33126.



Macho or meek; svelte or stuffy . . . It's all in the image you splash on

THE SCENTUOUS WOMAN

Your perfume tells everything about you. One whiff and all is revealed. However, all is not lost. If you want to change your personality or appeal to a particular type man or woman, take a hot unscented bath, send your clothes to the cleaners and start all over. It's so much easier than memorizing a wine list, reading Opera news or learning the names of the NFL's leading rushers.



ARPEGE

This classic blend of jasmine, camelia, lily-of-the-valley and Bulgerian rose is a favorite of the feminine *anti*-feminist. The Arpege woman's house is always perfectly maintained, her birdfeeder filled, her hedges clipped. She puts others' needs before her own, particularly her husband's, whom she pampers and humors except when he rolls down the car windows and allows the wind to rumple her elaborately coiffed hair. Then she becomes very snappish.

BAL A VERSAILLES

You know when the Bal a Versailles woman enters a room, for she is vibrantly alive, a radiating presence, just like her hypnotically beguiling perfume. The Bal a Versailles woman is many women. She can be Scarlett O'Hara one day, Florence Nightingale, Queen Elizabeth or Marabel Morgan the next. Even she doesn't always know what her mood or focus will be until she is into it. There is only one thing you can be sure of about a Bal a Versailles woman — she will never be meek or mousy.

BLUE GRASS

Blue Grass' feminine fusion of English garden flowers delights the sentimental woman. The Blue Grass lady's day is made if she receives one of Hallmark's "thoughtful" theme cards. She is the family letter writer and pens many notes to relatives and friends on her pretty stationery with coordinating ink and seals. The Blue Grass lady is rarely seen in slacks and doesn't feel fully dressed unless she is wearing jewelry.

CALECHE

The Caleche woman is more complicated than she seems. The rose, gardenia and lilac notes of this elegant fragrance reflect her pleasure in being female; the green top notes her good sense; the woodsy undertones mark her love of the outdoors; and the provocative dash of musk reveals her very refined, but strong sensuality. Men stay married to Caleche Women.

CHANEL #5

The woman who chooses Chanel #5 as her personal statement is as timeless and classy as her scent. She reads Proust and *Peanuts;* wears man-tailored, white silk pajamas to bed; takes long walks in the rain in her Burberry raincoat and English walking shoes. The Chanel woman is without guile, but has a slight air of mystery. Men who have loved her never forget her.

ENJOLI

The young, energetic wife/mother/career woman relishes this warm, sunshiny, slightly provocative scent. It bolsters her confidence that she is projecting the right scent image in all the roles she takes on during her very busy days and evenings. Enjoli women are today's superwomen. The only crises they can't handle are visiting mothers-in-law and the discovery that their husbands are having affairs.

FIRST DE VAN CLEEF & ARPELS

Heady, amber, elegant, as distinguished as a John Singer Sargent portrait or a Beethoven Sonata, First is an autocratic perfume. The First woman wears real jewels (Van Cleef, of course), floor-length sable evening wraps, and handmade shoes shaped from her personal mold. She seldom engages in affairs, but if her passions are aroused, she conducts her liasons in out-of-the-way foreign countries. An aggravating idiosyncracy (to others, not herself) of the First woman is that she has had money for so long that she doesn't feel the need to carry any with her, so others are constantly called upon to pay such trifling things as tips and lunch tabs when in her company.

GIORGIO

If ever a perfume gave a clear message to the potential buyer it is Giorgio. "I am



expensive! I am a VIP! I am the essence of Beverly Hills elegance! Glamour, gloss, deference and eternal success will all be yours if you splash my silken, sumptuous explosion of liquid luxury liberally over your sun-kissed, Rodeo Drive boutique-clad body!!

If you live in California, how can you resist Giorgio's alluring call? You can't.

GUCCI

Smooth, golden, sybaritic Gucci Parfum practically purrs as it is rubbed into the trim, chic body of the Gucci lady. The Gucci woman is intelligent, purposeful, organized, sensual and adept at pleasing men without catering to them. She entertains often, travels first class in her Gucci silks and suedes, and gets her first face-lift before she is 50.

HALSTON

Bold and opulent, Halston is a center-stage perfume perfect for glittering evenings, first nights and

PERSONALITY

BY TERRY GARRITY

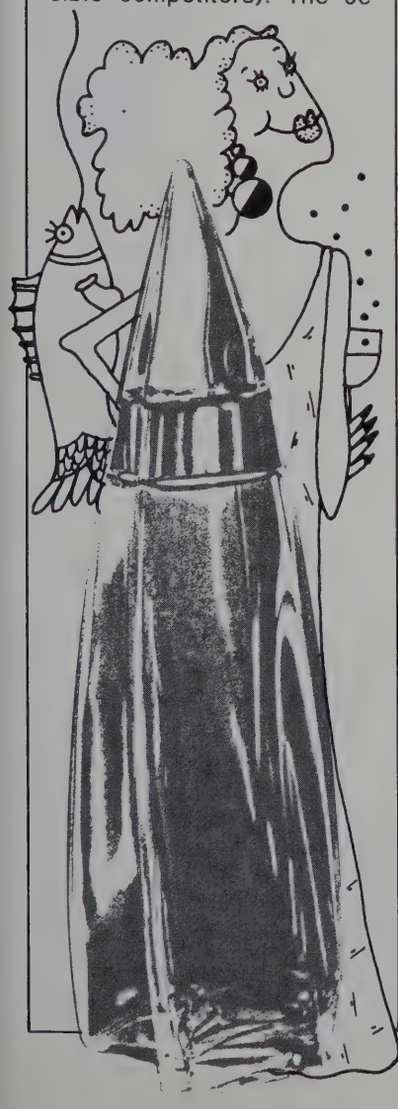
DRAWINGS BY JUDITH MOSSE KRUGER

champagne toasts with the beautiful people. The Halston woman is thin, *thin,* so she can wear her high fashion designer clothes and reap the heady reward of being photographed by *WWD.*

The Halston woman subsists on lettuce leaves, poached fish, Perrier and white wine. She has a husband someplace, but can't always remember where.

JE REVIEN

Gloriously voluptuous, this civity, musky scent is worn like a second skin by the all-female woman. The Je Revien woman is a femme fatale, wise in the ways of the world, and happier in the company of men than women (whom she regards as possible competitors). The Je Revien woman thrives on the Grand Passion and such tokens of affection as emeralds and town houses. In her old age, she gives generously to the Church.



JOY

The dramatic, penetrating tones of jasmine, Bulgarian rose and other exotic flowers can't be carried off by most women. The Joy woman has a commanding presence to go with her powerful scent. She likes Joan Crawford movies, mink, theater, large cars and good diamonds. She has a weakness for handsome, almost pretty men of little substance, but marries workaholic, top-echelon executives.

L'AIR DU TEMPS

The premiere well-bred, multifloral bouquet in its beautiful Lalique designed bottle, rests on the dressing tables of pretty, conservative, status-conscious women. The L'Air du Temps lady marries a professional man and devotes herself to being the perfect, *right* wife and mother. She knows just the right things to say and do, the right clothes to wear, the right charities to work for and the right clubs to join. She is always well-groomed, always on a diet. Only in middle age does the L'Air du Temps woman flower as beautifully as her scent, for once the children are grown she feels free to discover what's right for *her.*

LAUREN

Wildflowers, green grass, summer rain — this light, outdoorsy scent is catnip to the young, upper-class women who love horses, swimming, travel and men. The Lauren woman favors Ralph Lauren clothes, wears small gold earrings in her pierced ears and uses very little makeup. She will marry well despite her parents' fears.

LILLY

Lilly Pulitzer's bright, light, floral/fruit scent is the perfect burst of tropical fragrance when the humidity is up and the Florida sun is bearing down on your artfully streaked mane of hair. The Lilly lady likes to play, but she has a serious side too. She devotes many hours to Garden Club and Junior League projects, patiently chauffeurs her children to tennis, ballet and other after-school activities, and runs a large house with great efficiency as well. The Lilly lady wears — what else? — Lilly dresses, wraparound skirts and bathing suits plus Belgian loafers, Bernardo sandals and Parrot pearl necklaces. *The Living Reef* and the latest volume of Henry Kissinger's memoirs rest on her coffee table, but the Lilly lady is up in her apricot and celery-green bedroom every chance she gets devouring the new Sidney Sheldon and Judith Krantz novels.

NORELL

If the Norell woman was ever a country bumpkin, it doesn't show. She is now very much the city lady, manicured, pedicured and sinecured in a lifestyle of beautiful places and beautiful things. Her choice of cosmopolitan Norell as her perfume is a typical example of her discriminating taste.

The Norell woman has some surprising talents. She can total a column of upside down figures at 30 paces and can also excel in man's world (if life takes her there) without sacrificing her womanliness. Never take the Norell woman for granted.



OPIUM

Women friends watch the Opium wearer v-e-r-y closely when she is around their men, and with good reason. When males get a whiff of this spicy, oriental scent they *know* the Opium lady means to entice them into re-enacting whole chapters of *The Joy of Sex.*

They're probably right.

OSCAR DE LA RENTA

This intoxicatingly feminine perfume is the lovely personal signature of the curvy, wasp-waisted cosmopolitan woman. The Oscar de la Renta lady adores layered chiffon, taffeta, rich velvets and Mario Buccellati jewels. When her weakness for Belgian chocolates and French sauces gets out of hand, which is often, she retires to The Greenhouse or The Golden Door for a week or two of elegant starvation and pampering — but she is never long from the social scene. The Oscar de la Renta woman entertains with great charm and her beautiful table settings and superb food are often featured in full-color spreads in the glossy magazines.

PHEROMONE

Men who resisted the straightforward seductive-

ness of Opium are quickly felled by the lure of this pulsating blend of exotic flowers and Oriental oils. The Pheromone woman enjoys being provocative. Her necklines and hemlines are seldom far apart and her walk and talk are those of the confirmed siren.

SHALIMAR

Rich, sultry and sweet, Shalimar is older than some of its loyal users — 62, to be exact. Shalimar women would never abandon their favorite. The Shalimar woman is gracious but somewhat inflexible. She knows what she likes, does what she wants, and dares anyone to be critical of her ways. No one ever is critical to her face, for she wins every verbal battle. Shalimar women slip gracefully through life — from debutante to Southern belle to Grande Dame — and at every stage they manage to keep happily surrounded by beaus.

Y

This soft, elegant creation is like a perfect souffle, a very dry French champagne. Warm, light undertones just whisper of passion. Romantic top notes expand the senses. The Y woman is outwardly reserved, almost prim, but she is actually highly romantic, impulsive and sensuous once her guard is lowered. Y women love Christian Dior nightgowns, candlelight dinners, Jane Austin's *Pride and Prejudice,* casual arrangements of many garden flowers, lovemaking in feather beds to the accompaniment of Chopin, played by Arthur Rubinstein. Y women don't like spots on their clothes, Big Macs and men who smoke cigars.

The Scentuous MAN

ANTAEUS

This quiet, different, aromatic new cologne by Chanel has won the approval of the well-bred intellectual. Antaeus men like garden weddings, women who are ladies in the living room and wantons in the bedroom, and antique bookends, which prop up their first editions of James Joyce, Henry James and George Plimpton.

ARAMIS

The strong, pungent scent of Aramis is a favorite with macho men. The Aramis man is vain about his body and works hard to keep it in shape. He is particularly proud of his hair, which he has in abundance on both his head and face. The Aramis man's greatest passion in life, after his body, is his sports car, which is kept in better condition than his house. He also spends more time in his car than his home. Intellectual pursuits bore the Aramis man, but he did "read" one book this year — *The Guinness Book of World Records.*

BERMUDA CUP

Understated, powdery, slightly mentholated, this cologne is chosen by quiet men who don't like to make waves in professional or personal life. Bermuda Cup men are faithful husbands and conscientous fathers. Their car? Chrysler, Buick or Oldsmobile four-door sedans in which they take the whole family for "See America" driving vacations.

The Bermuda Cup man is never audited by the IRS.

BRITISH STERLING

This heavy, blatantly sweet cologne announces to everyone in the room, in no uncertain terms, that no one is going to push the British Sterling man around. He doesn't like la-di-da people, fancy restaurants, foreigners or little dogs. He is firm with his wife and son, but his daughter can twist him around her little finger. The other important woman in his life is his mother, whom he worships. The British Sterling man pays cash and tips well.

BRUT

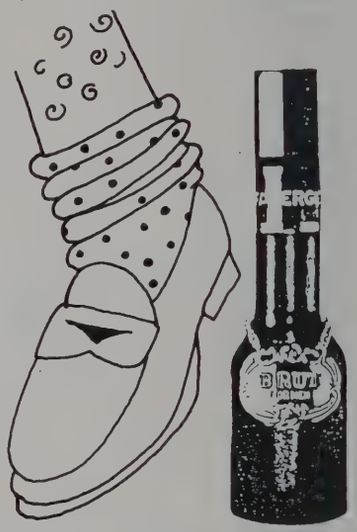
Men who wear Brut also wear socks with their loafers, put ketchup on their eggs and rev up their noisy motorcycles in quiet neighborhoods.

CALVIN

The Calvin man is confident, sophisticated and decisive. He knows that Calvin is not a macho or good ol' boy scent, but because he recognizes that its subtle, warm, elegant, almost pretty tones blend perfectly with his skin chemistry and reflect his discriminating tastes, he wears it with pleasure. The Calvin man is also shrewd. He realizes that when he is wearing this cologne, women will be attracted to the sensuousness of the scent and, quite probably, to the wearer.

EAU SAVAGE

The Eau Savage man takes himself and his place in society seriously. He belongs to the right clubs, supports the right charities, puts his children in the right schools. Flamboyance offends him, people who don't exhibit proper etiquette or fall within the classic Brooks Brothers dress code make him uncomfortable. What does please the Eau Savage man? College football, afternoon liasons with naughty woman and perfectly mixed martinis.



ELIZABETH ARDEN FOR MEN

Stockbrokers and lawyers like this smooth blend of sandalwood and spice because it is masculine without being blatant, good quality but not high style or unique enough to provoke comment. The Elizabeth Arden man subscribes to *Newsweek, Time, Playboy, Tennis, Golf Digest* and *Sailing.* His favorite authors are Alvin Toffler, Carl Sagan and John



Le Carre. The Elizabeth Arden man is very comfortable with his married state, so if the relationship ends in divorce, it will be a bitter one.

ENGLISH LEATHER

This straightforward, woodsy scent suits the solid uncomplicated male to a T. The English Leather man likes fishing, recliner chairs, large dogs and down-to-earth women, sometimes in that order.

GREY FLANNEL

Understated, powdery, complex, Geoffrey Beene's scent is chosen by elegant, meticulous men who appreciate fine paintings, great music, English tailors and the best of Continental living. They are generous supporters of the arts and work long and hard to preserve important landmarks and institutions.

Grey Flannel men are fastidious; they will not drink out of Styrofoam or chipped cups, and they carry around a secret shame — they once had to wear a maroon tuxedo as best man in a cousin's wedding.

HERMES

Quietly pungent, vaguely haughty, this cologne smells of old money and long-held power. The Hermes man dislikes rust, overgrown lawns and people who call him by his first name without his permission. He is an avid collector — antique cars, modern sculpture and sporting prints are favorites. The Hermes man isn't cold; the warm, amber undertones of his scent are a clue to that fact. He just doesn't believe in displaying affection in public. His feelings are as shielded from prying eyes as are his estates.

JHL

JHL is very male. Cloves and other spices meld with subtle nuances of that old masculine standby, Burma Shave, and the JHL man thinks that's great. He works hard and lives hard — and well. He dines at expensive restaurants much of the time, but once or twice a month the JHL man likes to entertain friends at home with a gourmet dinner that he cooks himself using every pot, pan, bowl and utensil in the process. It takes his wife nearly a full day to put the kitchen back in order after one of the JHL man's culinary sprees, but she's used to following in his wake and putting things right. The JHL user thinks of himself as a man's man, but when there is real trouble in his life, he invariably leans on his woman, not his men friends.

KANON

The Kanon man is as aggressive as his cologne. He likes his steaks rare, his scotch on the rocks, his money where he can see it. He also fancies himself quite a lover and is very persistant in his pursuit of women. The Kanon man drives either a Lincoln or a Cadillac (with his initials on the doors, of course), and he is very good to his dog, who is truly his best friend.

KARL LAGERFELD

This full-bodied, long-lasting, faintly sweet scent is for the man on the fast, high-fashion track. Karl Lagerfeld men subscribe to *WWD* and *Architectural Digest.* Nothing polyester is ever allowed to cross the threshold of their art-filled pieds-a-terre. The last book the Karl Lagerfeld man read was *Voices* by Frederick Prokosch.

KOUROS

Kouros was designed for the gentleman sensualist. The man who chooses this warm, musky, seductive scent is likely to be an unparalleled lover — one a woman will remember for the rest of her life. Memory will be all he leaves her with, for the Kouros man is a sensual adventurer, not a slippers and pipe by the fireside man.

OLD SPICE

This earthy, insistent cologne is the scent of choice for the older, polyester slack, meat-and-potatoes male. The Old Spice man calls his wife *mother,* puts his money into real estate and has a 19 handicap on the golf course. The Old Spice man's sexual overtures are direct, his techniques utilarian, but in his secret sexual fantasies he is a James Bondian lover.



PIERRE CARDIN

Cardin's fresh, spicy scent is a favorite with men who would never dream of being spicy themselves. The Pierre Cardin man is tidy, clean and gives meticulous attention to detail — even to carefully labeling every drawer and tool in his home and workshop with color-coded plastic tape. Everyone likes the Pierre Cardin man because he is easygoing both at work and at home. The last time he exploded in anger was 1976 and the family still speaks of this event in awe.

POLO

Polo players aren't obligated to wear Ralph Lauren's distinctive mossy green scent, but they often choose it because it is so compatible with their lifestyle — newly mowed grass, sunshine, oiled leather. Polo's statusy scent is also just right when mingling with the beautiful and horsey people after the match. Other men wear Polo, but the typical Polo man is wiry, dark, chauvinistic, speaks three languages fluently and accepts luxury as his lot in life with admirable stoicism.

ROYAL COPENHAGEN

Royal Copenhagen colognes are almost as soft and mellow as the easygoing man who wears them. The Royal Copenhagen man gets along with nearly everyone and is much sought after socially and for committees because of his affability. He is a considerate lover and takes pains to make sure that lovemaking is equally rewarding for the lady; he actually listens when the woman in his life is reporting the events of her day, and he has, on a number of occasions, been caught redhanded helping frail old ladies across streets. He's definitely a prince among men.

YSL

This light, sophisticated blend of flower and spice is the perfect scent for the vain, highly energetic top executive. The YSL man's gold cufflinks are from Cartier, his cigarette lighter from Dunhill. His car is a Mercedes. He is highly competitive and can't stand to lose at anything, even a friendly game of tennis. The only thing the YSL man does lose at is love, for he invariably chooses very beautiful women who believe the human hand was designed to sign charge slips. □

David and A. Jeanne Marks

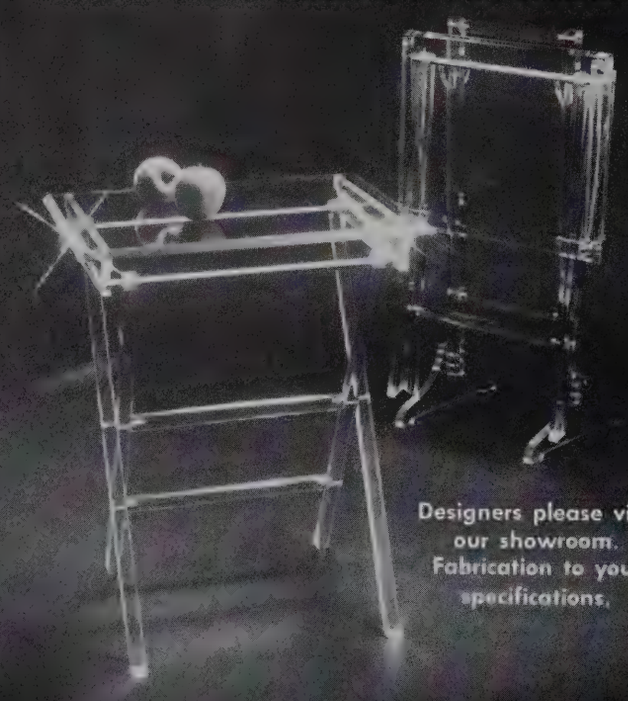
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(Continued from page 12)

Speaking of valleys, is there a more famous, more evocative one in wine lore than that of the Rhine? Not all of its associations are pleasant. For someone of a younger generation, crossing the bridge at Cologne or speeding along the vine-covered banks in a luxurious train, in a Europe which has enjoyed almost 40 years of peace, it is easy to ignore the river's tragic history, but what an ambiguous image it must present to anyone older. Is it the land of wine and song — or of blood and iron?

Actually, today it is neither; but rather something closer to the land of Mercedes and charter-trips to Majorca, considerable personal comfort and vague emotional unease. Aside from a few picturesque ruined castles, the Rhine of legend lives only in Wagner's *Ring* cycle — and how interesting that the most recent productions, last summer in Bayreuth and Boston-New York, sought to recapture some of the fairy-tale realism of dragons and giants and Rhine maidens of 19th-century stagecraft. In this sense, are there any German wines that can be called "Wagnerian"? I have seen the term applied only to one group: the rich, somewhat earthy white wines of the Rheinpfalz. At their most characteristic, they have an opulence, a heaviness and a grandeur which fits the word. Some people, of course, find them a bit much.

If the actual landscape suggests nothing of the character of a wine, the man-made landscape just might. The Bordeaux and Burgundy regions, for example, are pleasant, mostly rural places, but hardly worth a special trip on their natural merits alone. Yet there is something about the calm, dignified urbaneness of the port city of Bordeaux — with its handsome 18th-century buildings and its old families of anglophilic wine magnates — which connects with the wine, for claret is the most understated and austere, the most difficult to get to know, of great wines.

The red wines of Burgundy, by contrast, have something peasant-like and outdoorsy about them — the scent of great burgundy has been compared, in all seriousness, to rotting barnyard manure — yet at the same time they are rich, complex and ornate (rather like those steep, multicolored tiled roofs on the older buildings of Dijon and Beaune or the works of the Flemish-Burgundian masters in their museums).

And what of the wines of California? There are so many of them, made in such a variety of styles by such a variety of people, they defy generalization. They do have their historical associations — with the old Spanish missions or the 19th-century boom days — and some literary connections (Robert Louis Stevenson, Jack London, M.F.K. Fisher), but the whole business is so new, and in some respects still so uncertain, that we can only fall back on a familiar and very American metaphor: the melting pot, where all types of peoples have gathered, and every type of experiment is still possible.

Yet there is one scent of the landscape itself which already is identified with some wines: something called "Rutherford dust." It defies exact description, other than to say it is a dry, mineral quality said to be found in the best cabernet sauvignon grown in the volcanic soil of the mid-Napa Valley. If you have seen that beautiful place, with its tawny hills and groves of oak and eucalyptus, you'll have some idea of what is meant.

These free-flowing associations of wine and place are, as I warned, to be indulged in only lightly. But they enrich our experience of wine, a subject too important to be left to the chemists. □

Charles Calhoun is a free-lance writer based in Bar Harbor, Maine.

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Stavroupolos and Herrera

INTERNATIONAL APPEAL

Below: Helena Lehane wears Stavroupolos' very bare, chiffon evening dress, enhanced by rhinestone and ruby accents.





Above: This vivid red chiffon gown by Stavroupolos features a delicately embroidered sheer bodice and full, textured sleeves.

Left: Cascades of pale pink chiffon gather and fall from this strapless gown by Stavroupolos, complemented by a matching chiffon scarf. **Below:** Carolina Herrera's white silk gown features clean, sleek lines and is worn with Bulgari's twisted pearl necklace with antique Greek coin clasp surrounded by diamonds.



BY BETTY YARMON/PHOTOS BY AKIRA SUWA

Greek-born George Stavroupolos and Venezuelan-born Carolina Herrera are fashion designers who share international appeal . . .

Stavroupolos is best known for his draped chiffon gowns. He believes that women should never look 'trendy,' but always feminine. In fact, he believes a woman can never look too feminine — an attitude his soft couture collections reflect.

A newcomer to fashion design, Carolina Herrera sprang to attention as a designer two and a half years ago when *Palm Beach Life* introduced her on its fashion pages. A Venezuelan socialite, Ms. Herrera had been steadily included on lists of the world's 10 best-dressed women. It is from her strong ties with the couture world that she ventured forth as a designer in her own right. Probably her most identifiable styles are the huge Elizabethan sleeves gracing many of her designs and always flattering the women who wear them.

This month's fashions were photographed at the penthouse apartment of interior designer David Laurance on socialite Helena Lehane. A native of Massachusetts, Helena divides her time between New York, Palm Beach and Southampton. □

All fashions are available at Martha, Palm Beach and New York. Jewelry is by Bulgari, and hair and makeup (in Germaine Monteil's champagne tones) were designed by Diva of La Coupe.

A Mini Ocean Liner Big on Style

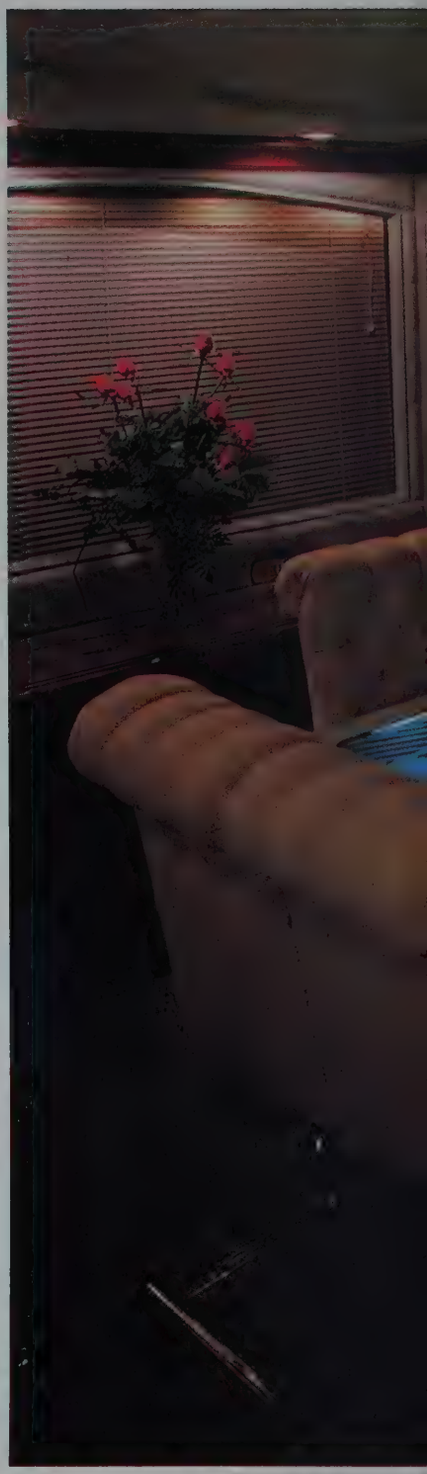
GULFSTREAMER II

BY DORIS JOHNSON
PHOTOS BY MICHAEL DECOULOS



STEPHEN LEEK

Built by Italian designer-builder Benetti in Viareggio, Italy and restyled in America, the 114-foot *Gulfstreamer II* creates her own dazzle during a tranquil Florida dusk.



When the *Gulfstreamer II* cruises into port, everyone listens — it's the hush of royalty making the grand entrance. She is regal. She is dazzling. She has European style and American dash. When the elite of the boating world gather at Newport for America's Cup races, *Gulfstreamer II* commands one of the prized vantage points at Christie's. Wherever she goes, she goes first class. But then what would you expect of a mini ocean liner in the more than $5 million category?

Created by Italian designer-builder Benetti, the fine hands of old-world craftsmen are evident throughout the 114-foot luxury yacht. Hand-rubbed rare woods are molded to fine paneling and cabinetry. Baths are marble with bronze or silver fittings. The galley is suited for the discerning French chef. There are four double staterooms with full baths. Even the crew's three double cabins with full baths are finished in mahogany and serviced with a full crew galley and laundry.

Every modern device for comfort and safety at sea is within arm's reach from any part of the ship, including the newest navigation and communication systems. But the ship was not always as spacious and sparkling as it is today. In its initial building phase, the ship's interior took on an almost turn-of-the-century ornateness, heavily paneled and compartmented to the point of gloominess. The original owner could never decide what he wanted and made dozens of changes during the two years of construction.

In 1981, the ship left the builder's yard and headed straight for a new American owner and into the skillful hands of marine interior designer Susan Puleo of Fort Lauderdale. Ms. Puleo is fearless in her pursuit of comfort, elegance and livability. She first removed the upper-deck swimming pool which she said was too shallow for real swimming and a waste of space which could be utilized for living and entertaining.

Marine interior designer Susan Puleo likes space planning and architecture incorporated with art. She removed two bulkheads to create the spacious dining salon which features her own designs in sculptured glass and fiber optic lighting. Dining table and Lucite optics crafted by European Quality of Hallandale. Chairs are by Pace.





STEPHEN LEEK

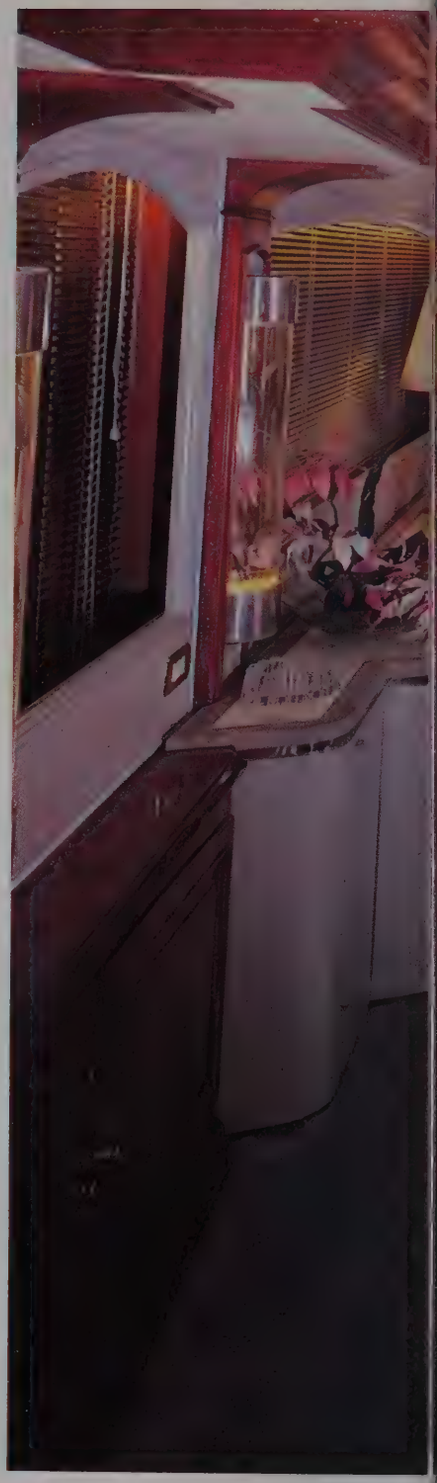
Left: Lower-deck stateroom features sculpted mirror headboard lighted by solid Lucite half-round columns. Wallcovering and hand-painted fabric are from Spanier Williams. **Above:** Main salon bar was replaced by refrigerated serving unit on aft deck. Ms. Puleo designed the cabinetry of African mahogany with solid brass surfaces and trim.



Lower-deck double stateroom in silver, blue and white is expanded by mirrors and unusual lighting.



The captain's stateroom on boat deck is a marvel of light oak with a ceiling in bronze. Glass enclosures allow 270-degree vision of port, starboard and aft. Bayberry Fabrics.



Another daring stroke was complete removal of heavily paneled bulkheads between the main dining and living salons and a small entryway, bringing light and spaciousness to the main deck. Her objective was to achieve lightness and contemporary elegance in place of the overpowering darkness of paneling everywhere.

Ms. Puleo redesigned the entire ship, retaining as much of the European cabinetry and fixtures as possible. Lightness was achieved by upholstering over parts of paneling in pale pure silk. She designed fiber optics in the form of Lucite cylinder sconces and railings and added mirrors and lighted surfaces. A pale gray and blue color scheme enhanced the air of spaciousness.

She corrected what she thought was a serious omission — a main deck powder room — by combining a small space under a stairwell with a space that was formerly the "bodyguard's room" (a space just outside the master state room large enough for one person in a chair!). The result was a mirrored marble gem complete with silver lavatory and fixtures.

Susan Puleo is an artist and sculptor whose interiors become the art form. "My work is my art," she says. "I live it 24 hours a day. I have a thousand ideas and I feel I must bring every one of them to life!" She designs most of the furnishings and all the lighting and architectural additions.

Ms. Puleo has designed some of the world's most prestigious yachts and it is her art which makes them unique. She divides her time between boat yards on two continents, making her life as exciting as the lives of those who cruise to all the right places surrounded by her art forms. □



Above: Spaciousness and light were achieved in main salon by removing bulkhead between living and dining areas and upholstering over dark paneling with pure silk. Satin-finish mahogany moldings and cabinets were crafted by Benetti. Ms. Puleo designed the free-form acrylic cocktail tables to incorporate two signed bronze standards. An optical illusion is created by painting of a window placed above Lucite stairwell access to lower deck. Aft bulkhead and door feature multibeveled pane glass set in mahogany. Custom carpets throughout are by Paul's in Fort Lauderdale. **Left:** Master suite is forward on main deck with full telecommunication system built into bedside cabinet. David & Dash wallcovering and fabric continue blue and white color scheme.

Planes and trains may be faster but cruising coddles the soul . . .

SEAING IS BELIEVING

STORY AND PHOTOS BY SUE WHITMAN



Above: A superstar among cruise ships, the *Vistafjord* was built in 1973 at an original cost of $40 million. **Top:** Stockholm, Sweden was one of eight ports of call made during the 14-day cruise. This street scene in Stockholm captures the old-world ambience passengers enjoyed during their travels.









Top left and right: Curious passengers made their own "personal discoveries" at the various stops — such as this communal square in Copenhagen and colorful outdoor cafe. **Above:** While in Leningrad, many toured Petrodvorets (formerly known as Peterhof, the summer residence of Peter the Great) — a focal point of which were the gilded statues and surrounding fountains.

Mary B. went aboard the *Sagafjord* for a Mediterranean cruise on Sept. 23, 1978. She has remained there ever since, leaving only when the liner is in drydock. Mary B. pays for each cruise the ship takes throughout the year and considers she has discovered the best of all possible worlds . . . a floating one.

Seaing — or cruising — can become addictive. For many people the question is "to tote or not to tote?" Is it better to move from airport to airport, meet time schedules, be hassled by crowds of tourists, confront possible delays and long waits for luggage — or travel on a ship and unpack once?

It's a soul-searching dilemma. Flying gives you more time to see as much as possible — to visit more museums, cathedrals and famous sites. For others the convenience, coddling and conviviality of a cruise is more than enough compensation.

The fabled era of luxury liners has passed into romantic lore. Liner buffs like to recall the time when Queen Marie of Rumania boarded the *Leviathan* in 1926 with 90 trunks, and when *bon vivant* Lucius Beebe wrote, "Twenty pieces of luggage are an absolute basic minimum for social survival."

Then there is the tale about Marjorie Merriwether Post, who told the *Kungsholm* officials in 1963 she would only consider traveling on the liner for a 45-day cruise if she could redecorate her accommodations. She was given the go-

(Continued on page 108)

THE ULTIMATE CHARTERS:



Above: The 99-foot motor sailer *Fei Seen* was built in 1961 for New York Yacht Club Commodore Huntington. Recently refurbished, the yacht sleeps six in comfortably appointed staterooms. "We are roomier than a sailing yacht of the same length," notes Captain William Nelson, pictured here (inset) with his five-member crew.



They provide the luxury, you plot the course . . .

BY ANNETTE BARTLE

They are called *Fei Seen, Bonheur* and *Orphee* and their romantic names match their romantic ambience. They are among some 500 luxury yachts available for charter almost anywhere in the world — from Sudu Adasi and Fiji, Monserrate and Cartagena, Sydney and Kota Kinabalu to the Bahamas, the Virgin Islands, the coast of Maine or Palm Beach.

Not long ago the very rich were the only ones to own luxury yachts. Then the costly pleasure vessels became quite affordable to businessmen who could claim them as tax deductions. Jimmy Carter put an end to this, however, as he put an end to presidential yachts, so that many a splendid ship sailed no more.

But the elegant yachts are returning. Some are newly built; others are old beauties lavishly renovated. Only this time around they are working boats that earn their keep. They are fully crewed yachts for charter. Present IRS ruling allows deductions for expenses related to chartering for business purposes, and that can mean anything from a cocktail party for prospective clients to a seminar for employees to entertaining your client and his family on a Mediterranean cruise.

Private charters for sheer pleasure are also on the rise; many find cruising on a yacht more rewarding than the traditional vacation.

You don't need to know that a kitchen is a galley or the toilet a head to enjoy chartering a yacht. Built for world travel and manned by expert crews who can sail the seven seas, today's sophisticated pleasure crafts are equipped with marvels of electronic technology rivaling those of commercial liners, and spelling safety, comfort and entertainment.

You'll find satellite navigation computers, weather-map receivers, worldwide communication equipment, electrohydrolic stabilizers, reverse osmosis







Top: Ten guests can take to the seas on the 110-foot motor yacht *Bonheur*, owned by New York restaurateur James Brody. **Middle and above:** The salon and dining room project a relaxed atmosphere, while a six-member crew provides all the comforts of home.

Below: The 90-foot motor yacht *Sun Dream* boasts many features, one of which is the 'larger than life' chessboard on the sundeck. **Middle:** *Sun Dream's* salon and afterdeck convert to conference rooms for the many corporate charters arranged.







Above: The French Riviera's 88-foot *Concorde* is built of aluminum and teak to resemble a maxi-racer. Designed expressly for charters, her compact cabins sleep 12 and her instrument panels are certain to please even James Bond.

'Some are newly built, others are lavishly renovated . . .'

watermakers and telephones and televisions in every cabin.

Individually controlled air-conditioning and heating is de rigueur. Galleys have microwave ovens, huge freezers, vegetable rooms and mini wine cellars. To keep you amused there are audio and video centers complete with hundreds of current films and, of course, video cameras to record your own movies and view them.

The right place, the right boat and the right crew are the main ingredients for a successful charter. To zero in on these you need the right charter broker. Every reputable broker has access to just about all the available yachts anywhere — there are few "exclusives" — so it is up to you to choose the broker with whom you feel comfortable. Try to meet him in person or talk to him or her on the phone. Let him ask you a lot of questions, and ask just as many.

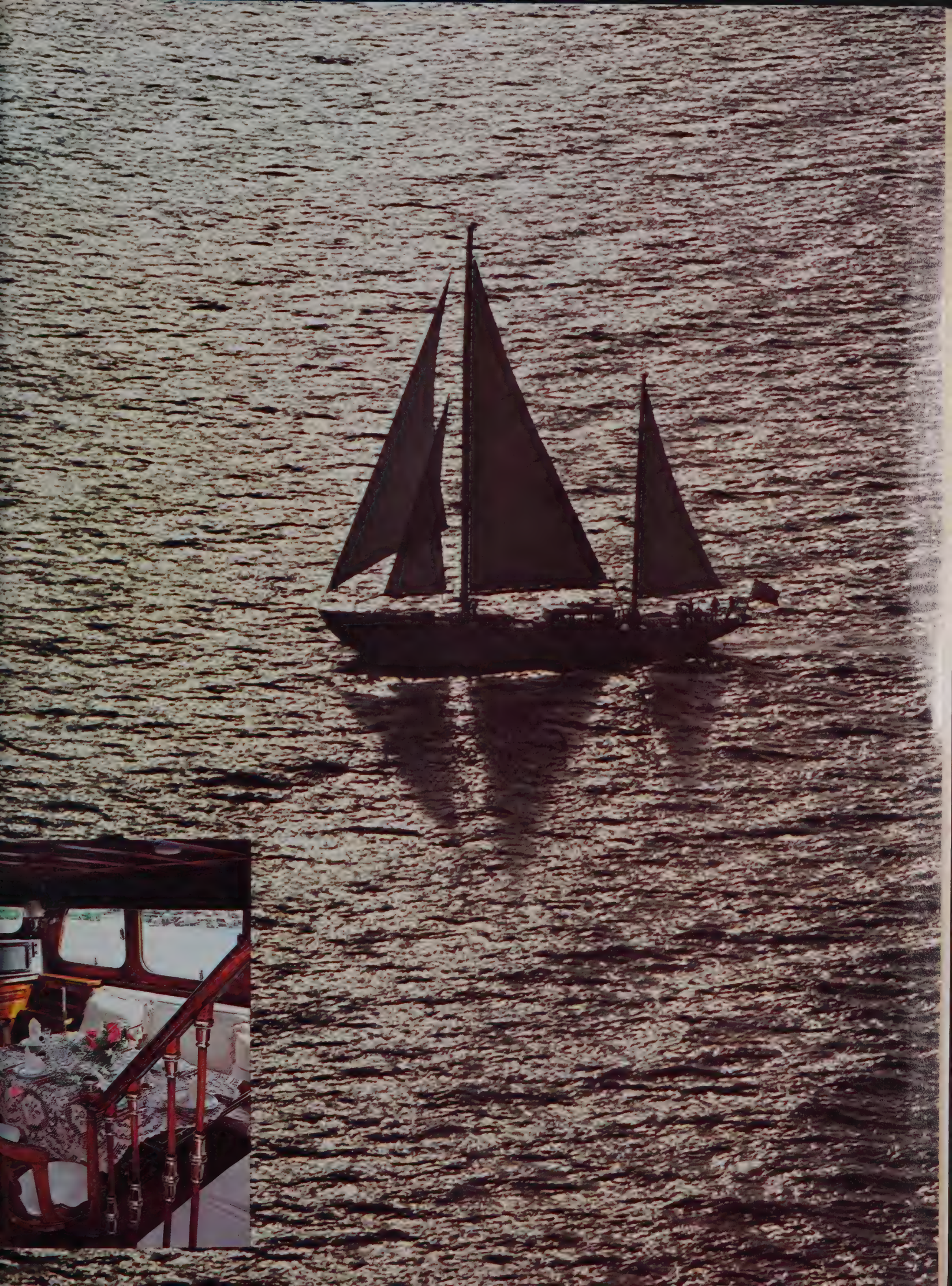
"Our long talks with the broker really paid off," William Coglizer told me after just having returned from a sailing holiday. "We had never chartered a yacht before and we really had no idea what we wanted. The broker was patient and very knowledgeable. The result was the greatest vacation we had ever had — well worth every penny we spent."

A family of five, the Coglizers cruised for eight days in the British Virgin Islands after making telephone arrangements from their California home with the Whitney Yacht Charters based in New York and Chicago.

"We welcome exchanging ideas with prospective clients," Judy Whitney said when we met in her New York office. "No subject is too silly or too insignificant to discuss. Whatever is of concern

(Continued on page 101)

Right: *Orphee,* formerly the pleasure yacht of Christian Dior, is a landlubber's dream. The 96-foot yacht provides elegance at sea (inset), including lace tablecloths, Baccarat crystal and Limoges china.




MOËT

Gourmet on the Go



Left: The Gourmet Galley features a range of boat and plane fare — from mouth-watering Florida fruits to delectable seafood specialties. **Top:** Owner Libby Thompson with sister and partner Sylvia Barjun. **Above left and right:** Chef Joe Dillon adds a cucumber garnish to a platter of fresh snapper while Mr. and Mrs. Edward Rabidoux of Palm Beach enjoy a Gourmet Galley plane 'pack' — a tasty seafood platter with champagne.

STORY AND PHOTOS BY ROSA TUSA

Today, people want to dine aboard their plane or yacht as they would in the comfort and accustomed style of their own abode . . . and why not? There are lavish repasts and tasty tidbits available to meet a variety of tastes and temperaments. Whether you choose a casual luncheon fare for an afternoon's excursion on the lake or a royal feast for six aboard a 60-foot yacht, there are elaborate packages which come ready-to-serve or caterers on hand to prepare and serve your menu for you.

For those who like to dabble in their own galleys, Publix Markets feature a Yacht Pak, replete with the quality fare and convenient planning a seafaring cook would want. This includes custom wrapping and freezing meats solid in the proportions needed for preparing individual dishes.

The Gourmet Galley, a chic emporium which opened recently in the Palm Beach Hotel, is an example of a local catering service (and retail fish market) which accommodates almost any landlubber's whim or occasion — but its strong suit is its boat and plane packs.

Boats and planes are crafts Gourmet Galley owner Libby Thompson knows well; she and her husband Lee, a West Palm Beach attorney, are licensed pilots as well as boating and fishing enthusiasts. "We are into big-game tournament fishing," Libby remarks, "and as

(Continued on page 122)



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Phillips Point

The Plaza

Flagler Center II

St. James Residence

Flagler Center

St. Andrews Residence

The Pennsylvania

Noreen McKeen Residence

Palm Beach County Governmental Center

Helen Wilkes Hotel

Northbridge Centre

Waterview Towers

Barnett Centre

Lalique

By the year 1990, it is likely that visitors will be coming to West Palm Beach for more than just the sun. They will be traveling from points around the country — or even the world — to take care of business in one of North America's thriving metropolitan centers. The idea may appear more likely by the year 1985 when the skyline of West Palm Beach will be altered dramatically by exciting and lavishly designed new superstructures.

Six high rises of 10 stories or more are under construction along Flagler Drive between Royal Park Bridge and Flagler Memorial Bridge. The buildings all occupy locations to the west of Flagler Drive which has come to be regarded as a valuable asset. Citizens and commissioners agree that efforts should be made to maintain its natural beauty.

The Barnett Centre at Flagler Memorial Bridge, the smallest of the new structures, will provide 86,000 square feet of office space. The majority of the high rises, however, follow a mixed-use plan, the purpose of which is to provide a wide variety of services under one roof. Most of the high rises will be dominated by offices, one by condominiums.

The general feeling is positive and the hopes are for a revitalized downtown West Palm Beach area. One such positive opinion comes from George Greenberg, president of Pioneer Co. which has occupied its address at 210 Clematis Street in the heart of the downtown area since 1934: "I think this growth on the skyline is a psychological boost to most of the people in the city. Whether it be Atlanta, Boston, Chicago, when you visualize any of the cities that you've been to, what you visualize is the downtown area. The shopping centers and the shopping malls and all the sprawl in the outlying areas is not the city. What you remember is the downtown."

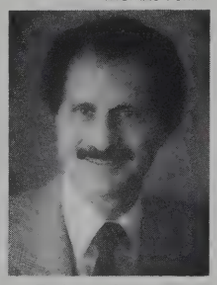

Thomas E. Rossin

Although Thomas E. Rossin is new to the area by Greenberg's standards (Rossin has lived in the area 20 years), he agrees with the same concept of growth, "A city either dies or it grows. There's nothing in between. Either you're going to have a dynamic, revitalized, exciting city or you're going to have a slum." Rossin is the president of Flagler National Bank which is currently occupying its new six-story office building on Flagler Drive. "When this building started, it was the first new office building in the city of West Palm Beach in 40 years," claims Rossin. Flagler Center II, a 15-story office and commercial complex, is currently under construction next door to its predecessor.

Just south of Flagler Center II, the lavish Plaza is nearing completion on the first of its twin 32-story towers. The Plaza which touts itself as, "The only address in Florida that gives you a reason to look down on Palm Beach," is geared to luxury. Its gatehouse and security system are minor extravagances. The lobby rises four stories and The Club, which overlooks Lake Worth, is equipped with billiard table, stock ticker, Quotron and large screen projection television to serve the residents of its condominium units.

The other mixed-use structures going up along Flagler do not contain living units. Not only is The Plaza's mixed-use concept different, but Bob Armour, president of Armour Development Associates, claims it differs from any condominium in the area. "Up to this point, the more conventional way of building condominiums has been to plunk them down and separate them from the rest of the community. This condominium was designed so that the restaurant and the offices and the shops are available to the public and become a part of the downtown core."

THOMAS PURIN


Robert Armour

Public opinion has not totally favored construction of the 32-story towers, just as various voices have spoken out against each of the high rises. The major gripe against The Plaza has been its large base and what many people consider an unattractive parking garage overlooking Olive Avenue. Armour's response to such complaints is positive: "We're putting retail facilities such as restaurants and sidewalk cafes along the base of the building and inviting them (the public) in to use the building. I think in the final analysis you can bring more people to the area who will be able to sit here and look out and enjoy the lake than if we had greater setbacks that we simply landscaped and did not open to the public."

Although Armour addresses himself to the argument, the opposition contends that setbacks (the distance a building sits from property lines) notwithstanding, the structure is simply too big. The fact that the facilities in the base of the structure are open to the public will please many since it is the only entrance they will have to the condominium complex which sells its two- and three-bedroom units for $300,000 to $500,000, its penthouses for somewhat higher, and its two grand penthouses for $1,250,000. Such prices haven't scared celebrities like Victor Borge and Bobby Riggs who have both purchased units — but not the grand penthouses (although one has been sold).

The only other condominium high rise along the developing section of Flagler Drive is Waterview Towers which was completed in late 1981. Waterview Towers was the source of a great deal of controversy due to its position on the east side of Flagler Drive directly overlooking Lake Worth. The land which Waterview occupies was originally leased to a company from Hartford, Connecticut according to Rick Remirez, marketing director for Waterview Towers. When the lease was sold, the town encouraged the new owners to build. Explains West Palm Beach Commissioner Dwight Baber, "The downtown was in need of some kind of impetus, and I guess at the time they thought that was the correct one."

Waterview sold out quickly and Remirez views the building as a positive statement of West Palm Beach's potential. "I think we proved that it was definitely the place first-class development should occur. Waterview Tower plays an important role because it awakened West Palm Beachers to the implication of downtown. Before, they had thought of it as low-priced. Waterview Tower brought luxury. Marketing was easy."

Jack Pearlman, executive director of the Downtown Association, agrees that the success of Waterview Towers gave others the courage to build. "Waterview set the tone for quality," he says.

Proponents of a clear view of the waterway frown on any structure built east of Flagler. Remirez, however, feels that the view was already restricted by the marina building which occupied the site before Waterview. He echos the views of many developers when he claims that it is no easier to see through a one- or two-story building than through a high rise.

Commissioner Baber, who was not in office at the time of Waterview's construction, reacts as an architect to such claims: "That's a specious argument. Obviously a building that size is a lot different. You've got other considerations besides just being able to see over the top of it. A building like that casts a tremendous shadow. If you wall off across there, which is pretty well hap-

SKYLINE 1985

BY NORAH HARDIN LIND

pening along Flagler, then I think you tend to blight the area behind you."

Baber is currently working to enact an ordinance which would allow for a high rise to occupy no more than 60 percent of the ground area. He says the ruling which is expected to pass imminently would prevent a shadowing of the downtown area.

More important than Waterview Towers to the revitalization of the downtown area of West Palm Beach was the commission's success in committing the different government facilities to the downtown area. Says Jack Pearlman of the Downtown Association, "The future of downtown was signed, sealed and delivered about five years ago. At that time we had been able to get into the downtown every government complex in the state. We have a new state building, a new city hall and we're just in the process of finishing a new county administrative complex downtown."

The government buildings bring in not only workers to fill their offices, but lawyers, accountants and various other professional groups which need to be near the government's core. States Pearlman, "Whether we want it or not, building is going to come into downtown — an unbelievable amount. So, know it, accept it and make a plan for it. Downtown West Palm Beach, whether we want it or we don't want it, is going to become the hub of Palm Beach County."

Such positive thinking assures many that the new office high rises will be filled quickly with tenants. But a publication of the Associated General Contractors of America, *OUTLOOK,* asserts that its studies predict that greater West Palm Beach can expect to absorb only 300,000 square feet of office space annually during the 1980s. Harry Hamilton of Intracoastal Associates, developers of Northbridge Centre, though, is unconcerned by *OUTLOOK's* findings. Phase I of Northbridge is an office tower encompassing approximately 240,000 square feet of office space. Adjoining the structure will be the four-story Pavilion Building filled with boutiques, banks, restaurants and an outdoor cafe.

If the entire West Palm Beach area can be expected to absorb only 300,000 square feet of office space annually and Northbridge Centre is one of many enormous high rises, one might justifiably ask how such a vast complex expects to fill its space rapidly. Harry Hamilton responds, "I think it's very simple ... We're willing to share the wealth. There's an expression that pigs get fat and hogs get slaughtered. We're willing to bring in firms and say to them, 'Look, why don't you take a piece of the action. Instead of gathering rent receipts that go in the drawer, why don't you build something for your future by being part of us?' " Hamilton is referring to the lease/equity concept which he found to be enormously successful in the development of the Concourse buildings.

KIM SARGENT



Harry Hamilton

The 20-story Northbridge Centre tower which is the first office tower in the West Palm Beach area with all-glass exterior walls, is also the only structure being built on Flagler to offer its tenants a piece of the action. Hamilton explains the set-up, "If you have a professional group that has a longevity of 15 or 20 years, then you have the opportunity to enter a long-term lease on a full floor of our property and that would entitle you to become one of the partners."

To enjoy the equity plan, a company must commit to at least 10 years occupancy of its floor, whether the company fills it for the full time or subleases it. Developers of the "darkhorse" Northbridge, so called for its grey windows, brag that its office tower which should be completed by July of 1984 is already 65 percent leased.

Located at the entrance to Royal Park Bridge is another architecturally splendid superstructure. Phillips Point which will rise 14 stories, will offer 400,000 square feet of office and retail space. Phillips Point was geometrically designed without front or back to offer views of Lake Worth and the Atlantic. Claims John Barrett, vice president of leasing for Phillips Point, "This is going to be the finest office building in the state of Florida because of the design and the amenities that we're offering."

Goodman Company, developers of the Esplanade in Palm Beach, is constructing Phillips Point which called for the largest single concrete pour in the history of Palm Beach County. Indeed, its size is the factor upsetting many area residents although Robert Sanders, chief operating officer of the Goodman Company, feels that, "when this is completed, there will be very few citizens against it. I think they will be very pleased with it. The city of West Palm Beach was passed over in the '50s and in the early '60s when other cities in Florida really started to spurt ahead, and now it's their time."

Many area residents wish that the time had not hit them with quite the force it has. The original plans for Phillips Point called for a ground coverage by the structure of 95 percent with eight-foot setbacks. That plan was not passed and was amended to the current dimensions of a 49.6 percent coverage of the 3.1 acres of Phillips Point. The setbacks which range from 55 to 150 feet are now averaging 105 feet. A city park comprising one acre which adjoins the complex will be maintained by the Goodman Company.

The dimensional changes in the structure were rejected by the planning staff, but accepted by the planning board and the commissioners who have the final say. City Planner Jim Polatty admits, "We're at a real crossroads right now. What happens in downtown West Palm Beach by and large depends on decisions made in the next two years."

Bob Mardis, president of the 900-member Citizen's Coalition, believes that the city made the wrong decision when it approved the plans for Phillips Point. The issue involves the building's placement which the coalition claims is inappropriate according to the guide-

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Tim Fortune, the illustrator of our skyline foldout, is an artist who explores many mediums. He has exhibited paintings, lithographs, drawings and etchings in New York and Italy.

MORT KAYE



He discovered his artistic talents while an undergraduate at St. Michael's College in Vermont. Following experience as an artist and draftsman for Palm Beach architectural and development firms, he earned degrees from Temple University and New York University.

He is currently at work on a proposed sculpture for Art and Public Places (a committee of the Palm Beach County Council of the Arts).

lines laid out in the City Center Plan which is an element of the City of West Palm Beach Comprehensive Plan.

The generalities so prevalent in the old plan are one of the reasons a new plan is in the works. Joseph Hughes, director of Building and Zoning, describes the plan which was in effect at the time Phillips Point was approved as "very loose. Any 10 different people can interpret so many things in different ways." The purpose of the plan, however, is stated rather clearly in the Plan itself: "The City Center Plan shall serve as the official statement of the city's goals, objectives and policies for the continuing development and redevelopment of the City Center."

Although generally vague in its statements of purpose for land use, the Citizen's Coalition contends that the City Center Plan becomes clear and specific about the restrictions for the area of land known as Phillips Point. Although several guidelines would indicate that overbuilding has occurred along Flagler Drive, the Citizen's Coalition president points to one specific line in the Plan: "The Christian Science Church and grounds should be preserved as a landmark and as the visual focus of the Phillips Point area."

Large projects are generally granted Downtown Planned Unit Development (DPUD) status exempting the developers from strict adherence to the zoning regulations of the area in which they intend to build. DPUD is designed to handle each case individually, although at times the label would seem to be no more than an escape hatch allowing developers to build whatever they like.

Phillips Point applied for and was granted a DPUD. The question then becomes: Is the City Center Plan still an important consideration even when a DPUD is in effect? According to a source knowledgeable in the city government who prefers to remain unnamed, the City Center Plan should override a DPUD.

The Citizen's Growth Management Coalition feels that since the parking garage at Phillips Point is taller than the Christian Science Church and the church occupies a far smaller area of land than the new project, it is impossible that the well-known landmark will be the focus of the neighborhood once the high rise goes up. Commissioner Baber admits, "The church is going to be pretty well sand-bagged in."

The Goodman Company is confident in their right to build, and construction on the two towers is moving full speed. The differences of opinion are understandable, explains City Planner Polatty, "Any time a city grows, there are always growing pains. We're having them here and we've been having them for years."

To control building until the new City Center Plan is adopted, a moratorium has been placed on new construction east of Flagler Drive. Scripps-Howard appears to be the only real loser in that decision. In November, the company submitted plans to build 16- and 18-story office buildings. The moratorium prevented them from constructing the high rises in the same location currently occupied by WPTV (Channel 5).

The city is pushing for a new plan which will clearly spell out what will and what will not be acceptable structures. Says Jack Pearlman, "If they adopt an honest City Center Plan, downtown will be magnificent. If they go the way they're going right now, downtown will be a mess. Am I for development? Absolutely, because we're committed to development. You cannot stop it. So let's do it correctly."

The townspeople of West Palm Beach are growing increasingly concerned about the future of their downtown area. Commissioner Baber says their interest in controlling development contributed to his victory at the polls: "The controversy with the skyline was a major factor in my being elected. I'm for controlled growth, not rampant growth." His selection might have been a wiser move than many residents realize since, as Baber himself explains, "The ultimate power lies with the commissioners."

It would be difficult to find anyone more qualified to describe downtown trends than George Greenberg whose father opened Pioneer in 1912. Greenberg has seen the past of the downtown area, but he feels it is time to look to the future. "Some of the people would like to keep the small-town atmosphere. I think that this is a growth that is natural to a community that's growing and thriving. We're fortunate we're not in a town where we have a single industry and there's so much unemployment that people are leaving the town. We have the opposite pattern here — people are coming in."

There seems little question that the downtown area is in for a growth spurt. Many of the developers building on Flagler Drive have plans for future downtown developments. Harry Hamilton of Northbridge Centre envisions a hotel for businessmen and a condominium complex for young professionals — and he has the land to build them.

With the offices and government buildings will naturally come a flow of people who also want to live downtown and be entertained downtown, in the daytime as well as in the evening. The growth cycle has begun, but it may be some time before all the residents of West Palm Beach accept it. Dick Lepeska, project coordinator of Barnett Centre, is pleased with the changes. "I've lived here all my life. I've got a real affinity for downtown West Palm Beach and I think the future of the downtown area is extremely bright. I'm delighted to see these projects being built because I think it's going to bring a lot of interest back into the downtown area."

CRAIG STANFIELD



Dick Lepeska

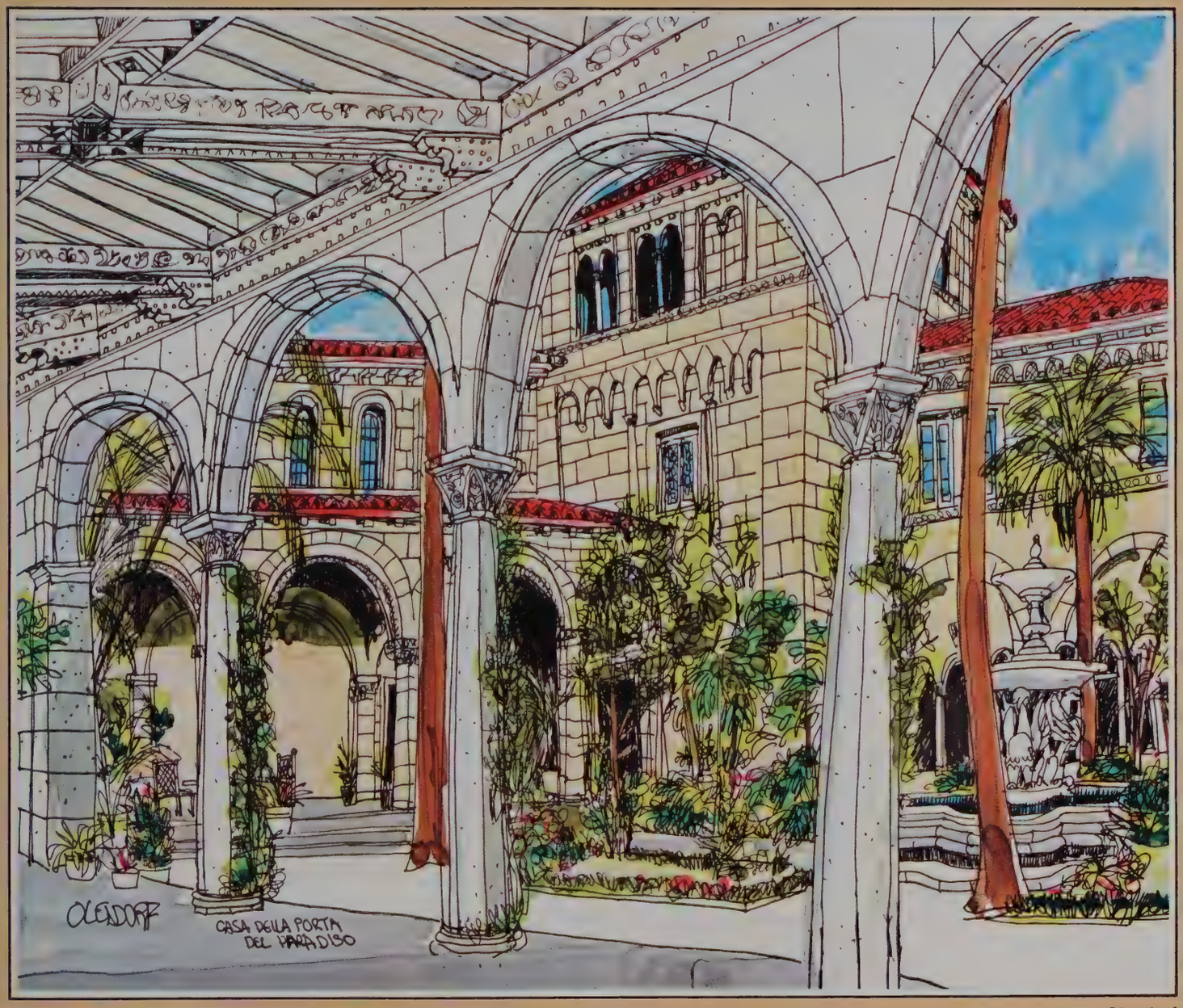
Lepeska feels the adverse reaction of some residents is understandable. "I think it's an emotional reaction. The communty is changing and people are very reluctant to see change occur."

Certainly steps must be taken to insure growth is handled in the best interest of the community. Controlling growth on the east side of Flagler Drive is foremost in attaining that end. The only building that is currently a possibility under the imposed moratorium is a second Waterview Towers building which could be constructed to the south of the existing structure. Since the city leased the ground on which the high rise stands, and they approved the current structure years ago, it is likely that a grandfather clause might allow the building of its twin. Commissioner Baber feels that the strength of public opinion opposing such a construction would prevent the owner from erecting another condominium high rise.

The future looks active for West Palm Beach. The biggest question is why it has taken so long to evolve. Dick Lepeska voices the feelings of many residents when he says, "West Palm Beach has the physical attractiveness that you don't find in a lot of areas. You've got two major bodies of water, some nicely designed buildings, and you're in the heart of the business region for the largest county east of the Mississippi River. My vision for the future is very bullish on Palm Beach County." □

Norah Hardin Lind is a free-lance writer and the managing editor of a quarterly publication in Hobe Sound. Ms. Lind runs a general copy-writing company called Writing Services.

Regional Forecast: A GUIDE TO THE GROWING REAL ESTATE MARKET



Casa della Porta, the palatial Palm Beach villa built in 1928 and designed by architect Maurice Fatio, is sketched by artist Bill Olendorf.

As increasing numbers of new residents arrive in Palm Beach County to buy their own piece of paradise, the real estate market looks more and more promising. In this Special Section, we ask the experts to forecast its future . . .



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SOUTH FLORIDA REAL ESTATE:

On the Rise and Still Climbing

BY DORIS KIDDER JOHNSON

Want to know the state of real estate in south Florida? Ask the president of the Homebuilders and Contractors Association of Palm Beach County. Charles Adams makes it his business to know what's happening with regard to population shifts, building trends and housing markets nationwide. "All indications lead to the same conclusion," he says: "California is past, Texas is present and Florida is future." His colleagues concur. Barkley Henderson, executive vice president of Associated General Contractors of America (Florida East Coast) says: "Based on numbers of people and volume of building permits, the market has never been stronger."

The Area Planning Board confirms that in Palm Beach County more than two thousand new residents continue to arrive every month. Building permits have increased about 90 percent during the first six months of 1983 compared to the same period in 1982. Although builders and brokers generally agree the key to marketing this new construction is interest rates, there are exceptions.

The town of Palm Beach for example is not necessarily affected adversely by high interest rates. Martha Gottfried, with selling offices in Palm Beach and throughout the area, says the mortgage slowdown did not cause a "downswing" in Palm Beach. "Astute buyers recognized that the market had bottomed out and purchased properties at very good prices. As a result, 1983 has been our best year ever."

Stephen Cutter of Cutter Real Estate in Palm Beach says the 1983-84 "season" will be even better. "The real estate market lags behind the stock market by about six months," he said, "so those who were taking profits between August and February last year were not investing in real estate until almost the end of our season. They invested back home or in other luxury markets during spring and summer, but they will be buying in Palm Beach this season."

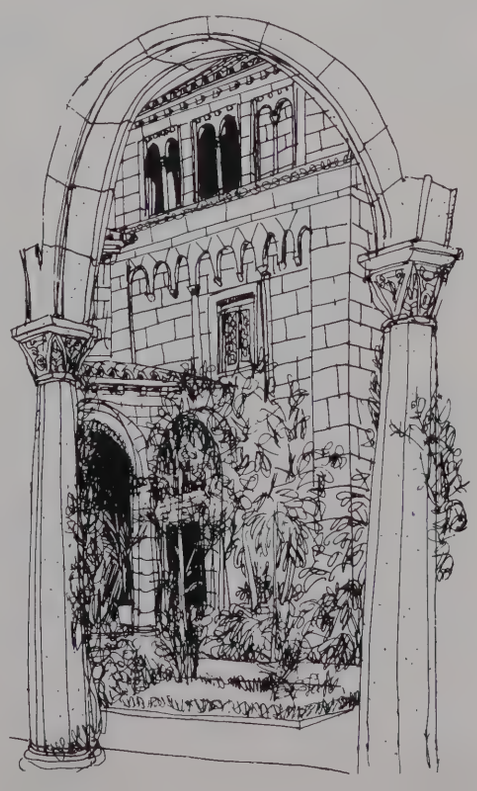
Bob De Mario of De Mario Realty says interest rates have little or no effect on housing in the $800,000 category. "These houses sell faster and close faster because the buyers seem to have ready cash or can get the cash easier. Buyers in the $300,000 to $500,000 category are more apt to shop for mortgage money, and if the rates are not attractive, they may not purchase."

J. Anthony Boalt of Boalt Properties in Palm Beach says that interest rates are always a factor — real or psychological — but not a major factor. The market here offers what people want in quality, variety and amenities."

Historically the Palm Beach lifestyle was available to the select few who could afford a 30-room mansion on the ocean or lake. Condominium apartments have opened many a Palm Beach vista to those who want a smaller piece of paradise with virtually no upkeep.

Dorothy Gulden of Gulden Real Estate says the reason people like condominiums is primarily for the security they provide and the services they offer. "They also like the freedom a condominium offers," she says. "With the turn of a key, they can fly off to their other ports of call and not be concerned about maintenance."

Ms. Gulden, known as "Rusty," says prices of condominiums depend on a great many variables, with apartments closest to the center of town being in most demand. "Prices in the center of town range from $300,000 to $500,000 with some offered at less and quite a few offered at more. Some of the variables include the age of the building and density, whether it's located on the ocean or lake, whether it's a high-rise or mid-rise and what amenities are being offered."



If your price range is under $200,000 the possibility of finding something in Palm Beach proper is minimal according to Gladys Craven, owner of Lake Realty of Palm Beach Inc. "There are a few one-bedroom or studio apartments available in some of the older buildings in town and south of town, but generally prices range upwards to $2,000,000 in the newer buildings in town. Location and view dictate price," says Ms. Craven.

A recent report on the Palm Beach County area housing market reveals that while more expensive condominiums may sit waiting for buyers, more modestly priced units are being sold almost as quickly as they are built. The Reinhold P. Wolff Economic Research firm's housing market survey reported only a two month supply of completed condominiums in the $70,000 and under price market, with builders rushing to complete more. Obviously it is this Palm Beach County area market that is absorbing the two thousand plus new residents every month. It's a price range that represents the amount of equity and profit realized from 15 or 20 years of home ownership (and the sale of the house in the North).

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Even the rich and famous have discovered the attractions of the Greater Palm Beach area. The Palm Beach Polo and Country Club in Wellington is located 15 miles west of the oceanfront mansions, with 11 polo fields, horseback riding, jogging and bicycle trails, and tennis, squash and racquetball courts in addition to the golf course and country club. Among the owners of villas are Merv Griffin, Zsa Zsa Gabor, Henryk de

(Continued on page 8RE)



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(Continued from page 3RE)

Kwiatkowski (owner of last year's Belmont winner, Conquistator de Cielo) and Sir Raymond and Lady Brown (their son Martin is a teammate of Prince Charles).

During polo season a steady stream of Rolls Royces run the course between the games and receptions at Palm Beach Polo and Country Club and the grand charity balls on the ocean. The effect of this broader sweep of glitter and style opens new opportunities for selling Palm Beach "chic" in other than intown, oceanfront properties.

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Wellington offers one of the widest range of choices within a single community, with townhomes and villas, patio homes, condominium apartments and private homes on secluded acres. Each community offers its own amenities and price ranges, and each is developed by independent firms. Some builders like Advent Construction build custom homes one at a time in the manner of old Palm Beach craftsmen. Clark Ries is a master builder who takes pride in the quality and workmanship of his homes, which are styled to individual tastes and requirements. Prices start at $130,000.

Driving south to Boca Raton, luxurious suburban communities offer village-like atmospheres with housing



perched on lakeshores, canals, golf greens or tropical gardens. Housing prices range from as low as $50,000 to as much as $1,500,000.

Woodfield Hunt Club is an exclusive development that offers spacious, custom homes in a variety of styles. Prices here hover around $350,000 for homes that include about 5,000 square feet of living area, three-car garages, swimming pools and the finer architectural details. Builders can offer more house for the dollar where large tracts of undeveloped land can be purchased and developed for less than the cost of a small parcel of oceanfront. Palm Beach County is rapidly running out of waterfront properties of a size that makes development economically feasible.

Some large tracts of oceanfront property are available about 15 miles north of Palm Beach in the Jupiter area, home of Burt Reynolds and the Burt Reynolds Dinner Theatre. But even these are becoming rare as condominium and shopping center boundaries begin to blend into one another.

Across the Intracoastal from Jupiter is Seawatch at Jupiter Island. Built for only 65 residents, Seawatch sits on a quiet strip of oceanfront surrounded by parks and private residences. You can still buy a get-away-from-it-all apartment residence for about $275,000.

For those whose sights are set on Palm Beach, there is still hope. The renovation of the old Biltmore Hotel to elegant condominium residences brought charm and elegance to the north end of town where other revitalization is

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occurring within walking distance to Publix. L'Ermitage is one of the newest condominium residences to be built within the town on the Lake Worth side. Designed by the Lawrence Group, the complex will offer apartment homes on the lakeshore and townhomes across the way with amenities that include a private yacht basin.

The Palm Beach Hampton is one of the newest and most elegant of condominium residences located on the ocean about six miles south of Palm Beach proper. Also designed by Palm Beach architect Eugene Lawrence, the Palm Beach Hampton features a three-story lobby entrance leading to an atrium of tropical foliage. Three-bedroom and larger customized residences and penthouses are offered in addition to standard two-bedroom apartments.

A bit further south on A1A is Oasis III, consisting of three buildings on the ocean with only 15 residences in each building. A spectacular glass elevator takes you to your private entrance. Florida developer Ascanio Grandinetti insisted on nine-foot ceilings, sweeping views and cross ventilation in every room including the bathrooms. Prices range from $360,000 to $600,000 (for 2,600 to 2,900 square feet of living space).

The range of housing up and down the coast and to the western areas of Palm Beach County offers a lifestyle of amenities to suit every taste and budget. Is it any wonder that the monthly influx



of new residents places Florida in the top ranking areas of growth nationwide? The big question for builders, brokers, government officials and Floridians in general is: Can we handle it?

Florida — because of its subtropical nature — is one of the most environmentally sensitive areas in the world with a natural aquifer system of fresh water resources. Some of the delicate checks and balances of wetlands and marshes already have suffered the impact of rapid development and growth and Florida could go the way of California where overdevelopment has destroyed the real estate that once was priceless.

All indications are that Florida is determined to preserve its unique environmental system and to restore the ecological values that have been lost.

The South Florida Water Management's "Save Our Rivers" project is aimed at purchasing and preserving in public ownership the wetlands and marshes that protect the aquifer system (which is the underground source of all south Florida's water supply). A demonstration project at the Kissimmee River is an experiment in restoring wetlands and marshes to their original natural state in the river valley. The governor's "Save the Everglades" program encourages local and state agencies to work together to protect and restore the Everglades water resources, including the regional system that stretches from the Kissimmee River to the Florida Bay.

With these and other aggressive actions under way to protect the resources that attracted us here in the first place, Florida's solid gold real estate market can only shine brighter in the future. □

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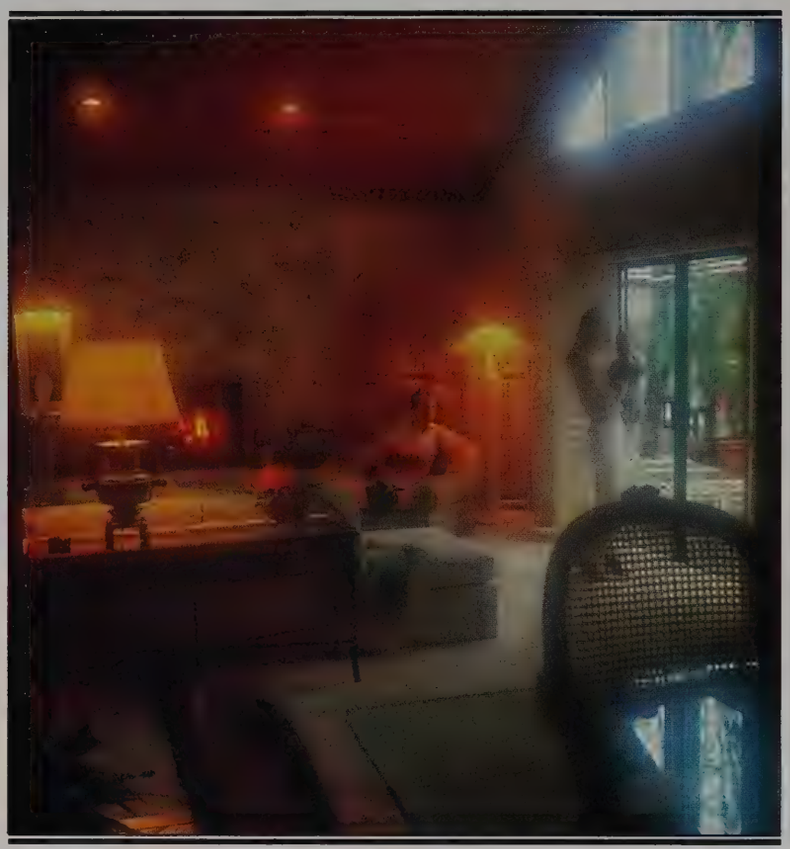
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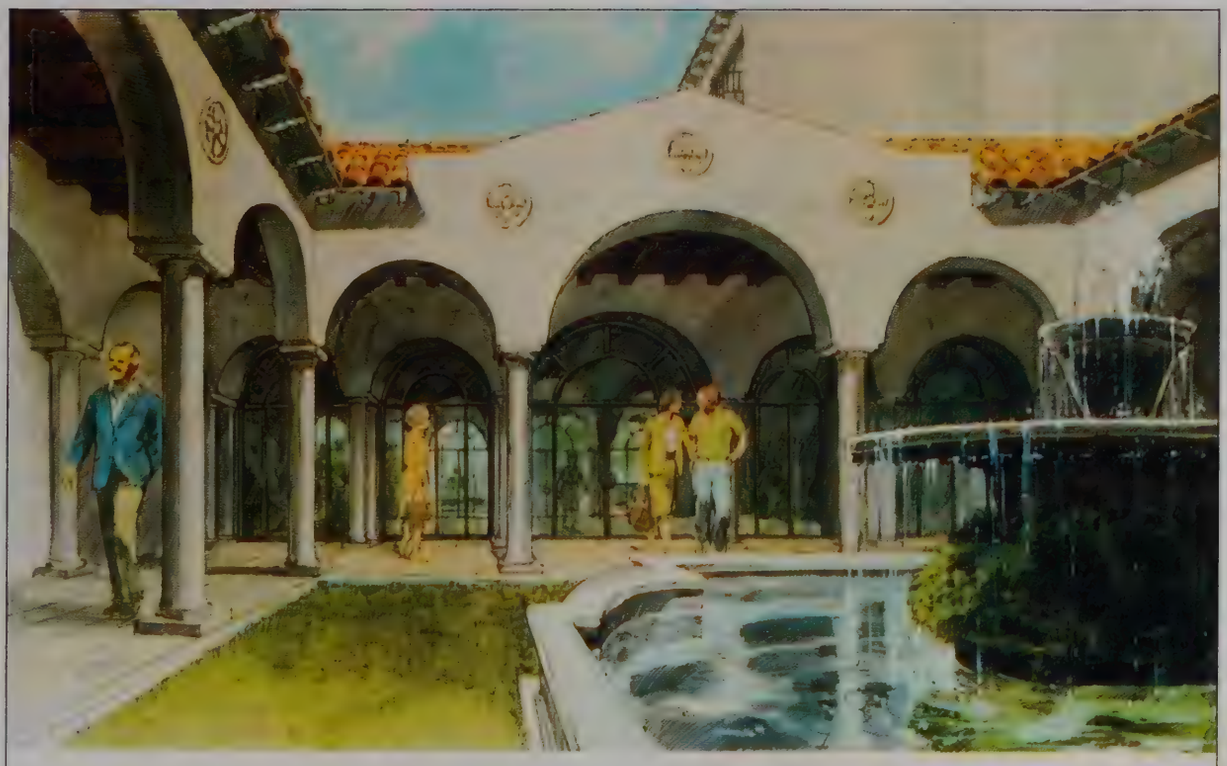


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(Continued from page 34)

novels — David L. Lindsey's *A Cold Mind* (Harper & Row, $13.95).

The novel's a zinger: two young police officers investigate the sudden and stunning death of a beautiful woman. First, there's just the one murder, then others follow. The victims have one trait in common — they were call girls specializing in millionaires.

Haydon, the homicide cop, is onto the case, as is the medical examiner. What they discover is a chain of women who have been smuggled into Houston from Brazil and who are part of that city's bizarre emigre community. Finally, the Texas Medical Center is enlisted, and the novel becomes a genuine spellbinder, with suspense and tension on every page. The finale is a triumph.

The book is rich in characterization and it will satisfy even those who do not customarily read suspense novels. This one, though, has its sophistication going for it.

Speaking of sophistication in its literal meaning of worldly wise, it's an excellent descriptor to apply to Helen Bevington's *The Journey Is Everything: A Journal of the Seventies* (Duke University Press, $20), which is both a travelogue and a smorgasbord of reflections on whatever has crossed the author's mind.

Bevington, who visited Moscow, Budapest, Hawaii, Australia and Tahiti, among other places, writes with humor and bemusement about Kent State, Betrand Russell, Hannibal, Peter the Great, Dr. Johnson, Henry Miller and nuclear testing — and also about sparrows in churches and cannibalism. Bevington writes with seemless ease, making her book a delight.

Francis Parkman, as you all know, was one of the great American historians of the 19th century who wrote the monumental *France and England in North America,* the definitive account of the courage and endurance of the adventurers who first explored this continent. Written with the skill of a historical novelist, the great epic is now available in a two-volume edition from The Library of America (at $30 a volume). It's history on the grand scale.

Incidentally, The Modern Library has just added some new classics to its list. These include Dostoevsky's *The Idiot* ($10.95); Henry James' *The Portrait of a Lady* ($8.95); Joseph Conrad's *Nostromo* ($8.95); D.H. Lawrence's *Lady Chatterley's Lover* ($7.95); and Henry Miller's *Tropic of Cancer* ($7.95). These offer an inexpensive way of catching up on books you may have missed along the way.

The country's most distinguished essayist for the layman on scientific matters is undoubtedly Dr. Lewis Thomas, whose most recent book was *The Youngest Science,* a collection of thoughtful and witty comments on the medical profession. Now, it's a pleasure to inform you, he is publishing *Late Night Thoughts on Listening to Mahler's Ninth Symphony* (Viking, $12.95).

Dr. Thomas writes with sweet reasonableness about such matters as altruism, the seven wonders of the modern world, what the medical profession can and cannot do about nuclear warfare and about human speech. On whatever topic Dr. Thomas touches, he illuminates with grace and intelligence.

Next month is Christmas, and I'm going to try to have a cornucopia of Yuletide book ideas for you. □

Nationally known critic Alden Whitman resides in Southampton, N.Y.



(Continued from page 76)

to the client is our concern — the more we know your likes and dislikes, the better job we can do."

The Whitney family has been in the charter brokerage business for more than 16 years; Judy and her mother-in-law Evelyn inspect every boat they handle and have sailed aboard many of them. Repeats and referrals make up 60 percent of their business. They are always happy to put prospective clients in contact with former ones.

"It is important to discuss cost in detail, especially with inexperienced clients," points out Missy Harvey, broker for Yacht Charters Unlimited.

The "basic" price for a fully serviced yacht can run anywhere from $5,000 for a 50-foot sailing ketch, about $16,000 a week for a 100 - foot motor sailer and from $20,000 up for motor yachts over 100 feet.

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Listed below are several brokers who are familiar with the yachts discussed in this article.

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The grande dame of all charter yachts, the *Sea Cloud* charters for $24,000 a day. Not only the size, but the degree of luxury and sophistication, and the number of crew determines the price. The basic cost covers the yacht's

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operating expenses and all crew services. To this you must add extras: fuel, dockage, food, drink and gratuities that total a minimum of $5,000 a week for six. Fresh caviar with every meal, vintage wines and a Japanese masseur are all easily provided but will clearly increase your costs.

Let me introduce you to some lovely pleasure yachts. Each one is special in her own way, yet is representative of the kind of boat you can charter. Most are available in Florida, the Bahamas and the Caribbean during the winter, and America's Northeast coast and the Mediterranean during the summer. A broker will tell you where each boat is located at any given time and for a fee you can have the yacht of your choice brought to you.

Fei Seen is a 99-foot motor sailer — a classic beauty designed by Philip Rhodes and built by Abeking Rasmussen in Germany in 1961 for New York Yacht Club Commodore Huntington. Recently refurbished and ultrasmart, she sleeps six in impeccably appointed staterooms. Her traditional decor is a pleasing blend of mahogany, oak and teak with brass accents. Couches covered in white suede fill a roomy salon. An oak paneled dining salon seats eight while 30 can enjoy a buffet.

Captain William Nelson, a native of Fort Lauderdale who has sailed since he was a boy, is a veteran of many transatlantic crossings. He was a landlubber the 10 years he owned the Fort Lauderdale Marina, but found he missed the sea too much. He now considers *Fei Seen* his home.

First mate Cav Cavanaugh and his wife Debbie, the stewardess, are also seafarers from early youth who recently sailed the Caribbean in their 37-foot ketch. Debbie is responsible for such thoughtful touches as fresh flowers in your cabin every day and chocolates next to your pillow every night.

Engineer Buck Buchanan served four years on the *SS Canberra* and is a graduate of Florida's own School of Maritime Arts. Graduated from the same school, able deckhand and assistant stewart Sam Paige, at 21 the youngest member of the crew, has sailed near his native Marblehead since the age of six. (He can also mix a mean martini and is never out of sight when you need service.) Chef Linda Fox completes the crew of superb sailors.

"*Fei Seen* is special," Captain Nelson explains with pride. "She offers all the luxuries of a motor yacht, creature comforts and conveniences, plus the unique joy of sailing. We are much roomier than a sailing yacht of the same length, but we don't give up sailing performance. We can do 10 knots under sail."

Before a charter, Nelson likes to speak with a client and follows up the broker's arrangements with a phone call. "Some guests like to plan their own itineraries and some prefer leaving it to the captain," he said. "Of course, the beauty of chartering your own yacht is that you're never tied to any kind of schedule. Even if you make one, you're free to be fickle — we're mobile at all times."

Many clients like "gunkholing," and Nelson is an expert, especially when it comes to the Caribbean. He can take you to a hundred deserted islets where you can play Robinson Crusoe.

You wouldn't have a fair picture of life on *Fei Seen* without hearing about the delicious meals provided by petite Linda Fox. Even among the elite of Cordon Bleu yachting chefs, Linda is a star. Here is one of her "ordinary" meals: Fresh mushrooms stuffed with shrimp and crabmeat, followed by a mousse-like cauliflower soup delicately flavored with Oriental spices; scallops in a creamy wine sauce accompanied by fresh spinach, alumette carrots and celery; roasted deboned pork tenderloin wrapped around a strip of sirloin and served with a fresh grilled peach; mixed green salad topped with walnuts and shallots. For dessert — a choice of chocolate mousse or mango ice cream. Linda grows her own mangoes in her Florida garden and her fruits are flown to *Fei Seen*.

Fei Seen charters for $17,000 per week.

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New York restaurateur James Brody, owner of *Bonheur,* enjoys his 110-foot motor yacht for family vacations two months out of every year and charters her the rest of the time. Spacious and airy, *Bonheur* offers a feeling of understated elegance. Large windows in the master stateroom form a semicircle that frames the sea. One of the smaller cabins, decorated in Marimekko prints, was designed for the Brody grandchildren, but will delight sailors of any age.

Bonheur charters for $28,000 per week, carrying a six-member crew.

A motor yacht in demand for corporate charters, the 90-foot *Sun Dream,* designed for comfort and fun, converts her salon and afterdeck into conference rooms. Chess enthusiasts can play the game with two-foot-high chessmen on the sundeck. Ten guests can be accommodated in spacious double staterooms.

Cost of *Sun Dream:* $18,000 per week with a five-member crew.

I like the warm atmosphere on the 77-foot *Fox Hunter III.* There is simple charm in the flexible salon that opens to an afterdeck dining/lounging area and the staterooms sleep six.

Skipper Errol Winston who hails from Rhodesia, heads a crew of three.

Charter price: $8,000 per week.

Among sailing yachts, the French Riviera's *Concorde* is the newest, designed expressly for charter. Built of aluminum and teak to look like a maxi-racer, it is 88 feet long, sleek, fast and ultramodern in every detail. Built-in couches covered in beige suede are piled with bright pillows and her compact cabins sleep 12. The instrument panels would please James Bond. New Zealander Allan Jouning, who last year skippered *Sealestial* with author William Buckley aboard, heads *Concorde's* primarily female crew of six.

Concorde charters for $18,000 per week.

Gallic in a different mood, *Orphee,* once the pleasure yacht of Christian Dior, is 96 feet of old-world charm, complete with lace tablecloths, Limoges china and Baccarat crystal. Color-coordinated staterooms feature large skylights.

Orphee charters for $13,000 per week with eight guests and a crew of six.

More than any other sailing yacht I know, the unbelievably graceful *Ticonderoga* is part of American history. The classic 72-foot Hereshoft ketch, built in 1936, served as a patrol vessel in the Coast Guard during World War II, then, surprisingly, became a racing yacht that held more than 30 major race records simultaneously. The gleaming white high-performance ketch is meticulously maintained and sleeps six in comfortable staterooms.

Ticonderoga with a five-member crew, charters for $12,000 per week.

You will have the most eye-catching boat afloat when you sail the *Lindo.* Her 16 faded red, square-rigged sails rise on three mighty 10-story masts. Built in 1928 in Sweden, the 125-foot Baltic Schooner won third place in the New York OP SAIL race of 1976. A crew of seven mans the much-filmed recently renovated craft that accommodates 10 guests in no-frill staterooms.

Charter price: $12,000 per week.

Boating magazines such as *Yachting* feature complete listings of yacht brokers. The broker will send you detailed data and pictures of yachts for hire. Plan your charter as far in advance as you can — six months ahead during peak vacation seasons. A word to the wise from broker Whitney: Be sure you know well the people you invite on your yacht. There is no togetherness quite like sharing a boat. □

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The best thing about the America's Cup, visitors to this seaside resort say, is that it makes the season last well into October. To the residents, that longevity aspect tarnishes the Cup's gleam. The breakneck pace of parties, balls, dinners and the like starts to wear on one's energies around mid-August. By November, one only wants to retreat into a winter of rest and relaxation for body, soul and liver. Especially liver.

Nobody is too weary for a little luncheon and afternoon croquet, however, to which **Candy** and **Jim Van Alen** will attest. They hosted some 30 guests, among them **Prince** and **Princess Michael of Kent,** at the Newport Casino during the Newport Croquet Club's tourney. Their Highnesses made a special foray to Newport to attend the Eve of Cup Benefit Dance sponsored by compatriot **Peter de Savary.** That small (300 or so guests at $100 per person) bash was held at Beechwood, which also was the site of The Prince Andrew Ball.

A benefit for the Victory Trust (a charity started by de Savary with the intent of teaching handicapped children how to sail), the event featured the same English breakfast menu of kippers, eggs and smoked salmon that was served to the royal couple's more illustrious first cousin once removed.

While in Newport, the royal couple was housed at Pelican Lodge, the home of **Sen. Claiborne Pell** and his wife **Nuala.** They attended Sunday services at famed Trinity Church, which seems to be *de rigueur* for visiting nobility, and attended a pre-ball dinner hosted by **Eileen** and **John Slocum** at their Bellevue Avenue estate. Mrs. Slocum, along with **Susie Hobday,** was co-chairman of the Eve of Cup Benefit.

The strain of the quest for the America's Cup may have worn tempers — and senses of decorum — a bit short, as evidenced by what is euphemistically called "an incident" at one Cup-related wingding. Former Aussie **Prime Minister Malcolm Fraser** was guest of honor at a dinner at Rosecliff — once the site for the filming of *The Great Gatsby* — sponsored by **Richard Pratt.** He is with the Royal Yacht Club of Victoria and made his millions manufacturing paper cartons.

Campbell McComas, an Australian comic who uses the persona Sir Winston Chomondeley-Sommers in his routine, was the entertainment. Nobody was spared his verbal darts. Everyone and everything from Keelgate to the New York Yacht Club was stung.

Pratt was told he would have done better sailing one of his boxes rather than his ill-fated *Challenge 12.* A "secret" photograph of the Mystery Keel was shown, proving once and for all that *Australia II* is powered by a kangaroo in scuba gear. The NYYC was chastised good-naturedly for its unbecoming conduct.

In the middle of it all, **Mrs. Emil Mosbacher,** wife of the famed sailor and aspirant to the NYYC's commodoreship, got up from her seat, loudly pronounced that she'd "had enough of this" and left in a huff. Her husband followed dutifully behind her. The guests, among them Rhode Island **Gov. Joseph Garrahy, Rep. Fred St. Germain, Ted Turner** and former New York **Gov. Huge Carey,** were dumbfounded. McComas was nonplussed and continued his routine. Later, Turner said if his wife had left, *he* certainly wouldn't have followed, proving that chivalry is not dead. It, like John Brown's body, is a-moldering in the grave.

The corporate sponsors of the America's Cup challengers did more for their image in one summer than a legion of PR people could do in a lifetime. Witness the *Azzurra* farewell party hosted by the Alitalia bigwigs at Casa Italia, the Cliff Walk manse of media wheel **Bruce Sundlun.** More than 500 guests, among them **Gianfranco Alberini, Prince Alexander, Countess Lysette** and



Candy Van Alen, Countess Szarpry and Jim Van Alen



Cornelia Guest and Mason Phelps

the like, clogged the lawn for rivers of Asti Spumante, tons of pasta and a pyrotechnic display to boot.

A smaller, but just as enthusiastic, bunch gathered at Beechwood for the Rolex-sponsored party and presentation of timepieces to the *Liberty* crew. **Halsey Herreshoff**, navigator of *Liberty*, America's Cup veteran and lucky devil indeed, now has something like seven of these watches to his credit. And only two arms on which to wear them. Tsk.

Lots of Mumm's champagne (also a sponsor) and piles of gourmet goodies made **Dennis Conner's** speech that much more enjoyable. As good as the watches are, the parties are better.

Former Deb of the Year and Palm Beach's own **Cornelia Guest** was the honoree at a reception held at Foredeck on Toney Bowen's Wharf. Miss Guest, in case you didn't know, was chairman of the Michelob International Jumping Derby. **Mason Phelps**, who rode in the 1968 Olympics and with whom Cornelia cut a mean rug at the America's Cup Ball, later hosted an evening of dancing at The Club with its manager **Anita Legault. Bill Smith**, co-owner of The Ark — **Prince Andrew's** favorite haunt while he was in town — also gave a dinner in Cornelia's honor. And there wasn't a Pulvermann's Grob in sight. □

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(Continued from page 56)

8 mixture. These fertilizers are labeled "Bloom Special" and are available in most garden shops.

Care should be given to the location of beds. Most annuals prefer full sun. Portulaca, for example, grows in sun that might shrivel other flowers. Impatiens, begonias and some begonia species, on the other hand, do best in semi-shade. To be sure of the right exposure ask your local garden shop about sun and shade requirements.

Though most gardeners do not think of pruning as a good practice for growing annuals, it is beneficial; called "pinching or pinching back," it is done with the fingers or with floral shears or scissors. (Pinch or clip off terminal tips just above the upper leaves.) After several prunings the plant becomes much bushier and flower production much heavier — and with the added growth, what had been a rather sparse bed becomes a mass of flowers.

Part of pruning comes naturally each time you clip off faded flowers or cut flowers for the home; in fact, cutting flowers daily will increase productivity.

To help in selecting annuals for various landscapes and for a fresh supply of cut flowers, I have chosen but a few in relation to their place in the landscape.

Edging or Border Types: ageratum, sweet alyssum, celosia, dianthus, dusty miller, portulaca.

Ground Covers (spreading or trailing): sweet pea, verbena, nasturtium, alyssum.

Tall Growers (background material): aster (3 feet), cosmos (3 feet), hollyhock (4 to 5 feet), giant marigold (2 to 3 feet), snapdragon (2 to 3 feet).

Partial Shade: begonia, browallia, calendula, coleus, salvia, torentia, impatiens.

Seaside: alyssum, dusty miller, lupine, hollyhock.

Gardening Tips for November

Lawns: This is your last chance to get lawns in good condition before cool, dry weather sets in. Fertilize and/or use Weed and Feed material; however, do not depend on this material alone to carry your plants through winter, instead, use Weed and Feed then wait a month and fertilize again. Keep good moisture to roots through the dry winter.

Pruning: Leave major pruning until spring, but this is a good time to do light trimming. (Water well the day before clipping back suckers and obstructing growth.)

Planting: You can plant almost all annuals grown in the Northern states. November is the ideal month to set out plants. If you want a vegetable garden . . . plant it now. You can plant larger seeds (green beans, peas etc.) directly to ground, however, smaller seeds should be started in trays. The easy way? Buy started plants from garden shops or nurseries. You can also plant roses, bulb plants and strawberries.

Propagation: Don't waste your time: Wait until spring.

Fertilizer: Feed lawn, trees and shrubs, watering well immediately after.

Insects: Take a break from the battle — the only serious problem this month are mites. Consult your nursery for the proper control material.

Watering: A dry month. Less than 3 inches of rain is average for November. Keep everything well watered and water well the day before severe cold is predicted. Soak soil but not leaves. □

Bob Robson is a member of the Garden Writers Association of America.

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(Continued from page 20)

percent from complex carbohydrates (such as beans, cereals and grains); and 30 percent from fat.

Like adults, children should not consume more than 300 milligrams of cholesterol daily. While many children already do consume less, recent federal studies show that a rapid change in cholesterol consumption occurs in boys from adolescence to young manhood; from a level of 391 milligrams at age 10, consumption soars to 505 milligrams by age 19.

New York Times reporter, Jane Brody, records in her *Personal Health* column that "autopsies of pre-school children who die from accidents or unrelated illneses show that their coronary blood vessels already have the fatty streaks and plaques that are the beginning of atherosclerosis, the disease of fat-clogged arteries that causes half the deaths in this country."

According to one study, by the age of 15 or 20, "20 percent of our young people have significant fatty deposits in their coronary arteries."

Clearly we can do better by our children.

Eighteen years ago, allergist Dr. Benjamin Feingold alerted the country to the correlation between food dyes and childhood behavior problems. His theory that an additive-free diet was the key weapon in the treatment of hyperactive children was viewed skeptically even by some members of the medical community. As more has been learned in the intervening years, however, Dr. Feingold's dietary recommendations have been justified many times over.

More recently Dr. Lendon Smith urged the nutritional approach to improving a child's behavior chemistry. His appearances on television programs throughout the country and his books awakened another generation of parents to the need for educated dietary awareness.

The new dietary guidelines by the American Heart Association reflect the continuing search for an enlightened method of preventive medicine. Ever so slowly, we are learning that what we feed ourselves and our children can and does make a difference to current and future health. By virtue of the food we condition our children to appreciate at an early age, we can enhance or sabotage their quality of life — for life. □

Joy Tomlinson Phelan is a member of the American Medical Writers Association.

HEALTHLINE

The Nauseated Schoolboy Syndrome . . . Dr. Lendon Smith, author of *Improving Your Child's Behavior Chemistry,* recommends that parents of schoolchildren who face the school day regularly with "a stomachache" or "nausea" should check their youngsters' eating habits of the previous night. His tip: "Protein for supper. No dessert or sugar at all. At bedtime, a mouthful of cheese, peanut butter, bean soup or meat prevents the blood sugar level from dropping so low that there is not enough available energy for the cortex to do its job (which is) to make a child a social human being or at least allow him to operate a little above his animal limbic system."

Breakfast is the Most Important Meal . . . The University of Iowa Medical College has completed a 10-year study on the importance (or lack) of breakfast in relation to education. It showed that schoolchildren become careless and inattentive in the late morning if they skip breakfast, but their schoolwork improved noticeably if breakfast was eaten. Also, the study found that the child who skips breakfast is more likely to be susceptible to infection and fatigue than one who eats a morning meal.

Meat Factor in Childhood Rheumatism . . . Dr. Henry G. Bieler, author of *Food is Your Best Medicine,* cites that too much meat in a child's diet contributes to rheumatism and rheumatic heart disease. "Its acids," he states, "are vicariously sidetracked into the joint spaces, and if the blood becomes too concentrated, the heart valves (which are extremely sensitive to acids in the blood) can be damaged." The natural antidotes, Dr. Bieler suggests, "are the juices of (raw or cooked) vegetables."

The Sneaky Approach . . . Jane Brody, health columnist for *The New York Times* and author of *Jane Brody's Nutrition Book,* is not above a little legerdemain when her children refuse nutrient-laden vegetables. "My boys, won't touch squash (summer or winter) in any recognizable form, adore zucchini and pumpkin breads, zucchini frittata (grated zucchini omelet), zucchini pancakes and tomato sauce prepared with chopped or grated zucchini," she confides.

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SEAING IS BELIEVING

(Continued from page 73)

ahead, so her decorator came on board and changed the beds, the commode, the wallpaper and made other refinements. She booked two connecting rooms for herself, one cabin for her clothes, one for her maid, another for her cook (whose sole job was to make her breakfast porridge) and four double cabins for her friends. Even with all of this, Mrs. Post left the ship after 21 days.

The passing of that extravagant era has segued into a new age which has its own superstars, such as the five-star 53,000-ton *Vistafjord,* built in 1973 at an original cost of $40 million. (The *Vistafjord* and its sister ship the *Sagafjord* were recently purchased by the Cunard line.) This is the story of a typical 14-day cruise that sailed from Hamburg on July 31, 1982, making eight ports of call to Visby, Helsinki, Leningrad, Turku, Stockholm, Gdansk, Copenhagen and Oslo.

Prices for this trip ranged from $2,760 to $5,510 depending on location, size of cabin, time of year and length of cruise. The highest prices were for a penthouse, suite or double cabin. The uninitiated can be overwhelmed by cabin selection. A cabin on the waterline is often more stable with less roll than a cabin on a higher deck. Staterooms amidship have the least pitch; outside cabins cost more than inside ones. An experienced travel agent can sort all this out.

The age of the passengers varies according to the length of the cruise — the longer the cruise, the older the age group. On this particular cruise, the oldest couple on board was born in 1901 and celebrated their 60th anniversary aboard. There were 40 children on this voyage, which was unusual. They ranged in age from a two-year-old to a group of teenagers. Though the *Vistafjord* does not have an extensive children's program, the attractive and outgoing social hostess, Ingrid Krah, managed to arrange disco dances, table tennis tournaments and parties to keep the young fry amused. "The various nationalities presented a problem. It's hard for youngsters to communicate when they speak different languages, but I tried to think up games that were universal," she said.

Attractive tours of every variety are available in today's air travel market, all fraught with the possibility that you could be stuck for the length of your trip

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with a small group of tourists not to your liking. On shipboard with 552 passengers the odds favor discovering at least a few interesting people with whom you can strike up a friendship — perhaps one that will last beyond the voyage.

A short canal trip in Amsterdam was part of the cruise/KLM package, with morning departure for the short flight to Hamburg. An orientation tour around Hamburg, West Germany's largest city, and a view of the town with its super-modern port gave us a taste of life in that thriving metropolis.

Boarding began at 4 p.m. The ever-solicitous crew helped passengers locate their cabins with promises that luggage would soon be delivered. A bottle of champagne, basket of fruit and a welcome program greeted each tourist, easing the rigors of arrival. The program whetted one's appetite for what was to be a 14-day Lucullan feast of food and fun. After dinner in the ballroom, cruise director Peter Hagmann introduced his staff and gave some cruise hints. There was a "Get Together" dance for those still hardy enough to stay awake. Each day a program of activity was slipped under the door, which included the dress code for evening: formal (black-tie) or informal.

Day dress is quite informal. This holds true for days at sea and on shore. Sports clothes, even jeans, were prevalent. When "informal" was suggested for evening, the men wore dark jackets and ties and the women short silk dresses or evening pants. The main problem in planning a cruise wardrobe is to anticipate the weather. Usually the Baltic area has temperatures in the 60s (cool to someone who lives year-round in Palm Beach).

The most efficient way to see ports of call is to take a guided bus tour. The stops are of short duration and professional guides know how to hit the highlights. The tours range in price according to their length. Many passengers, however, elect to sightsee on their own. "If it's a small town, or at least a compact one, I like to plan my time ashore myself," one tourist said.

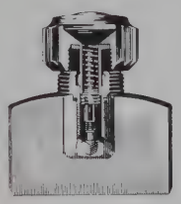
"I like to wander at will," said another, "make my personal discoveries, shop if I want to or just sit at a cafe."

Each passenger was handed a paperback book on the Baltic region, which provided a succinct background of each stop. The daily program gave tips on shopping and money exchange. Cruise director Peter Hagmann presented lively and informative slide lectures the day before a stop.

The visit to Poland was an adventure behind the Iron Curtain and our stay there came a week before serious demonstrations and rioting occurred. We arrived in Gdynia, Poland's Baltic fishing port. The most colorful part of the day was wandering around Gdansk, the old section which formed the ancient Hanseatic city of Danzig. We were driven to Sopot, a resort area crowded with Polish families walking on a long pier enviously eyeing the well-dressed Americans.

Helsinki, Stockholm, Copenhagen and Oslo are vibrant cities replete with wondrous sights, museums and shops to enjoy. It was frustrating to have only a few hours to explore. Many first-timers resolved they would return. The shortest stops were in Visby, Sweden (Northern Europe's only walled town and an important commercial center in the Middle Ages) and Finland's Turku on the Gulf of Bothania, which offered a castle foundation laid in the 14th century. The five-hour stays in those towns were adequate to cover the points of interest.

The longest stop, and undoubtedly the highlight for most of the passengers, was the two-day and one-evening stay in Leningrad. The city, often referred to as "the Paris of the North," was in a shocking state of disrepair and neglect, with long queues for food, an amazing lack of automobiles on the roads and a pervasive feeling that the people looked sad and shabby. There was a lunch stop at one of the city's top hotels, where an unappetizing meal was served. Our group ate sparingly of the lackluster food. We all returned willingly to have



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dinner on the ship, albeit with some empathy for what the Russians would face at their dinner table.

That evening some of the passengers bought tickets for an evening of entertainment. The type of entertainment had not been previously announced so it was a curious group that arrived at one of Leningrad's largest theaters. We were treated to a most delightful Folklorica performance by a large group of dancers from, of all places, Siberia. The dancers were young, attractive, exuberant and full of humor. There were numerous changes of colorful and stunning costumes, and the choreography was inventive. Siberia? The frozen steppes, barren wasteland, the land of the gulags? And before us was the picture of beautiful people dancing their way through life. Mother Russia truly is an enigma.

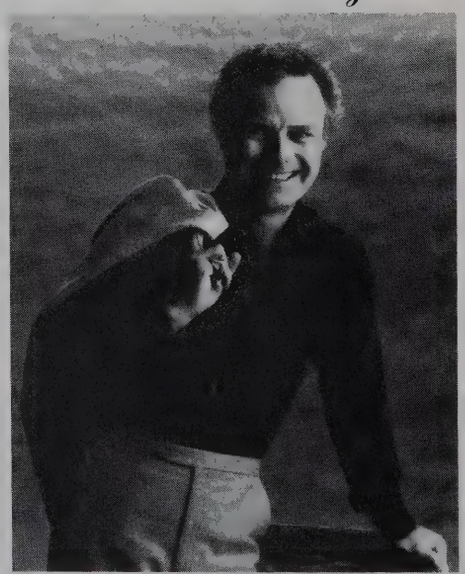
The visit to the famed Hermitage Museum (formerly the Winter Palace) was an unforgettable experience. The sumptuousness of the interior with its grand marble staircase and lavish decor was awesome. There are 400 halls containing more than two million items, ranging from prehistoric artifacts to classics of modern art. Visitors are told that if they spent 30 seconds looking at every work of art in the museum it would take them 19 years!

The museum is a maze of corridors and during the summer months is jammed with both Russian and foreign visitors. Both the entrance and exit are through one small door, resulting in a traffic problem that discomfited the tourists but not the grim-faced guards and staff. Intourist groups stood in the hot sun awaiting their turn — no VIP treatment in a communist state.

The seeming lack of care of these marvelous treasures was appalling. The day we arrived the temperature was in the high humid 80s. We saw many windows ajar that let in moisture and polluted air. The chilly Russian winters must add their damage to the works of art. The lack of conservation and climate control was evident in the beautiful Matisse painting that was in an advanced state of deterioration. Stout staff women sat stonily in every gallery eyeing the visitors with hostility and ready with a quick "nyet" to anyone who stepped out of line. I wondered what a Hermitage staff meeting would be like.

The following day I took a tour of Petrodvorets (formerly known as Peter-

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hof, the summer residence of Peter the Great and for two centuries used by Russian monarchs). The palace, pavilions and gardens suffered extensive damage during World War II. Some 34,000 objects, the fabulous cascade gardens and waterpipe system for the fountains were pillaged or destroyed. Restoration work began in 1944. Mines were cleared and the fountains, decorative sculpture, palace and grounds were rebuilt. The masterpiece that had taken more than a hundred years to create rose again, like a phoenix from its ashes, in a 15-year project.

The gilded statues, powerful jet foundations (the Pyramid Fountain has 505 jets of varying heights — an ingenious example of hydraulic engineering), floral displays and parks can now be seen in all their former magnificence. The Grand Palace, distinguished for its luxurious interior and exterior decoration, has also been restored. A display of photographs illustrate the state of ruin in which the palace and gardens were found by Soviet troops in 1944.

The Soviets have spared no effort or money to restore the palatial heritage of the former czars and czarinas. Is it a testimony to the profligate ways of the despotic rulers or pride in their past? Would a Soviet citizen answer that question truthfully? We knew better than to ask.

It's a toss-up as to whether sightseeing or eating was our number-one priority. Most likely food would win. Shipboard dining is lavish, plentiful and tempting. Though the chefs can prepare special diets (even the Pritikin) it's best to throw one's caloric conscience out the nearest porthole and indulge.

To assure the *Vistafjord* passengers menus *magnifiques,* the Norwegian American Cruise officials employ a large culinary complement: Guntran Vorwieger from Hamburg is the executive chef. He oversees a staff of 56. In the dining room the chief steward and his four assistants hover solicitously over the diners.

The only American on the staff is provision master Tom Carlson. While direct purchases are made in the Oslo home office, it is his job to oversee the provisions, plan for meat orders up to one year in advance, allow for a safety margin, take inventory and make audits after every cruise. This is no small job.

The chief steward boasted, "We have not had a request for food that we could not fill." He qualified this statement, "Now I'm not saying we could whip up a ground kangaroo meat patty or a specific regional African specialty.



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Lennart Hakanson, hotel vice president of the line, who also was on board, added, "Epicurean meals every night can be a bit much. Take the time in 1981 when the captain decided to invite a different group to sit at his table every night. I planned a gourmet menu: caviar with Dom Perignon, oxtail soup, Norwegian salmon with Pouligny Montrachet '79, roast filet of beef with Mouton Rothschild '61, hazlenut souffle with whipped strawberry cream and Cachucha (a white port).

This was on a 65-day cruise. The passengers were entranced but about the 58th night when the captain was dressing, he began to think about what awaited him in the dining room and cried, "Oh, no. Can I face that menu again?" Perhaps that is the derivation of the phrase "a groaning board."

To aid the waiters, who walk about 30 miles per day (breakfast, lunch, tea, dinner, midnight buffet) the ship installed two escalators so the waiters could ride down to place orders and ride up with laden trays.

With only a little bit of planning it is possible to eat practically non-stop, beginning with coffee and danish at 6:30 a.m. to the midnight buffet.

On the 11th day, the chefs rolled up their culinary sleeves and proved what a "five star galley" can prepare. Their "Great Norwegian Koldtbord" was an artistic and gustatory triumph. The galley crew worked all night on this stupendous smorgasbord, which cost $9,000. Along with decorated trays of cheese, pates, cold meats, herring and various types of seafood, there were desserts of every description: tortes, cakes, cookies, fruits. Beverages included Norwegian Aquavit and a variety of beers.

Three large sculptures adorned the tables. One portrayed a Norwegian troll, another a fish and a third a bust of Aphrodite. It took one chef four hours to carve these sculptures in — of all things — margarine!

It is a fact of life that there are more single women traveling today than single men. Does this rule out shipboard romance? No — but it is safe to say that those seeking the "Love Boat" may disembark without having met "Dream Boat."

I asked Captain Kai Julsen if he performed any marriages on the ship. "No," he replied, "but I could have. It's just that I didn't want to accept responsibility for their marriages."

Romance aside, this does not preclude that unattached women can't have a good time. The ship provides two sociable gentlemen whose function it is to dance with single females. At first many are hesitant but by the end of the cruise they are usually quite pleased to venture on the dance floor.

By participating in shipboard activities, no one ever need be alone for long. There are constant bridge, backgammon and other games to play. There is shuffleboard, golf practice, ping pong, skeet-shooting, indoor and outdoor pools, a well-equipped gymnasium, horse races, bingo and a small casino.

The casino has three charming young English women who take turns as croupiers and dealers for the one roulette and two blackjack tables. They are friendly to the passengers — a far cry from the hard, silent types in most gambling halls. It was not unusual to ask one of the dealers, "Should I split this pair of eights?" The girls would seriously consider your problem and give their best advice. Fusche explained, "We are not Las Vegas and want to make gambling fun for our guests." The one-armed ban-

How To Educate Children Who Can't Attend School

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dits paid off with amazing regularity and there were even two hours in the afternoon when children could put their cherished dimes into the slots.

Every evening there was entertainment in the ballroom. A group of international entertainers gave musical revues, concerts and magic routines. One specialty act that stunned the audience consisted of a muscular man who curled himself up into a tiny glass box. Members of the crew did their bit in a Norwegian dance, dressed in their native costumes. Those desiring further diversion could go to the Club Viking.

There also was a "Repeaters Party," which 225 people (40 percent of the passengers) attended, representing 11 countries. Prizes were awarded to those spending the most days on board the *Vistafjord*. One couple had been afloat for 154 days, another 145, and the third 118. Repeaters are the best testimonials for the success of the *Vistafjord*. Mrs. George Beach (154 days and known to all the crew) returns because, "I feel a deep attachment to this ship and the staff. It's another home to me."

A young copywriter who works on a prominent advertising account put it this way, "I like the ship enormously. It seems to attract a certain type of people — they have polish."

As passengers made friends, they started giving small pre-dinner cocktail parties, with hors d'oeuvres and fresh flowers provided free by the ship. Drinks and caviar were the only added charges.

Among the highlights of the cruise were the costume party and the captain's gala evening. The 14 days and nights were pleasure-packed and the notice to put luggage outside one's cabin for morning departure came all too quickly.

I thought more and more about Mary B. living permanently on the *Sagafjord*, our "sister ship." She just may have it made. No servant problem, no electric bills to pay, no need ever to be lonely. Always a port to visit, a crew to give her tender loving care, new friends to make and return passengers to greet. She even has a plaque with her name above her cabin.

I think I will save my pennies (okay, dollars) and when I retire get a cabin on the *Vistafjord* and sail the seven seas. □

Sue Whitman is a free-lance writer who, when she is not traveling, resides in Palm Beach.

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A Guide To Products and Services

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CARPET CLEANING

MERRY RUG CLEANERS, INC. 588-8588
Quality cleaning of fine carpets and upholstery on location or in plant. Repair, binding, serging, mothproofing and insured storage. Since 1946.
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PALM BEACH GARDENS

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A Guide To Products and Services

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WATERFRONT - 2875 So. Ocean Blvd. 586-8001.

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REALTOR 832-0678
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374 SO. COUNTY ROAD, PALM BEACH

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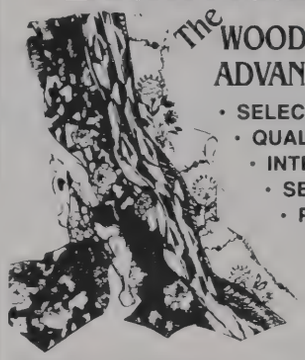
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315 SO. COUNTY ROAD, PALM BEACH

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DISTINCTIVE DINING

PALM BEACH COUNTY

PALM BEACH

The Breakers, 1 S. County Road. After 50 years of service, the hotel has maintained the elegance which reflects an era of a more gracious way of life. Dine in the elegant Florentine and Circle dining rooms; have an informal luncheon at the Beach Club or a quick burger or salad at the intimate Golf Club. Veal piccata with lemon sauce is the favorite entree in the Florentine Room. 655-6611.

Cafe L'Europe, in the Esplanade on Worth Avenue. A *Holiday* magazine winner. European sophistication and quality fare. An extravagant dessert table is laden with fresh fruits and pastries. Old-fashioned apple pancakes with lingonberries, cold plates, salads and luncheon specialties are served from 11:30 a.m. until 3 p.m. From 2:30 until about 7 p.m. enjoy light snacks and pastries in the bistro-bar area. Freshly baked croissant sandwiches, a crock of onion soup or gazpacho in a crystal goblet are bistro favorites, as are the special coffees and champagne cocktails. Dinner is served from 6 to 10:30 p.m. 655-4020.

Capriccio, Royal Poinciana Plaza. Continental and Italian delicacies. Veal dishes are most popular: scaloppine saute Capriccio, scaloppine a la marsala and veal zingara, with its shredded ham garnish and subtle light tomato sauce. Luncheon is a good value. Open Tuesday through Sunday for dinner from 6 until 11 p.m. 659-5955.

Charley's Crab, 456 S. Ocean Blvd. Fresh seafood dining features local pompano, snapper and swordfish when available, plus fish and seafood from Boston and the Great Lakes. Raw bar, bouillabaisse, paella, Maine lobster and soft-shell crabs also are served. Luncheon hours are Monday through Saturday from 11:30 a.m. until 4 p.m. Dinner hours are from 5 to 10 p.m. Sunday through Thursday and 5 to 11 p.m. Friday and Saturday. Cocktails are served from opening hour. 659-1500.

Chuck & Harold's, 207 Royal Poinciana Way. Their courtyard features a spinnaker covering which opens for views of the sky as well as dining on the sidewalk cafe. One menu from 11:30 a.m. until closing offers burgers, homemade linguine, steaks and ribs. 659-1440.

Colony Hotel, Hammon Avenue. Off-season, the Colony is open for lunch only from noon to 3 p.m., seven days a week. They do, however, serve cocktails in the bar from noon until 8 p.m. 655-5430.

Doherty's, 288 S. County Road. Always a good bet, Doherty's has a pub-like atmosphere with great char-broiled burgers, French onion soup and vichyssoise. Chicken hash is similar to New York's "21" creation. Delicious shad roe and broiled bacon is offered on the luncheon menu. Doherty's is open Monday through Saturday serving breakfast, lunch and dinner, and on Sundays, brunch only. The grill is open all afternoon for hamburgers. 655-6200.

Hamburger Heaven, 314 S. County Road. The claim "world's best hamburger" could be debated, but few would say the juicy, tasty burgers prepared from freshly ground, quality beef are not heavenly. They also offer steak dinners and glorious pies and cakes. They're open for lunch and dinner. 655-5277.

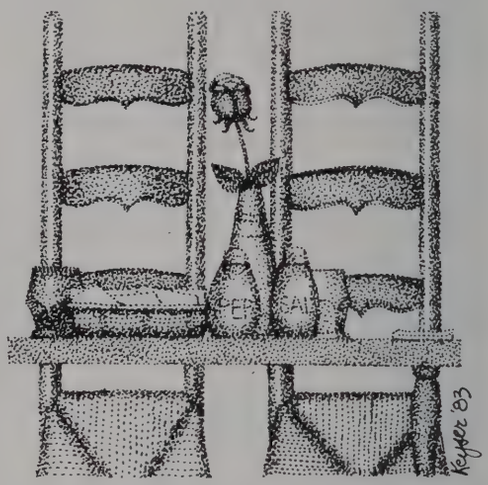
Jo's, 200 Chilian. This charming little restaurant, which opened as La Crepe de Paimpol in 1978, now offers a continental menu, but the famous crepes of Brittany are still a specialty. Veal, duckling, baked lump crabmeat imperial and fine steaks. Lobster mousse served in artichoke bottoms is a delicious appetizer. Open for lunch and dinner. 659-6776.

La Trattoria, 251 Sunrise Ave. Italian provincial cuisine — cannelloni, zuppa di pesce, piccata di vitello and other dishes typical of the provinces. Dinner only. Closed Sundays. 655-3950.

Le Monegasque, 2509 S. Ocean Blvd. This popular French restaurant hidden in the Palm Beach President offers top-quality fare. The menu is French but not haute cuisine. Enjoy dishes of Provence such as bouillabaisse and cassoulet. An excellent wine list makes the lack of spirited potables go unnoticed. Open for dinner. 585-0071.

Mandarin, 331 S. County Road. Their all-you-can-eat luncheon buffet changes every day. Dinner menu features Cantonese fare from pineapple duckling to lobster and a new Szechuan cuisine. 659-2005.

Maurice's, 191 Bradley Place. An old-timer, they've been here since 1946. Specializing in Italian cuisine, favorites on the extensive menu are seafood posillipo, osso buco and squid Milanese. Open for lunch and dinner. 832-1843.



Nando's, 221 Royal Palm Way. A mecca for Palm Beach society for many years. The gracious owner of the restaurant that bears his name originated the scampi recipe so popular in American restaurants. Continental and North Italian cookery are featured. Dinner only. 655-3031.

TooJay's, 313 Poinciana Plaza. This cafe and gourmet marketplace offers casual dining for shoppers or anyone in search of good soups, salads, sandwiches and yummy pastries. Pick Marc's delicious caraway rye bread for your sandwich and save room for pies, tarts, tortes and cakes. Breakfast is served — Sundays only, luncheon and dinner served everday. No reservations. 659-7232. TooJay's also has a cafe at Loehmann's Plaza in Palm Beach Gardens (same menu). 622-8131.

Two-Sixty-Four, 264 N. County Road. Popular luncheon and dinner spot where one can dine on excellent hamburgers, soups and salads. Dinner entrees include, besides steaks and prime rib, catch of the day and stone crabs in season and four veal offerings. 833-3591.

Worth Avenue Burger Place, 412 S. County Road. This is the place for Palm Beachers and casual shoppers in the mood for a high-quality burger or an inexpensive dinner. Prime 10-ounce New York strip, homemade layer cakes and pies, plus some homey delights like baked apples, rice pudding and cup custard are favorites. Omelets and sandwiches are served from 11 a.m. until 9 p.m. 833-8828.

Worth Avenue Cafe, 237 Worth Ave. A chic little cafe featuring northern Italian and American cuisine. At dinner, a variety of pastas, prepared fresh daily by the owner, Gisella Kasermann of Rapallo, Italy, are featured. Open for lunch 11:30 a.m. to 3 p.m. and for dinner 5 p.m. to 10 p.m., Monday through Saturday. 655-0950.

WEST PALM BEACH

Bennigan's Tavern, 2070 Palm Beach Lakes Blvd. Funky decor and casual atmosphere. Get happy from 11 a.m. to 7 p.m. when drinks are two-for-one. Service is continuous from 11:30 a.m. until 2 a.m. Quiche is offered in several varieties as well as deep-fried vegetables, fried cheese fingers, burgers, steak and chicken. Their champagne brunch Sundays from 11:30 a.m. until 3 p.m. features eggs Benedict. 689-5010.

Blue Front Barbecue, 1225 Palm Beach Lakes Blvd. Barbecue-loving folks dote on the ribs grilled over oakwood fires. They also have chicken, pork and beef with the smoky flavor, plus black-eyed peas, corn bread and sweet potato pie. 833-6651.

Ciao. 3416 S. Dixie. Chef Gino and his partner Rosario who spent last season at Piccolo Mondo restaurant in Lake Worth, are back at their original address with some exciting new veal and pasta dishes. Don't overlook the mozzarella in carozza as an appetizer. The freshly made pasta are ribbons of gold, presented either ala matriciana or with mushrooms in a creamy cheese sauce. 659-2426.

Dominique's, 214 S. Olive Ave. Their specialty is European-style sandwiches — the best of wursts on crisp baguettes. Varied European cheeses are offered with potato salad or chicken fricassee. Takeout or eat in. 833-2805.

Granada, 624 Belvedere Road. Cuban fare is featured, with Spanish accents. Paella and hearty soups are served. Caldo Gallego is the pride of the house. They are open for luncheon and dinner. Closed Mondays. 659-0788.

Gulf Stream Seafoods Restaurant and Fish Market, 5201 Georgia Ave. Hot plates include fried snapper, shrimp, oysters and Ipswich clams. Pick your fish or seafood from the retail market and have it cooked to order. Lebanese pastries are available. Open Monday through Saturday. Lunch and dinner. 588-2202.

Houlihan's Old Place, Palm Beach Mall, 1801 Palm Beach Lakes Blvd. Houlihan's has everything from light bites to full course fare. Snacks include batter-fried mushrooms and zucchini, nacho platters and egg rolls. Crispy roasted boneless duck with Grand Marnier sauce is a specialty. Special drinks include margaritas, frozen daiquiris and exotic coffees. 471-9440.

Hyatt Palm Beaches, 630 Clearwater Park. The hotel's sophisticated Cafe Palmier will appease anyone's epicurean longings. Food is beautifully presented and you'll like the little extra touches in this first-rate restaurant. Bay scallops with broccoli in creamy saffron champagne sauce, filet mignon with artichoke hearts, goose liver mousse and truffle sauce, veal Normandy with apples, morels and tomato noodles are among the offerings for dinner. The Terrace offers breakfast and continuous lunch-dinner service. You'll enjoy Italian omelettes baked open-face, sandwiches and salads lavishly garnished with fresh fruits and vegetables, ribs, steak and fish of the day. 833-1234.

La Scala, 205 Datura St. This charming Italian restaurant offers fresh pasta and homemade bread. Fish of the day and zuppa di pesce are specialities. 832-6086.

Margarita y Amigas, 2030 Palm Beach Lakes Blvd. Mexican food is served in an attractive setting. Nachos, enchiladas, tacos and burros, combination plates and chimichanga are on the menu. The wild tostada is outrageous but fun. Order a bucket of six South of the Border beers and have a tasting. The menu is the same 11 a.m. until midnight. 684-7788.

Ming Kee, 5774 Okeechobee Blvd. in Century Plaza. Takeout Chinese food is cooked to order with love. Combination dinners are for one, two or three that will easily serve more. Try the moo goo gai pan with thick pieces of fresh white meat chicken, snowpeas and Chinese vegetables. Good egg rolls and wonton soup are served. 684-0482.

Mr. Tandoori. Commons Mall, 12794 West Forest Hill Blvd., Wellington. Tandoori specialties and curries fea-



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Unique East Indian Style Barbecue Cooked in clay oven.
"Mid East Dancer" - Friday and Saturday



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ture chicken, meat and seafood. Biryani rice dishes and vegetables are also served. For starters, try lamb, shrimp and chicken pieces marinated and barbecued tandoori style. Lunch is served from 11:30 a.m. to 2:30 p.m.; dinner from 5:30 to 10:30 p.m. 798-2755.

Nonna Maria, 1318 N. Military Trail in Luria Plaza. Intimate Italian restaurant offers provini veal dishes and pasta. Rollatini is veal stuffed with prosciutto and mozzarella cheese and topped with mushroom sauce. Zuppa di pesce heaps shrimp, clams, mussels, scungilli and calamari atop linguine. 683-6584.

Royal Greek, 7100 S. Dixie Hwy. Family restaurant offers Greek and non-Greek dishes with home-cooked flavor. Pepper steak kabobs, moussaka, pasticho and baklava are delicious. Be sure to try their Greek wines and the towering coconut meringue pie. They're open for breakfast, lunch and dinner. Closed Sundays. 585-7292.

Tequila Willie's Saloon & Grill, 2224 Palm Beach Lakes Blvd. This fun restaurant has a casual Mexican atmosphere, where you can enjoy a variety of munchies or a full dinner. They also offer American burgers and deli and raw bar food. The "stampede," designed to serve 4 to 6, includes tacos, enchiladas, tamales, tostadas and more. Open for lunch, dinner, late snacks and Sunday brunch. 471-1900.

This Is It Pub, 424 24th St. Featuring charming pub atmosphere along with good drinks, good food and friendly service. Delicious soups and chowders, daily gourmet specials from chicken cacciatore to bouillabaisse, fresh crusty bread, aged prime ribs and steaks, dessert drinks plus key lime pie are served. Service is continuous for luncheon from 11:30 a.m. Tuesday through Saturday. Dinner from 5 until 11 p.m. weekdays; 11:30 p.m. Friday and Saturday. Closed Sundays and Mondays. Reservations are suggested. 833-4997.

Tokyo Joe, 123 Clematis St. A Japanese restaurant offering a sushi bar and traditional Japanese cuisine. Sashimi features fresh raw fish and seafood of the day. The less adventurous will enjoy yakitori and teriyaki (tender morsels of chicken and beef), or tonkatsu — crispy fried breaded pork. Nabemondo selections include chicken or fish cooked in a broth with Japanese vegetables. Luncheon and dinner. 659-5303.

Tony Roma's, 2215 Palm Beach Lakes Blvd. The place for barbecued baby-back ribs and great French-fried onion rings. Or go for barbecued chicken, pan-fried brook trout, a burger or a steak. They're open from 11 a.m. until 1 a.m. Monday through Thursday and until 3 a.m. on Friday and Saturday. Sunday hours are 2 p.m. until midnight. No reservations. 689-1703.

Willie's Fresh Seafood Restaurant, 1681 N. Military Trail. Featuring attractive rooms with courtyard and spacious bar, Willie's has fresh fish in season. Veal Oscar features provini veal topped with crabmeat. Fresh grouper with linguine and shrimp marinara are good choices as is the clambake for two. 686-6062.

LAKE WORTH

Alive & Well, 612 Lake Ave. Serving food for health such as salads, sandwiches and homemade soups. Dinner entrees include baked eggplant and stuffed avocados. Freshly squeezed juices, natural ice cream, hot carob sundaes and other desserts are on the menu. Wine and beer are served. No smoking. 586-8344.

Cafe Vienna, 915 Lake Ave. Substantial, home-cooked fare such as sauerbraten and potato dumplings, spaetzle and wiener schnitzel are featured. Desserts are a delight. 586-0200.

Dragon Inn, 6418 Lake Worth Road in Lake Worth Plaza. Cantonese, Mandarin and Szechwan style dishes are served. Hong Kong steak, lemon chicken and Mandarin shrimp are on the menu. Open for lunch and dinner. 965-0418.

L'Anjou, 717 Lake Ave. Entrees include crepes, omelets, eggs Benedict, beef Wellington and duck pate. You'll like this small French restaurant. Open for dinner only. 582-7666.

Mother Tongue, 1 Lake Ave. Caribbean fare is served. Conch goes into chowder, fritters, curry and Creole dishes. Coconut-fried shrimp, Jamaican rum shrimp and dolphin are specialties. Luncheon served from 11:30 a.m to 2:30 p.m. Monday through Friday; dinner served 6 to 10 p.m. daily. 586-2170.

Oriental Express: 375 S. Military Trail. Chinese fare in attractive and comfortable surroundings. The menu reflects some of the best of Cantonese, Mandarin and Sichuan style of cooking. For mushroom lovers, Triple

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Pancho Villa, 4621 Lake Worth Road. Mexican and a few South American favorites: real tamales steamed in corn husks, chiles rellenos, tacos and enchiladas. Soncocho stew, a specialty of the house, is a tasty concoction of meat, yucca and plantains. Mexican beer is available. Service from 10:30 a.m. every day. Take out or eat in. 964-1112.

Swedish Steakhouse. 824 Lake Ave. Scandinavian fare in a pleasant setting. Luncheon specialties range from Swedish meatballs with lingonberries to braised brisket with horseradish. Grilled salmon and flounder are seasoned with dill and beef tartare is freshly "scraped" tenderloin or strip steak. Luncheon hours are 11:30 a.m. to 2:30 p.m., Monday through Friday. Dinner is served Tuesday through Saturday, 5:00 to 9:00 p.m. Sunday hours are 11:30 a.m. to 8:00 p.m. 585-1937.

LANTANA

The Ark, 2600 W. Lantana Road. Meat, seafood and fowl — and plenty of it — are available at affordable prices. The roast prime rib comes in four cuts from eight to 24 ounces or try the "elephant" 16-ounce strip. Tropical setting and an animal-related menu carry out the Noah's ark theme. Reservations not necessary. 968-8550.

BOYNTON BEACH

Banana Boat, 739 E. Ocean Ave. on the Intracoastal. Dine casually in the lounge and patio. Featured are soups, salads, fried shrimp, shish kebabs and steaks. Le Martinique Room specialties include roast duckling, frog's legs, veal scallopini and chicken Parmesan. Open from 11 a.m. to 2 a.m. every day. 737-7272 or 428-3727.

Elina's Mexican Restaurant, 3633-B S. Federal Hwy. This unpretentious restaurant seats around 60 from 11 a.m. until 11 p.m. Soups, enchiladas, tamales, tortillas, burritos and the puffy sopapillas served with honey are available. Closed Mondays. 732-7252.

DELRAY BEACH

The Arcade Tap Room, 411 E. Atlantic Ave. One of Delray's oldest restaurants, The Arcade Tap Room features a range of beef and seafood entrees, including a fine Prime Rib. Dine amid music from 7 to 11 p.m. Daily luncheon specials are also featured. Lunch, 11 a.m. to 5 p.m.; dinner, 5 to 10 p.m. Closed Sundays. Reservations suggested. 276-0401.

Erny's, 1045 E. Atlantic Ave. This friendly, neighborhood restaurant boasts a delicious broiler menu of steaks and chops. Seafoods include shrimp scampi and seafood Newburg. Extensive luncheon menu features homemade soups, salads, sandwiches and seafood platters. Lunch, 11 a.m. to 3 p.m.; dinner, 6 to 11 p.m. Closed Sundays. 276-9191.

BOCA RATON

Casa Gallardo, 353 Town Center Mall. Authentic Mexican dinners, appetizers, desserts and drinks are served. Chimichanga featuring a large crisp tortilla, juicy chunks of beef and pork, and Monterrey jack cheese is tremendous. Double-frozen Margaritas are a specialty. Open seven days, 11:30 a.m. until midnight. 368-1177.

Dominic's, I-95 and Glades Plaza (in the Holiday Inn). A first-class restaurant with romantic, "Italian Village" atmosphere. Executive chef Roberto Jurin was formerly with La Scala in New York and offers excellent Italian fare including a parade of veal dishes. Pasta is prepared Bolognese style, carbonara or with seafood. They also feature a broad selection of wines. Open for dinner only from 5 to 10 p.m. Sunday through Thursday and until 10:30 p.m. Friday and Saturday. 368-5200.

La Vieille Maison, 770 E. Palmetto Park Road. "The Old House," a gem of the Addison Mizner era, offers a romantic setting for dining. The food is excellent, the service sophisticated and the ambience agreeable. Spectacular wine list is available in this a five-star Mobil award-winner. 391-6701.

Tom's Place, Glades Road and Old Dixie Highway. Soul food restaurant with good down-home cooking serves great ribs plus catfish and hush puppies, fried chicken, cornmeal muffins and collard greens. Inside offers a homey atmosphere. Takeout is available. 368-3502.

PALM BEACH GARDENS

The Explorer's Club, PGA Sheraton Resort, 400 Avenue of the Champions. This gourmet dining room offers specialties from around the world. Appetizers include Russian piroschki and Japanese shrimp sushi. Entrees range from tenderloin of lion to venison. Red snapper is prepared Caribbean Islands style with cilantro. Lamb chops are wrapped in strudel pastry and spiked with Greek retsina. Open 6 to 10:30 p.m., Friday and Saturday until 11 p.m. 627-2000.

Ristorante La Capannina, 10971 N. Military Trail (PGA Boulevard and Military Trail). Italian fare is prepared and served with finesse. Raffaele Sandert and Chef Jose Quilherme, the owners, were with the original Capriccio's in Palm Beach. Spaghetti al gusto tuo (any way you like it), rigatoni alla vodka, cannelloni and fettuccine Alfredo are offered. Veal entrees include saltimbocca and zingara. Zuppa di pesce and frittura di calamari and gamberi are popular fish items. Open for lunch and dinner. 626-4632.

NORTH PALM BEACH

Bentley's, 730 U.S. Hwy. 1. You'll find excellent service and an imaginative menu. Chilled poached salmon with dill sauce is among the appetizers. Homemade soups, fresh "al dente" vegetables in season and rosin-baked potatoes are offered. You can top your prime rib with fresh asparagus and crabmeat in bearnaise sauce. A better-than-average wine list is reasonably priced. Colorful church windows and plants provide a handsome atmosphere. Open for lunch, dinner and Sunday brunch. 842-6831.

Jack Baker's Lobster Shanty, 211 N. Federal Hwy. Lobsters, broiled or boiled, priced according to size, plus a delightful array of fish and seafood are served. Steamer clams are served with broth and butter, Chesapeake Bay soft-shell crabs and fresh-caught native fish. Open 4:30 p.m. daily. No reservations. 842-7233.

The Fisherman's Cafe, 661 N. Federal Hwy. This charming restaurant resembles the gingerbread homes in Old Town Key West with its wide veranda set with white wicker chairs. The Cafe offers some of the best fresh fish in the area, plus such delights as fresh oysters Rockefeller with Pernod and shrimp scampi in fresh tarragon butter sauce. Specialties change daily. Don't pass up the key lime pie. Lunch only. Dinner from 4:30 to 10:30 p.m. No reservations. 848-9600.



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RIVIERA BEACH

Portofino, 2447 Ocean Blvd. This Italian cafe has a view of the ocean. Try their lasagna and ravioli with homemade noodle dough. Other Italian favorites are offered at modest prices. A beautiful espresso machine turns out fantastic coffee and capuccino creations. Lunch and dinner served every day. 844-8411.

LAKE PARK

Cafe du Parc, 612 Federal Hwy. Charming French restaurant in a house features boneless duck with green peppercorns, quail, sweetbreads, beef Wellington, Dover sole and salmon en croute. Desserts are special. Open for dinner only. 845-0529.

JUPITER-TEQUESTA

Cobblestone Cafe, Gallery Square North at 383 Tequesta Drive. Blackboard specials change daily. Plum de veau veal prepared en croute, rack of veal, veal chop stuffed with ham and cheese, and veal francaises. Specialties include duck with bing cherries, breast of capon and shrimp with mustard sauce. Fresh vegetables, homemade soups and fine pastries. Luncheon and dinner 747-4419.

Harpoon Louie's, 1065 SR A1A, Located on the shores of the Jupiter Inlet, with view of the Jupiter lighthouse — this is a casual all-around restaurant where one can enjoy "munchies" and entree specialties under $10. Breakfast from 7 to 11 a.m. features freshly baked items by Irish pastry chef. Lunch is from 11 a.m. to 5 p.m.; dinner from 5 until 10 p.m. Dine casually on the canopied porch. 747-2666.

INDIAN RIVER COUNTY

VERO BEACH

Driftwood Inn, 3150 Ocean Drive. On the ocean in the picturesque Driftwood Resort, this handsome restaurant fashioned of brick, antique wood and glass offers a varied menu: osso buco, smoked chicken, mushroom and spinach salad, and fettuccine Alfredo. Prime meats and fresh fish are grilled over mesquite charcoal from Texas which imparts a unique and delicious flavor. Open for dinner 5:30 to 10 p.m. 231-0336.

Forty-One, 41 Royal Palm Blvd. Imaginative French chef, elegant decor and French service combine to make this restaurant one of Florida's best. Fresh oysters topped with caviar and creamy horseradish sauce, seafood bisque, iced cucumber soup, sweetbreads, seafood crepe Brittany, grouper Bonne Femme, bouillabaisse and sauteed shallots are featured. They're open Monday through Friday, 12:30 to 2:30 p.m. and 6 to 10 p.m.; Saturday and Sunday, 6 to 10 p.m. 562-1141.

Ocean Grill, Sexton Plaza. On the ocean and a survivor of the ocean sprays and wind for more than 50 years, this landmark seems fashioned of driftwood. Inside there is a museum of wrought iron ships' bells, stained-glass windows and mahogany. Feast on Indian River lump crab caught in the river at the restaurant's back door, plus local fresh fish. The kitchen turns out blueberry-pineapple muffins, bread, cakes and a truly authentic key lime pie. Good steak and daily specials also are featured. They're open 11:45 a.m. to 2:30 p.m. and 6 to 10 p.m. Monday through Saturday; 5 to 9:30 p.m. Sundays. 231-5409.

The Red Tail Hawk, A1A, between Fort Pierce and Vero Beach. This oceanfront restaurant has a superlative view, especially from the "Crow's Nest." It is popular for private parties. Raw seafood bar, chess pie and prime beef are featured. 6 to 11 p.m. daily. 465-7300.

MARTIN COUNTY

JENSEN BEACH

Frances Langford's Outrigger Resort, 905 S. Indian River Drive. Polynesian setting on the Indian River offers Polynesian and American fare. Try the Outrigger Tiki, a combination of sliced barbecued pork, chicken and lobster with Chinese vegetables and served with a secret sauce. Closed Mondays. Luncheon is served noon to 3 p.m.; dinner, 6 to 10 p.m. Come by boat or car. 287-2411.

STUART

Benihana of Tokyo Steak House, on the St. Lucie River at the bridge on Ocean Boulevard. Hibachi cuisine is cooked at the table. Japanese chefs perform their unique skills with flashing knives as they prepare steak, shrimp and vegetables in full view of the diners. Eat with "waribashi" (Japanese-style chopsticks) and try a sake martini. Lunch and dinner. 286-0740.

Jake's, 423 S. Federal Hwy. Their salad bar features clams on the half shell, soup kettle of the day, steaks, fish and sandwiches. Sit by the fire if it's cool; read a book if you like. Lunch is served Monday through Friday, dinner every day. 283-5111.

Le Pavillon, 3220 S.E. Federal Hwy. A haven of hospitality and fine food prepared with devotion by two Swiss chefs. Fresh foods, such as swordfish taken from Cocoa Beach waters, are offered during peak seasons. Veal with morels is outstanding. Lunch and dinner. 283-6688.

BROWARD COUNTY

DEERFIELD BEACH

Pal's Captain's Table, Hillsboro Beach Boulevard and the Intracoastal Waterway. Come by auto or boat. Pal's menu features fresh seafood, salads and traditional favorites with continental service and Intracoastal views. Special, lighter-appetites menu has complete but "unstuffy" meals. Fresh-baked desserts are offered. Open for lunch, dinner and Sunday brunch. 427-4000.

LIGHTHOUSE POINT

Cap's Place, 28th Court. This offbeat restaurant is accessible by boat only. Drive your car to the dock, turn on the light and a boat will take you over. Specialty is seafood. Call for exact address. 941-0418.

POMPANO BEACH

Harris Imperial House, 50 N. Ocean Blvd. It doesn't look like a Chinese restaurant, but legions come for the Cantonese as well as American fare. Evening luau buffet is extremely popular and the price is right. They serve lunch and dinner. 941-2200.

FORT LAUDERDALE

Casa Vecchia, 209 N. Birch Road, situated on the Intracoastal Waterway. An exciting restaurant conceived by

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Down Under, 3000 E. Oakland Park Blvd. Truly down under the Oakland Park bridge. Sit at tables according to your mood — patio, porch, balcony, waterfront, garden or tavern. Dine on great food and wine. It is always bustling with customers. They serve lunch Monday through Friday. Dinner 6 to 11 p.m. daily. 563-4123.

Le Dome, 333 Sunset Drive. A panoramic view of the city is offered in this rooftop restaurant with an extensive and imaginative menu. Osso buco, rack of lamb and San Francisco's cioppino are on the menu. Open 6 to 11 p.m. daily. 463-3303.

Les Trois Mousquetaires, 2447 E. Sunrise Blvd. It's worth a visit just for the pastry cart. Classic French cuisine is served. They serve lunch noon to 2:30 p.m. Monday through Friday. Dinner 6 to 10 p.m. except Sundays. 564-7513.

Renaissance. West of Fort Lauderdale off S.R. 84 at Bonaventure Inter-Continental Hotel and Spa. Exquisite and expensive fare is served on Royal Doulton china. Appetizers include oysters topped with leeks gratinee, lobster medallions and escargots encroute. Entrees include duckling, rack of lamb, chateaubriand and veal chops. Dining room overlooks spectacular waterfalls. Dinner only. 474-3300.

DADE COUNTY

MIAMI BEACH

The Dining Galleries (Fontainebleau Hilton), 4441 Collins Ave. Enjoy elegant dining in a classical atmosphere. Crown roast of lamb, bouillabaisse, chocolate marble cheese cake and dessert drinks are on the menu. Come for Sunday brunch. 538-8811.

El Bodegon-Castilla, 2499 SW 8th St. Spanish cuisine. Seafood paella plus the traditional paella are served. Caldo Gallego and snapper with green sauce are favorites. 649-0863.

The Forge, 432 Arthur Godfrey Road. Decor is on the baroque side, with crystal chandeliers and stained glass. Steaks are served with imaginative toppings. 50-page wine list is available. Open 6 p.m. to 3 a.m. daily. 538-8533.

Gatti, 1427 West Ave. The second oldest restaurant on Miami Beach (Joe's Stone Crab has a few months' seniority) specializes in Northern Italian dishes, steak and seafood. Intimate atmosphere and excellent service by waiters who have been there up to 30 years. The son of the original owner, Joseph Gatti, is at the door, in the kitchen and keeping an eye on every table. Closed Mondays. 673-1717.

The Good Arthurs, 790 NE 79th St. located on a causeway leading from Miami to the beach. Dine indoors or outdoors. Enjoy some of the best seafood in Florida — dolphin, snapper almondine, a bountiful Caribbean bouillabaisse. 756-0631.

Joe's Stone Crab, 227 Biscayne St. Doing business at the same stand for 60 years. Stone crabs, hashbrown potatoes, seafood and key lime pie. Lunch is served Monday through Friday from 11:30 a.m. to 2 p.m.; dinner is served every evening from 5 to 10 p.m. 673-0365.

CORAL GABLES

Le Festival, 2121 Salzedo. Cheese souffle appetizer is a delight. Entrees include duckling a l'orange flamed in Grand Marnier, chicken in champagne sauce. The patissier turns out a delicious assortment for the dessert cart. Wine and beer only are served. 442-8545.

MONROE COUNTY

KEY WEST

Pier Restaurant (Pier House Motel), 1 Duval St. People with a penchant for dining on the water will be delighted with the four-sided view here. Luncheon specialties include fish fingers and seafood quiche. A large dinner menu offers everything from grilled Florida grouper in dill sauce to roast rack of lamb. A house favorite, the seafood catch for two is similar to paella, but very distinctive. 294-4691. □



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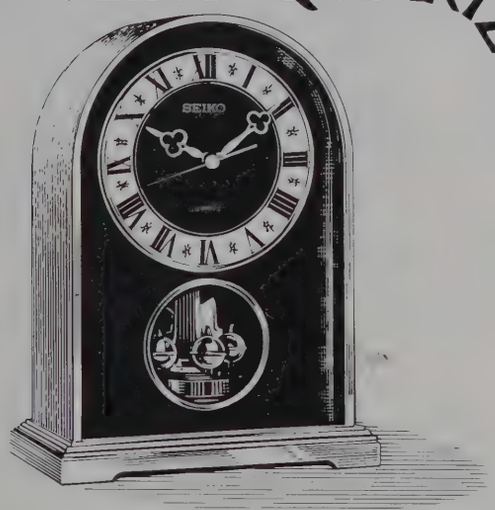
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(Continued from page 79)

our boat is moved from one island to the next for tournaments, we fly back and forth between work and tournament schedules to the boat."

Many Palm Beachers, like the Thompsons, own planes or arrange charters to take them to their boats (often moored in the Bahamas); still others use planes strictly for business and vacation trips.

In view of these various itineraries, Gourmet Galley's boat and plane fare ranges from simple picnic lunches to full-service catering complete with bartender and steward.

Gourmet Galley chef, Joe Dillon prepares the dishes in the caterer's kitchens or aboard their boat, depending on the menu you choose. The chef can prepare exquisite entrees from almost anything that swims, flies or grazes — but the specialties are sophisticated seafood dishes, including salmon mousse, lobster thermidor, scallops Luciano, shrimp scampi and baked snapper with sorrel. (Game birds and dishes such as osso bucco are available with advance notice.)

The Gourmet Galley can arrange charter trips in a Lear jet or a prop-jet (Piper Navajo) for eight passengers or trips in a DC-3 private airline craft for as many as 30 passengers. Flying out of Florida Airmotive in Lantana, jaunts to the islands, Central America or almost anywhere in the United States can be arranged. These trips can be as short as 30 minutes with simply a few canapes or croissant sandwiches, or as long as two to three hours with a full 'in-flight' meal. (Among her other talents, Libby's training qualifies her as a flight attendant on DC-3 type aircrafts.)

Also available for charter are yachts and sailboats up to 60 feet in length. You can pick up your boat or plane pack or have it delivered. Selected here are a few of the caterer's specialties which lend themselves to boat or plane travel.

GOURMET GALLEY
SHRIMP SCAMPI
(Serves 3)

12 lg. shrimp (the Galley features Ecuadorian white shrimp)
3 garlic cloves
2 shallots
½ lb. butter
1 tsp. lemon juice
⅛ tsp. prepared mustard (Dijon)
Salt and pepper to taste



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Finely mince garlic and shallots. With mustard, lemon juice and seasoning, add garlic and shallots to softened butter. Whip well until mixed. Butterfly shrimp. Spread butter mixture over shrimp and bake at 400 to 425 degrees for about 8 minutes. Serve with tossed green salad, twice-baked potatoes and crusty French bread.

SCALLOPS LUCIANO

(Serves 2 to 3)

1 lb. scallops (Canadian, Bay or sea scallops)
1 tsp. basil
2 garlic cloves, minced
1 sm. onion, diced
4 ripe tomatoes, diced
12 black olives, sliced
½ c. white wine
½ c. flour

Dredge scallops in flour and saute briefly in hot oil. Add remaining ingredients and simmer for 4 to 8 minutes. Serve over pasta or rice.

SNAPPER BAKED WITH SORREL AND WATERCRESS

(Serves 3 to 4)

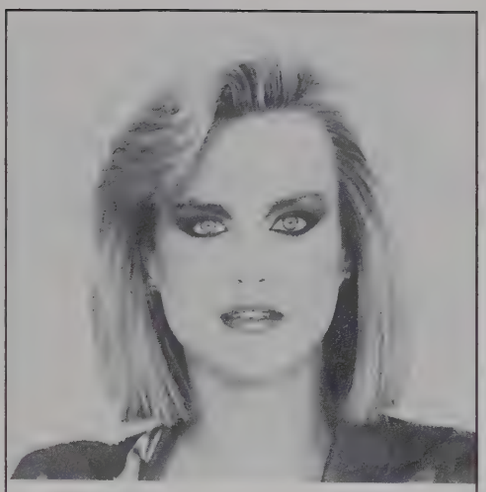
1 3-lb. whole snapper
1 bunch sorrel
1 bunch watercress
¼ c. butter, melted
Lemon pepper or fresh lemon juice
Salt and pepper

Brush fish with butter (inside and out); sprinkle salt, pepper and lemon inside cavity and arrange sorrel and watercress over fish. Bake at 325 degrees for about 45 minutes or until fish flakes easily off fork. Do not overcook. Discard sorrel and watercress and serve with matchstick potatoes or thin French fries.

LEMON CREAM SHERBET

1 c. sugar
2 c. milk
Juice of 2 lemons
Rind of 1 lemon
2 egg whites, beaten stiff
2 tbsp. sugar
1 c. heavy cream

Add sugar to milk and stir to dissolve. When thoroughly dissolved, stir in lemon rind and juice. Turn into freezer tray and freeze 45 to 60 minutes. Beat egg whites until they froth; add 2 tablespoons of sugar and whip until stiff. Whip cream to a thick custard consistency and combine with beaten egg whites. Mix the frozen mixture lightly into the egg whites and cream mixture. Return to freezer and freeze 2 to 2½ hours. Fill hollowed out lemon shells (if desired). Garnish with a sprig of mint. □



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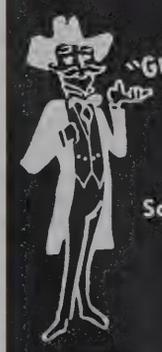
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MARILYN TULLY

THE STARS & YOU

Aries (March 21 - April 19)

The month begins with some good luck and the opportunity to settle old debts. Friends and relatives will back your directions and goals and may even offer their services. Job improvements and changes can be made successfully now. Be cautious of agreements you make verbally on the 7th and 8th and read the fine print before signing any contracts. Get all your important work done in the first half of the month while your aspects are good because after the 10th, you will have trouble accomplishing your goals and getting things done your way. The new moon on the 4th brings opportunities for big money through joint ventures. Check your insurance policies to see that you are properly covered or future problems could develop. The full moon on the 20th could change your financial picture for the better through an influential female.

Taurus (April 20 - May 20)

The first of the month brings conflicts with young people or children, especially in relation to money, since unexpected expenses can put a clamp on your budget. In general, you will feel your life is not in your own control, but as the month proceeds, events take a positive turn. After the 10th your position at work is emphasized and you receive praise for your valuable service or other compensation while after the 19th, life becomes more pleasant and you see your future clearly. Events taking place on the full moon of the 20th can create an unwelcome shock initially, but you find the resultant new viewpoint made it worthwhile. Your partners' finances become an issue that takes time to resolve; you may want to throw your hands up into the air, but of course your Taurus energy and patience will pull you through again and you will do what is required to be helpful.

Gemini (May 21 - June 20)

Action is the name of the game during the first week of the month when visitors (both invited and uninvited) descend on you. As the dust clears you may find one or two new "family members" living with you. Some Geminis could get married during this period or find themselves committed to a future marriage. If already married, there will be a need to reestablish the existing relationship and find new avenues of communication. In the second half of the month you find yourself traveling and enjoying the rewards of hard work, but don't stay away too long — you still have the future financial picture to consider. Travel could be for business or to review other locations for improved job situations. The 19th and 20th are important days so keep your desire for change under control. Important decisions should be put off until after the 23rd.

Cancer (June 21 - July 22)

Now is a good time to take advantage of any writing skills you have; write down all those important thoughts and feelings you have wanted to express because it could make some important changes in your life. Opportunities will come up at work that can further your career faster than you thought possible so be willing to make the necessary changes to get ahead. Younger Cancers probably feel a strong urge to start a family or to make a deeper commitment in their important relationships. A conflict of interest will arise in this department and will need philosophical resolution. Don't expect to have all the answers just yet because there will be more information coming in soon that will color the picture. New moon on the 4th begins the process of eliminating some of your options for future plans, since they are no longer appropriate to your life.

Leo (July 23 - Aug. 22)

If you did your homework last month and contacted influential people who could be helpful to you on the career level, you are probably now in a position to take advantage of some of your options. This is a time to take risks, if you want to make it big. You more moderate Leos can still make moderate progress. Work on the details of your budget and make sure you have not left out any important expenses (as this is a danger zone). The new moon on the 4th brings you into the middle of a battle for power. If you do not feel you are winning, wait it out until the aspects improve for you in the later part of the month. Though money remains a primary issue, after the full moon on the 20th you are in a better position to achieve your goals. Because the 8th and the 27th are days you could spend frivolously with much regret, leave your credit cards at home if necessary.

Virgo (Aug. 23 - Sept. 22)

Delays on the 1st and 2nd are more than frustrating, but look back to see the true cause of these events — taking a philosophical outlook; you were probably partly to blame. Confrontations are inevitable, so stay cool and collected. Unexpected family events could call you away from home at a time when you least want to leave. This month begins a two-year phase in your life when educational values will be foremost in your mind and many decisions will have to be made affecting yourself and family members for whom you are responsible. You may enter a job training program, go back to school or change your field of interest. Educational material or educators will become a focus in your everyday life. The full moon on the 20th could find you far from home with major directions to be considered, for you are moving away from past responsibilities.

Libra (Sept. 23 - Oct. 22)

Behind-the-scenes events are affecting your life in a major way but you will not know the results until after the 10th. When the information becomes available to you, it will help you make an important decision about your future financial security. It will be necessary for you to take immediate action. Your recent attempt to be more independent will sustain you through this period. Continue to place emphasis on long-range goals and don't worry so much about what is happening to those around you. Your own life becomes more important now, as you enter a phase where your own personal desires are undergoing major change. As the planet Pluto leaves your sign this month (after many years in Libra) you will find you are emerging as a different person — with new goals and different priorities. Many of your personal relationships will also change.

Scorpio (Oct. 23 - Nov. 22)

You find yourself in a responsible position with many people dependent on you. It will be important, however, to let them learn from you rather than attempt to answer all their problems for them. Your role as "teacher" becomes very important at this time. The new moon on the 4th brings this situation into focus and you will make an important decision affecting someone close to you. Finances fluctuate during this phase, with many opportunities to make money — especially in real estate, in buying and selling stocks and in the money market. Opportunities through government agencies, civil service jobs, military careers and contracts with the government are also highlighted. With Pluto moving into your sign and remaining there for many years, your personal life will be affected more than usual by politics, government policies and mass trends.

Sagittarius (Nov. 23 - Dec. 21)

Trying to keep up with the fast pace of your life can be emotionally and physically draining, so watch your health the first week of the month. From the 1st through the 10th conditions at work can be cause for concern; losing a co-worker or employee will place stress on your time. A romantic situation is placing stress on you as well, as you try to keep your emotions from getting out of control. The intensity of the situation may make you want to bolt and run since Sagittarius prefers lightweight relationships. Other close ties and personal relationships may make you feel pinned down as well, so deal with each individually. The full moon on the 20th brings your emotions to a point of resolution and you are able to express what you have not been able to reveal before. It will bring a great relief and after the 23rd, you will feel free again.

Capricorn (Dec. 22 - Jan. 19)

You find you are accepting responsibilities in new areas, perhaps with large organizations or political groups. You could accept a position of authority or begin a new teaching career with any of these organizations. Your interest will develop in occult subjects and you could teach or study in this area. As a result of your new interests, you will make new friends and many of your old acquaintances will drift away from you. Older people will be attracted to you and your advice will be in demand, both professionally and personally. An important decision will be made on your part, in relation to your new goals and directions, on the new moon of the 4th. You will need to become more independent when a past close relationship no longer offers you support; find new friends and rebuild your emotional support system. Travel to visit a family member could create pressure.

Aquarius (Jan. 20 - Feb. 19)

Important changes in your lifestyle or environment will take place this month. You will move or make the decision to move at a later date because you feel you are stalemated where you are and are ready to take risks that you would not have thought possible earlier. Your personal appearance may be one of the first things that change during this new phase and you will also find a new group of friends. As a result old acquaintances will wonder what has come over you. The first week of the month can bring about arguments over money with a friend. After the air is cleared, you should find smooth sailing until the 19th, when you find yourself looking for a new cause. Full moon on the 20th brings a major confrontation with a female family member or a close friend. You could be considering a new career at this time and a conflict of interest may cause concern.

Pisces (Feb. 20 - March 20)

The new moon on the 4th brings about an influencial offer (perhaps a partnership) or a chance to team up with someone very important to your career. Keep your eyes open for good investments in foreign products or in foreign countries. You could find yourself spending some time away from home at the request of those you want to please. Be careful to take care of your own personal desires and needs now, as you have a tendency to let others take over a significant part of your life and lead it for you. Right now circumstances beyond your control seem to be the reason you find your life in the hands of others. After the 19th, however, you will have a chance to get control back into your own hands. The 10th and 11th are good days for travel and entertainment. The full moon on the 20th brings opportunity for deep communication in a personal relationship. □

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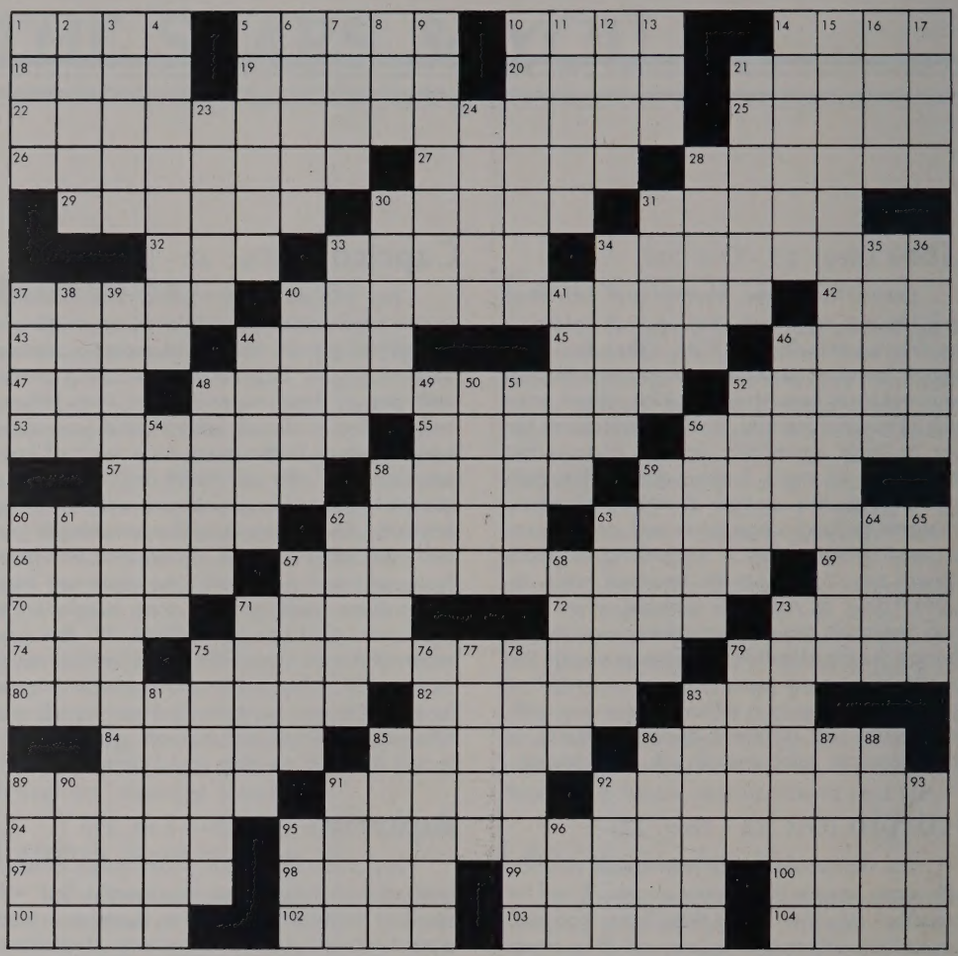
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TIMELY MENU

BY WILLIAM LUTWINIAK



SOLUTION ON PAGE 118

ACROSS

1 Unfeeling
5 Swahili sir
10 Slithy toves locale
14 Natives, down under
18 Billow-borne
19 Mr. Copland
20 Indigo dye
21 Luftwaffe dive-bomber
22 November date
25 Carries
26 Connected up
27 Wizards
28 Calendar units
29 TV test pattern
30 Wicket sticks
31 — de Leon
32 Pronoun
33 Bisect
34 Rushed wildly
37 Rx data
40 Menu item
42 Miss Arden
43 Turnpike
44 Spheroid
45 Victim
46 Tennis term
47 Marker
48 Menu item
52 Type sizes
53 Belike
55 — la Paix
56 Civilizing
57 Start of a Dickens title
58 Furnishes an overhead
59 Nero's mother
60 U of Oregon's locale
62 Digestive juice
63 Tapped lightly
66 Regarding
67 Menu item
69 Lyric
70 Sibilant sound
71 Rostrum
72 Deceived
73 Make a move
74 Gobble up
75 Menu choice
79 Not so dumb
80 School children
82 Operators
83 Short dog
84 Mulcts
85 Range grass
86 Cover the floor
89 Lacking vigor
91 San —
92 Chat
94 Pay hike
95 Menu item
97 Within
98 Scat queen
99 Gumption
100 Skaldic works
101 Quiche base
102 Hardy lass
103 Through
104 Believe

DOWN

1 Bygone D.C. ballclub
2 Groom's attendant
3 Stiller's partner
4 Sent to Coventry
5 Kitchen tool
6 Bet
7 Droughty
8 Fall mo.
9 Creatures
10 Shook
11 Vicuna milieu
12 Propensity
13 Ron or Rick
14 Instanter
15 Menu item
16 Sanction
17 Back talk
21 Zonked out
23 Mulgraw and Smith
24 Credulous
28 Kind of eel
30 City on the Rhine
31 Legend at CBS
33 Miss Golightly
34 Serve 67 Across
35 Famed spa
36 Stupid
37 Dislikable person
38 NFL shutout
39 Menu item
40 Put off
41 WW I planes
44 Gideon item
46 Anouk —
48 NL-er
49 Yarborough cards
50 Culpability
51 Sublease
52 Glazier's material
54 UK guns
56 Couldn't abide
58 Pursuit
59 — fuss (act up)
60 Relaxes
61 Eastern Christian
62 Hairdos
63 Gets nosy
64 Chanteuse Adams
65 Earl — Biggers
67 Slathers
68 Far out
71 Recipient
73 Laughed affectedly
75 Hub
76 Sounds of serendipity
77 Kind of orange
78 Self-reproach
79 Deteriorated
81 Footnote signs
83 Took a breather
85 Lasses
86 Bring about
87 Undercut
88 Diacritical mark
89 Sight from Cleveland
90 Diller's husband
91 Roy's ever-loving wife
92 Gram. mood
93 Actor Jack
95 Cosset
96 Brooder

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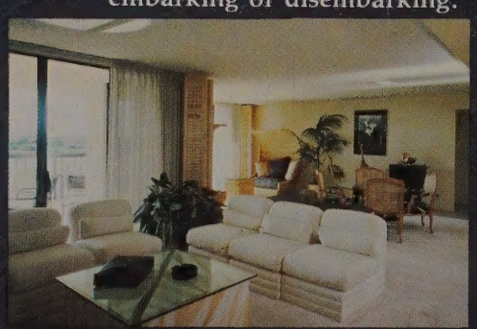




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